

Me get a sexually transmitted disease? No way!

(NAPS)—Each year, more than 12 million people become infected with a sexually transmitted disease (STD), and that's what they all thought.

No one ever thinks it will happen to him or her. But it does, to both men and women alike— young, old, married and single.

STDs don't discriminate based on age, income or race. Unless you're not having sex, you can get an STD. What's more, STDs can cause special problems for women because they sometimes have no

symptoms, are hard to diagnose and can lead to serious consequences.

Untreated STD infections can result in reproductive complications such as pelvic inflammatory disease (PID) and ectopic pregnancy. Each year, between 100,000 and 150,000 women become infertile because of STDs.

Furthermore, pregnant women can pass along STDs to their unborn babies during delivery. Complications such as low birth weight; upper respiratory, lung and gastric

infections; and even death may occur with infected infants.

Unlike many other diseases, all STDs are preventable, and most are curable when recognized in the early stages.

Untreated STDs will not go away on their own. So it's important to know what they are, to recognize their symptoms, and to know when to see a doctor or visit a clinic. To reduce the risk of contracting an STD, education, awareness and prevention are a must.

That's why every sexually active

woman should know the facts about STDs, their causes, their symptoms and their proper treatments.

SmithKline Beecham Consumer Healthcare, has produced a brochure entitled "The Facts About Vaginal Infections and STDs: A Guide for Women."

To receive a free copy of The Facts About Vaginal Infections and STDs: A Guide for Women, call 1-800-245-1040.

Knowledge and prevention are the best defenses in fighting STDs.

Products like feminine sprays,

talcum powder or douches will not treat or cure vaginal infections.

Home remedies or lack of treatment could make an infection worse.

In addition, if these infections are not properly treated, they eventually may lead to PID or infertility.

If you suspect you may have an STD or are suffering from any unusual vaginal symptoms, see your personal physician or visit the campus Health Center for diagnosis and treatment.

Skin care tips from the stars

(NAPS)—What is more than a century old and has a loyal celebrity following?

Need a hint?

- It's a staple in make-up artist Bobbi Brown's tool kit

- Baywatch's Yasmine Bleeth drenches her Pacific-soaked knees and elbows with it

- Model Kim Alexis sleeps in it and model Helena Christensen uses it to keep her distinctive eyelids, lips and lashes supple

- It helps keep Senator Carol Moseley-Braun on her toes and soothes and smoothes Olympian Florence Griffith Joyner's gold medal feet

The item in question, which supermodels, athletes, designers, make-up artists and stars use, is petroleum jelly.

You can read personal Celebrity Skin Care Secrets in a free health and beauty handbook that features advice from "those in the know."

The handbook, which has helped raise \$50,000 to support Cancer Care, Inc., is available free, while supplies last, via a toll-free hotline 1-888-449-TIPS.


According to the booklet:

- A 22-year-old Brooklyn chemist, discovered petroleum when he noticed oil field workers using rod wax to soothe and protect their rough, rugged hands. In 1870, he refined the substance into what we know today as petroleum jelly.

- Now it is also known that petroleum jelly plumps up dry skin to help reduce the appearance of tiny dry lines and wrinkles.

- Clinical tests have confirmed that petroleum jelly will not clog pores. (It is non-comedogenic.)



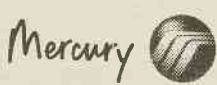
- Dermatologists recommend petroleum jelly soothe sensitive skin because it is fragrance-free, and hypo-allergenic.



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