

More students joining Health Center program

Robin Walls
Banner Reporter

More Bennett students are now joining the family planning program developed by the Health Center.

"More students are beginning to come to the Health Center because of the program," said Cora Wadell director of the Health Center for the past eight years.

The goal of the program is to prevent sexually transmitted disease and illness.

But students who join the family planning program are provided information about birth control

methods and the detection of breast cancer as well as receiving an annual pap smear, pregnancy testing, birth control, and immunization shots.

The program which was started on campus in 1989, meets every Monday at noon in the health center in the Rose Catchings Complex.

Along with Wadell, the staff at the Health Center includes Joann Williams, a nurse and Preston Clark, the College physician.

Dr. Clark gives examinations on Tuesdays by appointment only.

Although the program

does not offer HIV testing because of expense, students are provided information about the disease.

The Health Center has with the Triad Health Project, an organization that provides the community information about HIV. The organization also provides support for HIV people infected with the virus.

Though the flu season is approaching fast, the Center does not give flu shots.

Wadell says that it may possible for students to receive flu shots from the Health Center within the next few years.

In the meantime, Wadell advises students to get rest, drink more juices and eat the proper foods to stay healthy.

Health Center services are provided Monday through Friday from 7:30 a.m. until 7 p.m.

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Track outlook brightens with addition of talented freshwomen

Tahja McVay
Banner Reporter

Watch out!

The Bennett College indoor track team may be headed for the top with new goals and high expectations to lead them to qualify for the nationals.

Bennett College Track Coach Mark Adams hopes to qualify more than one person for track and qualify relay teams in the nationals for the first time.

Adams said that he wants the team to move up in the conference from the fourth place ranking during the previous year.

The final runners

haven't been selected for the team as of yet. However, there are a few runners who stand out among the rest.

There are four freshwomen who run faster than the second quarter miler from last year," Coach Adams said.

Freshwomen Stacy Thompson, from Lanham, Md. ran in the East Coast

Invitation and Maryland State Championships. Jyngee Roberts from Los Angeles ran in the Junior Olympic Regionals in California. Alicia Pople ran in the indoor nationals at Kinston, N.C.

"I think we will have a more stronger and experienced team this year," Coach Adams said.

Volunteers needed for phonathon

The National Alumnae Phonathon needs faculty, staff and student volunteers now through Nov. 18.

Volunteers are asked to work at least one evening to call alumnae to make a pledge.

This year's goal is \$400,000.

If you are interested or have questions call the Office of Alumnae Affairs at (919) 370-8605 or 370-8629 or stop by their office in Race Hall.

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BENNETT BANNER Publication Schedule

Nov. 18

Dec. 9

Jan. 27

Feb. 24

March 24

April 21

May 12

Story and Ad deadlines are five business days prior to publication.

THE Crossword

by Judith Perry

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NOVEMBER

Campus Paperback Bestsellers

- Rising Sun**, by Michael Crichton. (Ballantine, \$6.99.) Fierce industrial intrigue between American and Japanese rivals.
- The Way Things Ought To Be**, by Rush Limbaugh. (Pocket Star, \$6.50.) Controversial issues — that's Limbaugh territory.
- Seven Habits of Highly Effective People**, by Steven R. Covey. (Fireside, \$9.95.) Guide to personal fulfillment.
- The Days Are Just Packed**, by Bill Watterson. (Andrews & McMeel, \$12.95.) More "Calvin and Hobbes" cartoons.
- The Pelican Brief**, by John Grisham. (Dell, \$6.99.) Law student finds herself on the run from killers of two Supreme Court justices.
- Jurassic Park**, by Michael Crichton. (Ballantine, \$6.99.) A theme park's cloned dinosaurs are creating a world crisis.
- A Time to Kill**, by John Grisham. (Island/Dell, \$5.99.) Racial tension runs high during a trial.
- The Age of Innocence**, by Edith Wharton. (Collier/Macmillan, \$5.95.) New York society life in the late 19th century.
- The Tale of The Body Thief**, by Anne Rice. (Ballantine, \$6.99.) The saga of vampire Lestat continues.
- The Firm**, by John Grisham. (Island/Dell, \$5.99.) Young lawyer confronts the hidden workings of his firm.

Compiled by The Chronicle of Higher Education from information supplied by college stores throughout the country, October 15, 1993.

New & Recommended

- Days of Obligation**, by Richard Rodriguez. (Penguin, \$11.00.) Emotionally candid essays considering the moral and spiritual landscapes of Mexico and the United States and their impact on his soul.
- Don't Know Much About Geography**, by Kenneth C. Davis. (Avon, \$11.00.) Everything you need to know about the world but never learned. A fascinating, breathtaking and hilarious grand tour of the planet Earth.
- The American Almanac of Jobs and Salaries**. (Avon, \$17.00.) The essential reference for researchers, job seekers, career changers, and anyone who's simply curious about who gets paid for doing what.

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