

Volleybelles take 4th place; Simpson makes all-tourney

BY CANDACE EVANS
Staff Reporter

If you've heard the saying, "Keep hope alive" and watched last month's volleyball invitational, then you must have realized that hope wasn't able to keep the Volleybelles alive.

The Volleybelles were 0-4 in the Wesleyan College Invitational against Barber-Scotia, Peace College, and Morris College.

Assistant Coach Jerry Patterson said the reason the Belles lost the first two tournament matches against Wesleyan and Atlanta Christian College is they were not mentally prepared. He said that for the Belles to win the following game against Peace College they must be "mentally focused."

"We have a good team but we

just need to come focused and ready to play. Because we weren't mentally focused it killed our team in the game earlier," Patterson said.

Team captain Junie Rogers, a junior biology major from Gary, Ind. said mental errors are the problem.

"I definitely think that losing the first game has prepared us to win our games," Rogers said.

During the Oct. 2 Bennett College Invitational match against Peace College, the Belles were not able to stop the opposition from coming back and winning all three matches.

The efforts of Michelle Simpson, Tashauna Martin, and Natasha Brooks were not enough for a Belle victory. Simpson had two kills, Martin had four kills and two aces,

Brooks had three kills and two aces.

However, all was not lost. Volleybelle. Simpson, a sophomore psychology major from Houston, Texas made all-tournament.

Tournament Stats

1st place Peace College
2nd place Barber-Scotia College
3rd place Morris College
4th place Bennett College

Most Valuable Player

Heather Daniels Peace College

All-Tournament

Toni Sauls Peace College
Marla Edwards Peace College
Shannell Andrews Barber-Scotia
Tania Russell Barber-Scotia
Michelle Simpson Bennett

VOLLEYBELLE MATCH SUMMARIES

Sept. 23

Bennett vs. Piedmont

Bennett 15 Piedmont 0
Bennett 15 Piedmont 9
Bennett 15 Piedmont 12

Sept. 28

Salem College vs. Bennett

Bennett 2 Salem 15
Bennett 4 Salem 15
Bennett 10 Salem 15

Bennett vs. Piedmont Bible College

Bennett 15 PBC 8
Bennett 15 PBC 10
Bennett 15 PBC 12

Sept. 24-25

Wesleyan College Invitational

Bennett College vs. Wesleyan

Bennett 3 Wesleyan 15
Bennett 8 Wesleyan 15
Bennett 5 Wesleyan 15

Oct. 2 Bennett College Invitational

Barber-Scotia vs. Bennett
Bennett 10 Barber-Scotia 15
Bennett 16 Barber-Scotia 14
Bennett 2 Barber-Scotia 15
Bennett 12 Barber-Scotia 15

Atlanta Christian College

Bennett 8 ATC 15
Bennett 1 ATC 15
Bennett 6 ATC 15

Bennett vs. Peace College

Bennett 4 Peace 15
Bennett 8 Peace 15
Bennett 11 Peace 15

Wesleyan vs. Bennett

Bennett 5 Wesleyan 15
Bennett 5 Wesleyan 15
Bennett 6 Wesleyan 15

Bennett vs. Morris College

Bennett 8 Morris 15
Bennett 9 Morris 15
Bennett 19 Morris 15

Bennett vs. Judson

Bennett 15 Judson 9
Bennett 11 Judson 15
Bennett 10 Judson 15
Bennett 15 Judson 11
Bennett 11 Judson 15

Oct. 4

Bennett vs. Livingstone College

Bennett 2 Livingstone 15
Bennett 10 Livingstone 15
Bennett 9 Livingstone 15

Fake hair: problems, remedies

BY DARNITA HOWARD
Staff Reporter

"Hair. Hair. Hair. Long, beautiful hair."

This line came from the 1970s hit rock musical "Hair."

Who knew that those lyrics would be a foresight of today's hairstyles?

Images of women from different races and ethnic backgrounds display a variety of hairstyles for every occasion.

Approximately 50 percent of the 600 plus Bennett Belles wear hairstyles such as knots, layers, straw curls, pin curls, long shags, and many more.

Most of these hairstyles are achieved with the use of extensions or "tracks."

Extensions are used to dramatize styles and create a fuller appearance of hair — without requiring the necessary length of time for hair to grow.

The normal rate of hair growth is approximately a half inch per month, which totals six inches a

year. However, with the aid of extensions, a person can produce six inches or longer within minutes.

Weaving and bonding are the two common methods of attaching extensions and both methods use synthetic or human hair.

Weaving involves attaching hair by sewing the hair extension into the person's hair. This is done by braiding the person's hair and then using a heavy-duty thread to connect the strip of hair to the braided hair. This process continues until the scalp is covered with the long tresses. Tight braiding may result in minor headaches or discomfort in the beginning.

Bonding hair involves gluing the extension to the hair. Braiding of the hair is not required in this procedure. As a word of caution, make sure that the bonding glue does not come in contact with the scalp.

Dr. Tariq Madyun, a dermatologist, spoke out at Summit 2000 in 1997 about the health of hair during a panel discussion given by *Essence* magazine.

"When the glue comes in contact with the scalp, it can cause a severe reaction that leads to scar-tissue formation in the follicles," Madyun said.

Pamela McCain, a hairstylist at Boz & Co. Hair Design Studio in downtown Greensboro gave recommendations on using the methods of weaving and bonding.

McCain said that weaving should be used if you plan to maintain extensions for several weeks, and bonding should be used to maintain extensions for a few days.

"I do not recommend a person to use the method of weaving if they have thin hair," McCain said.

Another licensed cosmetologist, LaKenda Crook a freshman sociology major from San Francisco, Calif. said that the tension of the bonding glue on hair is not good unless you know how to remove the extension properly.

"In removing extensions, one should have the proper items: professional bond removal solution, conditioner and/or a heavy, oil-based product," Crook said.

"Oil sheen is too light to use."

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businesses.

In 1996, Greensboro voters approved \$1 million in bond funding to begin the recommended improvements.

According to the nonprofit organization Initiative for a Competitive Inner City, 25 percent of inner-city retail demand is cur-

rently not met by urban retailers.

Melody Caldwell agrees.

"It bothers me that I have to drive all the way to Wendover Avenue to find stores like Wal-Mart and Target," said Caldwell, a sophomore biology major from Newark, N.J.

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Belles.
on Nov. 2**

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