## Group stresses recycling

by Kenyetta T. Wilson

The Alpha Kappa Alpha Sorority, Înc., an active participant in the Save The Planet project, is involving Bennett College in the nationwide project of recycling paper and aluminum waste.

Beverly James, a senior accounting major and a member of Alpha Kappa Alpha, implemented the recycling idea as a result of the media attention placed on the environment, the Alaskan oil spill, the shortage of trees and the abundance of trash.

The recycling project began as a fundraiser for the sorority, but because of the minimal monetary amount received for the items and the group's genuine concern for the environment, recycling became a service project to the community.

"We hope that the campus will take this literally," said James in declaring the AKA's goal for the project.

Bennett's recycling project is limited to paper and aluminum cans because of the abundance of waste from soda machines, newspapers and computer lab. Boxes are placed in each building of the campus in areas of high paper and soda can waste. When the boxes are half full, the sorority members gather the cans and the paper from the boxes, separate computer paper and newspaper from other paper, and take it to the recycling site. The paper is taken to the Paper Waste building on East Washington Street, and the cans are taken to a plant on Elm and Eugene Streets.

Because of paper separation process, "It's a dirty job," comments James. Paper products with residue are acceptable, but candy wrappers and foreign objects, such as food, are not recyclabe. The group asks that donors be more selective in what they place in the boxes.

Alpha Kappa Alpha welcomes anyone who would like to participate in the collection of items and the separation process, or offering a helping hand in soliciting campuswide participation.

As encouragement for involvement, James adds, "We're the next generation. We're responsible for what happens in the future. Let's take it upon ourselves to make a difference; let's become involved and recycle."

## Adams is upward bound

by Terrilynne Jenkins

Dr. Alma Adams, chairperson of the humanities division, participated in Outward Bound, an extensive leadership program this summer in Ledville, Colo. The experience pushed her to increase her physical and psychological stamina.

The program involved such activities as trying to get across a lake with three logs, a piece of rope and posts in the water, being left out in the wilderness alone to fend for oneself and climbing a mountain solo.

Adams undertook these challenges to help satisfy the requirements of a Kellogg National Fellowship she won. She was among 52 leaders chosen from a group of 873 applicants.

The one-week challenge took place at the headquarters of the fellowship program. Adams described the week as boot camp: "You had to get up at 5 a.m., be to bed at 9:30 p.m. and sleep in a sleeping bag in a co-ed setting with common showers.'

One of the most difficult adjustments of the week was having to use the bathroom outside. The group was put on a strict diet without any meat and required to drink three quarts of a water a

To prepare for the experience in Ledville, 11,000 feet above sea level, Adams walked 25 miles a week, lost 18 pounds, read numerous books on leadership and talked herself into persevering.
"I felt that I had the

mental motivation to complete the challenge, and if I also had the physical requirements, then I might be able to succeed," said Adams.

The mountain climbing challenge was the last and most frightening situation that Adams encountered. The program isn't governed by a

pass-fail format. Participants did not have to complete a task if they didn't want to.

"I was motivated by the fact that everyone else in the program completed the required obstacles. It took spiritual as well as physical strength to get ready for the climb," said Adams.

She started climbing quickly because she had so much anxiety. One hundred feet up, she got stuck temporarily, but got coached, got herself together and made it to the

"It was a very moving experience at the top of the mountain, and getting down was a whole lot easier," said

Adams wants to use the benefits of the Colorado experience to develop a program to promote self-esteem in our youth today. Outward Bound has given her much leadership skill to share, Adams

## Fun times planned by Jackson

by Moneca Surida

If you are uncertain about what you're going to do on this and other weekends, you might consider having a look at your student activity calendar, which is distributed monthly to make you aware of happenings at Bennett.

Who says Bennett students have to go elsewhere to participate in fun, well coordinated, extracurricular activities? Certainly not Herb Jackson, director of student activities for the past two years. He has been here to help plan, promote and implement athletic as well as social activities that are feasible for the campus.

In the past years, outings such as skating, skiing and bowling have been some of the more popular events favored by Belles. However, the future for Bennett as far as student activities are concerned will bring about new and refined changes that will encourage more unity among students, team play and conscientious participation.

These events will encompass such things as intramural sports, fun night, and video night, pending the completion of related projects. On the November calendar, students can expect to see activities that deal with self-defense, weight loss control, aerobics and much more.

Seniors and other interested students can look forward to "fun in the sun" during spring break on a trip to the Bahamas or Cancun, Mexico. This is one activity not to miss.

When asked what he thought students wanted, Jackson replied, "Students rely on the activities that we plan, which is why so much time and thought goes into even the smallest of events. Students are hungry for any extracurricular activity something as a means of a temporary escape.'

Jackson goes on to say that with the help of his student workers, the various campus organizations and student participation, this fiscal year should be a successful and fun-filled one.

## Communications-from page one

Studies Program will still exist, says McKissick-Kemp. "I.S.P. will still trive for nontraditional majors on the campus. Communications majors will gradually move away from the ISP program."

There are two new faces in the communications department this year - Mr. Bruce Clark and Ms. Teresa Jo Styles. Clark teaches radio and television production, and Styles teaches writing for radio and television.

Sophomore Kim Wright comments on the changes: "The communications department and television production here at Bennett look very promising. I am excited and felt very proud of our first production at Cablevision."

Communications is a very competitive field. The fact that Bennett Belles are not competing with males in the classroom will not hinder Bennett women, McKissick-Kemp explains.

"I have worked in white corporate America and most corporations are concerned with the productivity of their employees. Unfortunately I do know that in 1990 sexism, racism and other - isms do still exist. We need to prepare our students for that reality but not let that barrier stop us from continuing to strive for our goals," she says.

McKissick-Kemp believes women who graduate from Bennett with a bachelor of arts degree in communications will definitely be ready for the real world: "Self-esteem and self-images are organized. The campus embodies the direction that the communications department is headed for, and covers every area in the field."

SGA Update: The SGA has done a commendable job this semester. The executive cabinet consists of President Miji Bell; Vice President Kymberly Boyd; Recording Secretary Candra Ruffin; Corresponding Secretary Jan Laughinghouse; Parliamentarian Karen Weaver; Miss Bennett Yvette Williams and Miss Royal Blue 'n White Venika Noble.

The coronation of Miss Bennett was a beautiful celebration that reinforced the bond of sisterhood. On Oct. 26-28 a busload of Bennett sisters went to Atlanta to enjoy the homecoming events of brother school, Morehouse College. Sources say the "scenery" was extremely nice. And the Morehouse Glee Club came to call.

The SGA Office is located on the second floor of the Student Union next door to Student Affairs. The phone number is 370-5716. Feel free to communicate with the officers and give input of all kinds. (Cassandra Miller)

International Students: Welcome back all Belles. We hope that everyone had a pleasant summer and is ready to bounce back in the academic as well as extra-curricular arena. The latest news on campus is the reemergence of The International Student's Club. As we all are aware, there has been an influx of various international students. I am sure many of you are eager to learn all about other cultures of the world. One does not have to look farther than the International Students' Club, which has pledged to bring these various cultures to our campus. The club has turned over a new leaf and has awakened from its long sleep. Elections of the officers were recently held. The Club consists of these students: President Lidet Mengasha (Ethiopia); Vice-President Batsirai Mutasa (Zimbabwe); Secretary Rosalie Yembah (Zaire); Treasurer Yvette Flah (Liberia); Public Relations Office Dorcas Matowe (Zimbabwe); Chaplain Avis Chikwanha (Zimbabwe); Parliamentarian Florence Kennedy (Liberia); Miss International Annie Carrol (Gambia); Edna Conteh (Sierra Leone); Shanaz Chowdury (Bangladesh); Yamuranai Kurewa (Zimbabwe); Sandra Adubofour (Ghana); Jacquelyn N'Jie (Gambia); Angela Norman (Ethiopia); Margaret Williams (Jamaica); Gladys Sarpomaa (Ghana); Afua Boaten (Ghana).

The International Club is appealing to all Belles to please help support their endeavors and participate in their programs this semester. (Florence M. Kennedy)

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Music Tastes: Easy listening? Soul? Ballads? Classical? Inspirational? Exactly what do the Belles like to hear on their stereos? Though most Belles are outgoing and rhythmic, jumping and bouncing to the upbeat tempos of artists like Kwame, Vanilla Ice and DNA, many like to relax and "chill out" to the soothing tunes of Cynda Williams, James Ingram, and Mariah Carey. The top ten songs are as follows: 1. Tom's Diner-DNA featuring Susanne Vega; 2. Something In My Heart-Michele; 3. Bonita Applebum-A Tribe Called Quest; 4. Harlem Blues—Cynda Williams; 5. Ice, Ice Baby--Vanilla Ice; 6. Only You-Kwame; 7. Love Takes Time—Mariah Carey: 8 If I Could Only Have That Day Back— Howard Hewett; 9. I Don't Have the Heart-James Ingram; 10. Sensitvity-Ralph Tresvant.

Make no mistake, a variety of musical interests sweep across campus representative of the diversity we create. Some sisters blast heavy metal, pop, jazz and other sounds from the boom boxes and stereos Mom and Dad have supplied. We all share a strong belief in a higher being and yes, the Belles appreciate inspirational music as well.

There you have it: music through the eyes of the Belles, ringing loud and clear.

(Angela Alston)

Scientific Activities: The MARC/MBRS Symposium was held at the Stouffer Hotel in downtown Nashville, Tenn. Oct. 11-13. Representatives from Bennett included Garnet Pinder, Nisco McNeill, Jeanette Cox, Dimetria Gordon, Nevea Willis, Michelle Webb, Karen Warren, Evelyn Harris, Brooke Walker, Dr. Nellouise Watkins and Dr. Benita Bell, who were on hand for poster and paper presentations from cell biology to pharmacology. A tour of Meharry Medical College was also offered. Junior Evelyn Harris presented her own paper on the use of free biotin to increase fluorescence.

The MARC/MBRS, which means Minority Access to Research Carriers/Minority Biomedical Research Support is "an important way to bring people together to share research experience in the biomedical field," says junior Garnet Pinder. The research presented covered all fields for computer science, chemistry, biology, and psychology majors. Watkins says, "The program is a tremendous experience for college students to hear presentations by outstanding scientists as well as meeting peers across the country."

Bennett College is one of the 52 institutions in the United States with a MARC training program. MARC/MBRS grants that are given to the institutions total more than \$1 million. (Brooke Walker)

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A&T's Homecoming: Many Belles were disappointed by the festivities, according to a Banner poll. 60 percent were disturbed because performers did not show up, but 40 percent still had fun.

The pre-dawn gathering began with the Greek organizations' step-show and a performance that featured the rap group, Poor Righteous Teachers. Over 7,000 people came to Corbett Gymnasium. Sophomore Erren Darden said, "I was pleased with the step-show but very disappointed by the performance of Poor Righteous Teachers."

On Saturday, after the homecoming parade, A&T beat Bethune-Cookman 27-20, and the football win made the fans ready to party into the night. The homecoming show promised performances by Miche'le, Christopher Williams, Regina Delle and Queen Latifah, but Miche'le and Williams were no-shows. Sophomore Delores Hall said, "I only want to the show to see Christopher Williams and he was not even there." There were a lot of parties for the fans to enjoy though.

The finals featured After 7 in a relaxing Sunday night show at Corbett Gymnasium.

(Dawn Collins)

Road Trip: A full bus of Belles travelled to the homecoming of brother school Morehouse College in Atlanta Oct. 26-28.

Weekend activities included the coronation, a parade, a talent show, a football game parties on and off campus. Most agreed that the weekend was fun and better organized than last year's.

Although Bennett is the official sister school for Morehouse, the homecoming queen is always chosen from Spelman, a neighboring school to Morehouse and rival school to Bennett. Freshman Sheena Ross objects to the selection process. She said, "I wish that there could be more of a competition between Bennett and Spelman. I understand that sometimes you have to go with convenience, but I just don't like the idea that Bennett was not even in the running."

SGA President Miji Bell drove Yvette Williams, Miss Bennett to Morehouse. Commenting on how the relationship could be rebuilt with Morehouse, Bell said, "I think that a way to rebuild is to continue traditions. We need to find out whatever it was that we used to involve them in and continue to do that."

The brothers of Morehouse have been invited to Bellefest in April.

(Kimberly D. Urquhart)