

## Training room relief for Springfield

By Cinzia Atkinson  
Banner Reporter

Mark Springfield, head athletic trainer at Bennett College, had his wishes granted in mid-January.

The Biology and Athletic Department finally approved an athletic training room.

The opening of this training room is a wish come true.

In the past, athletes had to be taped up in the gym and sometimes proper care and first aid could not be given to injured athletes.

This disturbed Mark Springfield.

After hearing news of the approval, Springfield took it upon himself to build the training room from scratch. He has renovated an old storage room into a colorful and bright training room. It took a while for Bennett to get a training room because, "... sports aren't such a big factor here," according to Springfield.

"A lot of people think that the infirmary's conventional medicine's will take care of everything when they really need sports medicine."

Springfield has been assisting Bennett for three years and said he did not have much to work with.

"This training room is an asset to the college, especially the student-athletes," he said.

The training room will also be useful for students majoring in nursing, pre-med, and biology, to get hands-on experience with student training and to fulfill internships with intercollegiate sports. As of now, there are four full-time student-trainers under Springfield's direction.

He encourages other students that are interested in sports medicine to come and get some experience. "I would like people to know the intentions of trainers and that's to cater to the needs of others."

## St. Patrick's Day not always getting green thumb up

By Nicole Isaac  
Banner Reporter

St. Patrick's Day for Catholics and Irish-Americans is a day of, remembering the life of St. Patrick along with recognizing and glorifying their beloved Irish heritage.

However, for many Americans who are not Irish, St. Patrick's Day appears to be nothing more than a day for drinking beer and marching in local parades, no meaning or remembrance involved.

"St. Patrick's Day is a time for drinking and partying, and I don't participate in those activities," said Dr.

David C. Pinnix, chair of Music Department, who is part Irish.

Despite this statement Pinnix was wearing a green shirt with a green and grey tie on St. Patrick's Day.

"I don't celebrate St. Patrick's Day because St. Patrick was a Catholic which makes it a Catholic holiday," Pinnix said.

"St. Patrick converted the Celts in Ireland to Christians, and that is why some Catholics celebrate St. Patrick's Day."

Pinnix, however, celebrates the Easter.

Many Christians around the world hold Easter

Sunday as one of their most sacred religious holidays.

"Easter is the most important of the Christian observances during the year," Pinnix said.

"If you don't believe in the death and the resurrection of Christ, you are not a Christian."

Although Pinnix is the son of a Baptist minister and currently a member of the Episcopal Church, he does not consider himself to be of any denomination. He says that he does not like to be sectioned off in that way.

"I'm an eclectic Christian," Pinnix said, "a part of more than one religion."

## Cosmo is bestselling magazine on campuses

The most popular magazine on American college campuses is *Cosmopolitan*, according to a recent survey by the National Association of College Store.

The survey ranked the nine other most popular magazines on college campuses in descending order, as

*Glamour*, *People*, *Time*, *Vogue*, *Newsweek*, *Gentleman's Quarterly*, *Rolling Stone*, *Sports Illustrated* and *Mademoiselle*.

The rankings are based on returns of 515 campus bookstores to the association's annual magazine survey.

## This week in the history of black women

March 21, actor and comedian, Whoopi Goldberg was named the first Black to host the 66th Annual Academy Awards. Three years to date, March 25, 1991, Goldberg received an Oscar, for her performance in the blockbuster hit movie *Ghost*.

## Belles' 1994 Softball Schedule

March 15	North Carolina Central	Away	2:15
March 16	Winston-Salem State	Away	2:15
March 30	Randolph-Macon	Away	3:30
April 7	North Carolina Central	Home	2:15
April 9	Winston-Salem State	Home	12:00
April 13	Randolph-Macon	Home	3:30
April 14	Meredith College	Away	3:30
April 16	Randolph-Macon	Away	12:00

Head Coach: Herb Jackson

\*All home games are played at Levette Field on Lee Street at Highway 29, across from Windsor Center.

MARCH

### Campus Paperback Bestsellers

1. *The Pelican Brief*, by John Grisham. (Dell, \$6.99.) Law student finds herself on the run from killers of two Supreme Court justices.
2. *The Far Side Gallery 4*, by Gary Larson. (Andrews & McMeel, \$12.95.) Collection of cartoons.
3. *Ruby*, by V.C. Andrews. (Pocket, \$6.50.) Young Cajun girl searches for the truth of her family's past.
4. *The Remains of the Day*, by Kazuo Ishiguro. (Vintage, \$11.00.) English butler recalls his many years of service.
5. *Schindler's List*, by Thomas Keneally. (Touchstone, \$12.00.) Nazi party member rescues Jews in Poland during WW II.
6. *The Chickens are Restless*, by Gary Larson. (Andrews & McMeel, \$8.95.) New collection of cartoons.
7. *Care of the Soul*, by Thomas Moore. (Harper Perennial, \$12.00.) Guide for spirituality in everyday life.
8. *The Days Are Just Packed*, by Bill Watterson. (Andrews & McMeel, \$12.95.) More "Calvin and Hobbes" cartoons.
9. *Interview with the Vampire*, by Anne Rice. (Ballantine, \$6.99.) Chilling confessions of a vampire.
10. *The Way Things Ought To Be*, by Rush Limbaugh. (Pocket Star, \$6.50.) Controversial issues - that's Limbaugh territory.

Compiled by The Chronicle of Higher Education from information supplied by college stores throughout the country. February 15, 1994.

### New & Recommended

- A personal selection of *Star Weekly*, from State Bookstore, University Park, PA.
- The Tallmans of Shannara*, by Terry Brooks. (Del Rey, \$5.99.) Book Four and the conclusion to *The Heritage of Shannara* series.
  - The Throat*, by Peter Straub. (Signet, \$6.99.) Haunting tale of murder, obsession and evil horror that can inhabit those dark, forbidding places in us all.
  - Tell me no Secrets*, by Joy Fielding. (Avon, \$5.99.) An unknown menace is disrupting Chicago's prosecutor Jess Koster's well-ordered world. But there is no one she can trust, for she suspects that her mysterious tormentor is someone close by!

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