



GREENLEE, HAMBY, AND BROWN

chance to see the world was too great, and he volunteered in the National Guard and saw service as a cook in the front lines. He returned to us in May, 1919, and is now shift foreman on the South Side on the Graveyard Shift. Frank has taken up the study of music lately, and industriously blows on the alto horn in the Badin Band.

Can Live Two Hundred Years

"We Do Not Die, But Kill Ourselves," Says San Francisco Physician

The years of man shall be three score and ten, or if by reason of great strength, four score, says the Bible.

"Man should live to be between 150 and 200 years old," says Dr. Marion Thrasher, San Francisco physician, who has just compiled a wealth of data showing that "man doesn't die, but kills himself."

"A short life and a merry one," is the ranting boast of a fool," says Dr. Thrasher, who is a very young old man himself. "Why this marvelous mechanism, combining Godlike intelligence and a beauty that sculptors have failed to imitate, should be ruthlessly destroyed is one of the wonders of creation.

"Wild animals, except for accident or the chase, live out their allotted time; one man in a million does.

"At all times there are three million people seriously ill in the United States. There is no doubt that at least two million could be saved from sickness by simple common sense.

"Wars, worry, alcohol, tobacco, meat, gluttony, overwork, and cold climate are called by Dr. Thrasher the greatest life destroyers.

"Meat is a poisoner. Meat eating Indians live to be sixty, and nut and maize eating ones to 125 and even 185 years of age.

"Worry is a big factor. Almshouses are repositories of very old people, because here the worry of making a liv-

ing is removed. Very few centenarians are rich men.

"The only proper drinks for man are water and milk," says Dr. Thrasher, "while sour milk and buttermilk have well earned their reputations as destroyers of old age bacilli.

"Warmth is life," he says. "There are only twenty-five centenarians in Norway, and 410 in sunny Spain. There is not a single one in Switzerland, and California boasts of more than any country in the world of its size."

In advertising California as the home of the longest lived creatures, Dr. Thrasher has reams of figures. He shows that Indians live to be sixty in other states, and 140 years here. Even the flora live longest, California having trees eight thousand years old. San Francisco alone has thirty-five centenarians, he says, and the State of California over four hundred people one hundred years or older.—*Asheville Times*.

Mrs. L. A. Holley and granddaughter, Rubie Yates, of Greenville, Fla., are visiting Mrs. Holley's daughter, Mrs. B. L. Smith, 103 Walnut Street. This is Mrs. Holley's first visit to North Carolina in thirty years. She expects to visit her sister, Mrs. Hattie Brown, of Wadesboro, N. C., also her daughter Mrs. E. J. Allred, at Hamlet, N. C., before returning to Greenville. Little Miss Yates is attending school in Badin.

Harry Swindell is mourning for the old crowd of former years. He says that a few seasons ago many an enjoyable 'possum hunt was held, with everyone in the Club participating except the sick and the aged. Can you imagine the present crowd donning old clothes and pushing their uncertain way through the woods? Neither can we.

High Cost of Living

"In these days it's almost impossible to get what you want?"

"I know it. There was a time when my husband would give me anything I asked for if I only cried a little. Now I have to go into hysterics."

Mr. W. R. Young has gone to his home at Cary, to spend several days with his relatives.

Mr. Clarence will leave soon on his vacation. He will be gone one week.

The Badin Tribune Says:

Badin's Canning Record

We feel that Badin has just cause to feel proud of her canning record during the past season. The canning station records that the season was one of the best in the history of the town. More than forty-seven hundred quarts of fruits, vegetables, jellies, and jams were canned during the past season. This is great. Have you thought what this means in dollars and cents to Badin, to say nothing of the advantage of having these quantities of home-canned articles for home use? When figured up, it amounts to a handsome sum. And then this is pure food in the strict sense of the word, clean and wholesome. When we buy canned goods on the open market, we have no assurance that they are fresh and pure from filth and germs, or injurious chemicals. As a matter of fact, some canned goods, jellies, etc., are unfit for use. This is not the case with this nice lot of canned stuff. A little here and a little there, saved in this way, all taken together, is what it takes to make a great, rich, and prosperous country. The canning industry is one of the greatest methods of conservation. We can and preserve that which otherwise would be wasted entirely.

Did you ever talk to Landscape Gardener Clark about trees? Why, that fellow knows more about trees than the average doctor does about measles. He will tell you what kind of bug roosts on one kind of a tree and wouldn't go near another one, and so on. But the most refreshing thing is to hear him tell about what fine shade trees our Norway Maples are going to make in the next ten years, "provided the folks keep the grass chopped away and the trees watered." Did you gather in that "provided?"

This is the month in which the folks start coming into the rent office and giving Mr. White the very old Harry for letting their light bill be higher than it was last month. Remember, the days are getting shorter, and therefore you will burn more juice. Calm thyself, Old Timer, and try swapping that hundred watt globe for about a forty watt one, and watch the little wheels slow down. No, you can't sandpaper that T. P. Company out. I've already tried that.