

The Bennett Banner

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Defense: forewarned is forearmed

by Shavaughn Neal

You leave the department store where you work late one night and walk to your car parked some distance away. You unlock your door and attempt to enter your car, and someone grabs you and forces you in. He attempts to attack you. What do you do?

You live on a college campus and one night after a study session in another dormitory you're walking back to your residence hall. No one else is around. A man steps out of the shadows and attempts to grab and attack you. What do you do?

Both of these examples are hypothetical situations but nonetheless very possible.

Mr. Bob Stevens, an accounting professor with 19 years of martial arts experience, says that certain measures can and should be taken. "There are common sense

precautions people need to take," says Stevens. "Never walk alone at night and avoid poorly lit areas."

Stevens suggests that many people perceive rape "as something that happens in the early hours of the morning as a woman foolishly walks alone past some dark alleyway," but "this is in fact not the common rape scenario." Stevens maintains that most rapes occur when a woman feels she is in a safe environment — at home or in the automobile. It is in these instances that a woman should exercise the most precaution.

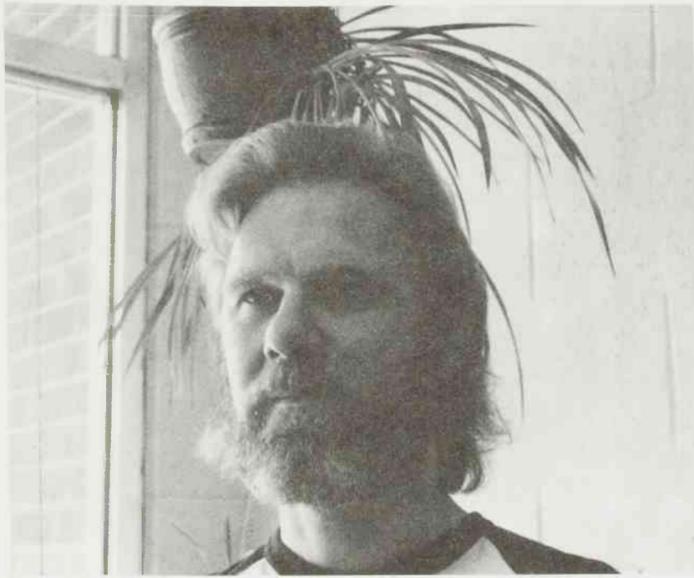
Stevens, who has taught self-defense at Bennett, also expresses the idea that "rapists do not rape because of sexual needs" but rather to conquer feelings of insecurity. In forcing submission and assaulting a woman, the rapist gets a feeling of power.

The rapist attempts to gain control with orders like "Don't scream" or "Close the door."

If a woman does not have a weapon, Stevens suggests she do the opposite of what the attacker asks. Stevens says, "Rather than a cowering or submissive attitude, she should assume a calm, controlled attitude and tell him what to do."

The victim should tell him of the consequences and that she won't yield without a fight. Even the karate stance in certain situations has proven to be an effective method of stopping a rapist. Stevens adds, "It is one thing to assume a calm, controlled posture and quite another thing to do so when unexpectedly confronted." To take precautions a woman should take the time to visualize an attack situation in an effort to prepare herself mentally

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Self-Defense Expert: Business professor Dr. Robert Stevens is as proficient in the martial arts as he is in accounting. The holder of two black belts, Stevens advises students to prepare themselves for emergencies by following some basic procedures and knowing the psychological profile of the typical assailant.

Commitment is the key

by Cheryl Floyd

Faces in the chapel gazed in silence as a towering figure emerged from a background of lit candles. The people were gathered to commemorate the life of the Rev. Martin Luther King through the words of Mr. Franklin McCain, section leader for the Celanese Corporation in Charlotte.

McCain's significance to the occasion, though, was beyond his successful job. He, along with fellow A&T schoolmates Ezell Blair, David Richmond and Joseph McNeill are remembered for staging the famous sit-in at the downtown Woolworth's on Feb. 1, 1960 which sparked other revolts across the South.

He knows that older people accuse young people of being pleasure-seekers.

"Your generation is concerned with the three Bs: BMWs, Barbados and Boogie," he said, provoking laughter from the audience.

Despite this popular opinion, McCain did admit that

older generations need young people.

"We need your clever solutions to racial discrimination, poverty and homelessness, teen pregnancy and the high school drop-out rate. Get so angry and frustrated that you want to think and develop solutions," he said.

McCain has noticed the fading authority of black men, whose enrollment on college campuses has been reduced by 34,000. Many are in jail for homicide.

"Help us save an endangered species, not the great whales, but black males," he pleaded.

McCain urged young listeners to start a revolution for effective communication in order that blacks' needs be fulfilled.

"Ask yourself, 'What can I do to keep my dream alive?'" he asked. "The answers are in your hands. Thank you."

A smile crept across his face as the audience ap-

plauded. However, he had not finished his speech. He continued an earlier statement that his teachers had lied to him about the things he needed to be successful.

"Yes, they lied to me, but they lied to me because they loved me." Now the speech was done, and the towering figure retreated toward the lit candles.

At the ceremony's end as everyone held hands, singing "We Shall Overcome," it was clear that McCain's message, directed toward young people, had reached many generations.

ENJOY
SPRING
BREAK

Security measures taken

by Lorraine Patton

Security is an area of concern for everyone associated with Bennett College. Recently an incident was reported that required the college community to re-evaluate its present security measures.

On Sunday, Feb. 5, the administration held a two-and-one-half hour campus-wide meeting in the chapel to discuss the matter of security.

During the following week, this reporter interviewed President Scott and asked her the following question, "What actions have taken place from fall 1988 to this present day to improve campus security?"

Her response was, "The campus security has been increased from two to three full-time, night-shift members which allows two officers to

be in the field with one commanding officer in the security house."

"The security is also being reinforced by the use of Kimber Guards and two extra guards have been assigned to the residence areas," stated Scott.

She went on to say that in the very near future gates will be put up to create a one-way leaving and entrance onto the campus after certain hours, and visitors' passes will be issued.

According to the security staff and knowledgeable students, the following steps can be taken to protect oneself and her Bennett sisters.

Do's: At night walk in pairs or groups. Make sure doors are securely closed and locked whether coming in or going

out. Report all males on the halls. Take and accept responsibility for group safety. Think of actions that may have to take place up front, should a problem arise.

Don'ts: Do not leave books, tissue, etc., in the doors to keep them from locking. Do not engage in public displays of affection because that may invite trouble if actions were taken in the wrong way.

HONOR
YOUR
HERITAGE

Civil rights marchers remembered

by Betsy M. Peoples

February 1, 1989 commemorated the 29th anniversary of the Greensboro sit-ins.

The NAACP student chapter showed its appreciation for the four freshman North Carolina A&T students Ezell Blair Jr., Joseph McNeil, Franklin McCain and David Richmond who carried out the lunch counter sit-ins at Woolworth's. Their heroism was a major event in the American civil rights movement. Students from A&T and Bennett had a peaceful march from the Holland Bowl at A&T to downtown Woolworth's.

"The primary purpose of the NAACP is to hold things together and to monitor unjust situations," said David Hill, president of the NAACP chapter at A&T, "If Jesse Jackson can be a committed student, protest and rally, then surely we can be the same. We need to let people know we are conscious of history and not 'his-story,'" said Hill before a committed crowd of marchers.

During the march, students

sang old-time spirituals "Amen," "We Shall Overcome," "The Black National Anthem," "This Little Light Of Mine," "Sight Me Up For The Christian Jubilee" and "Ain't Gonna Let Nobody Turn Me Around."

"Keep the torch burning; we must continue to struggle. We have a tendency to say 'let somebody else do it.' We must do it. Get everything you can while you're here, hang in there and excel," said David Richmond.

Tracey Lett, NAACP president at Bennett, gave insight to the role the Belles played in the movement in 1960.

"The Belles were the ones who held the seats for the sit-ins, and when nobody would let Dr. Martin Luther King Jr. speak, Bennett College was there," Lett said. Following the march, four A&T freshman entered Woolworth's.

Use the library

Belles' musical favorites chosen

by Yvette N. Freeman

These are the results of a music poll taken on campus:

Best R & B Album Nominees: 1. "Heartbreak," New Edition; 2. "Don't Be Cruel," Bobby Brown; 3. "Luther," Luther Vandross; 4. "Make It Last Forever," Keith Sweat; 5. "Giving You The Best That I Got," Anita Baker.

And the winner is: "Make It Last Forever," Keith Sweat
Best R&B Artist (Solo) Nominees: 1. Bobby Brown; 2. Anita Baker; 3. Luther Vandross.

And the winner is: Bobby Brown

Best R&B Duo/Group Nominees: 1. New Edition; 2. Guy.

And the winner is: Guy
Best R&B Song Nominees: 1. "Groove Me," Guy; 2. "Goodbye Love," Guy; 3. "Superwoman," Karyn White; 4. "Piece Of My Love," Guy; 5. "I Like," Guy; 6. "The Way You Love Me," Karyn White; 7. "Can You Stand The Rain," New Edition; 8. "My Perogative," Bobby Brown; 9. "Jam," Guy.

And the winner is: "Jam," Guy
Best New Artist/Group: 1. Guy; 2. The Boyz.

And the winner is: The Boyz.