

N O T I C E

THE ANNUAL MEETING OF THE BOARD OF TRUSTEES OF HIGHLANDS-CASHIERS HOSPITAL WILL BE AN OPEN MEETING TO THE PUBLIC AND WILL BE HELD AT THE SCHOOL AUDITORIUM ON THURSDAY AUGUST 27, 1970 AT EIGHT O'CLOCK P.M. THE PUBLIC IS INVITED TO ATTEND.

MRS. VAL PIERSON SECRETARY

HUMMINGBIRD

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new born spiders which she gleans from the underside of fresh leaves. To feed the young the mother's long bill goes down the baby's throat and the food is placed carefully in the crop. No messy feeding in this family.

When at last the babies are ready to leave the nest they spring from the rim and are off on the first try. They need little teaching, for they seem to know how to gather the tiny insects and how to suck the nectar from the bright flowers. Their cares with this brood over, the parent birds sometimes begin anew and raise a second brood.

Then in September comes the urge to travel south. By the middle of the month in this area our "regular boarders" are usually gone although we may

HUMMINGBIRD (Cont'd)

see a few stragglers after that. One lonesome little Ruby-throat came through on the 24th of last October trying hard to find a bit of nectar in the few flowers which were left in the garden.

Most of our hummingbirds go to Mexico and the tropics although a few may spend the winter in South Florida if they can find a good supply of food. Blooming aloes seem to furnish an abundant supply and the birds will winter close to them.

Then when spring comes the Ruby-throats which have wintered in Mexico and farther south gather on the northern coast of the Yucatan peninsula. From there they take off across the Gulf of Mexico, a non-stop flight of some five or six hundred miles. After that they probably come north rather slowly with several stops for rest and feeding. Some of them go as far north as the Gulf of St. Lawrence and Saskatchewan but those who come to this vicinity reach us before the end of April when the Vaseyi azalea is in bloom. Many people are convinced that some of the same birds come back from year to year for they will take what nectar they can from the azalea blooms and then come looking for the feeders where they were hanging the year before.

NEXT GALAX NEWS IS THE LAST OF THE SEASON

TATE'S SUPER MARKET

- 1/4 FRESH PORK LOIN.....69¢ LB.
- 26 OZ. MORTON SALT.....9¢
- 46 OZ. HUNT'S TOMATO JUICE.....35¢
- STOKELY WHOLE KERNEL OR CREAMED STYLE CORN #303 CAN..4/\$1.00
- 10 OZ. CHEERIOS.....39¢

WE GIVE S&H GREEN STAMPS

PLENTY OF PARKING IN PRIVATE LOT BESIDE MARKET

CHOICE AND PRIME BEEF ALWAYS

WE HAVE ICE

FRESH PRODUCE DAILY

MAIN STREET

PH. 526-2357