# **Basketball Belles face media scrutiny**

# BY KEISHA STOUTE Sports Reporter

Despite the nationwide scrutiny by ESPN, SportsCenter, and The Greensboro News & Record, the Bennett Belles are on a full-force mission.

Although they scored a measly 3 points, which was the lowest point total in NCAA history against Peace College, in a match that finished 98-3, the Belles are still determined.

The basketball team remained strong, and was given encouragement by President, Gloria Scott, in an ACES program. Each member of the basketball team was given a bouquet of red roses and a standing ovation by the student body, faculty, and staff.

The Belles continued to play hard with support, perseverance, and prayers. During the ACES, Scott said, "Winning is not everything. It's about trying your best and having fun.

Here at Bennett College, we emphasize academics and sisterhood." After the loss, the Belles began to make drastic changes, scoring more that usual and according to one player, "stepping up our intensity level."

They traveled to Atlanta, Ga. to play Agnes Scott College and

Spelman College. The team had plenty of support from spectators from Morehouse College (our brother school). Morehouse students came to both games, ringing bells, and cheering for the team.

Though the Belles lost both games, the team never gave up. After all the negative publicity and comments, the Belles won a victory against Trinity College, 47 - 37. Two team members, Lakeisha Powell, and Keisha Stoute tied for team high honors, each scoring 11 points. All their hard work was not in vain, and the Belles Basketball was rejuvenated, just in time for a home game in Ida Goode Gymnasium, which will be Feb. 19 at 7 pm.

Stoute is a member of the Bennett College Basketball Team.

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Taiking with a friend who's being benton up to her bushand will never be easy. We understand that you want to say just the right thing, in just the right way. If sourneed help heading the right words, call 1-800-END ABUSE and we'll send you useful information and suggestions. Whotever you do, however, don't wait too long to offer her your help. At least one out of every three nundered women is killed by her husband or bostrend. So your friend ought not have the havary of time

Instance NO excuse

Family Violence Prevention Fund

# Spring Style Focus:

# Fashion Do's and Don'ts

# Compiled by

TAMARA PHELPS Staff Writer

## DON'T

• Dress exactly like everyone else. Sure, we all go to the Gap sometimes, but try to make your wardrobe your own by wearing clothes a little differently, adding great, unique vintage pieces, or even altering pieces that you already have. Highlight what is special about you!

• Wear knee length skirts or longer if you're petite (unless you feel they work for you). Generally, shorter skirts are more flattering for this body type.

• Except maybe for a special (tight) dress on that special occasion, don't bother with control garments. They aren't worth the discomfort.

• Cover up freckles (they're cute!)

• Use eyeliner or mascara under your eyes. It's fresher looking to leave the undereyes bare.

• Go without blush.

•Use foundation unless you have to-your own bare skin often looks nicer.

• Take fashion too seriously. It's meant to

• Call psychic hotlines .

• Starve yourself. Honestly, it's so boring

:) Eating is fun! • Leave the tags on your clothing.

### DO

• Try some beautiful and interesting eye shadows this season. *Tangerine sorbet, lilac, and sky blue come to mind.* 

• Keep your eyebrows groomed (personally I like a thin, high arch) and subtly defined with pencil. If they're are really thin and you have the bone structure, you can go for a darker, more dramatic line, if you prefer.

• Give preppy a go. The color scheme: why navy, or red. The details: cap-sleeved polo shirts with logos or piping, cute piped dresses, white tennis dresses, pleated tennis skirts, plaid everywhere, flat front khakis cut straight or tapered and high on the ankle, and headbands wide or narrow. The effect: devastating.

• Try to build a wardrobe around some of your most interesting pieces. Maybe you

have a lot of clothes, but can't seem to mix and match them very well. It could be that you're missing some basics that will help to combine your many other pieces. My favorite: short, long, and sleeveless turtlenecks and funnel necks. Also, cardigans, twin sets, knee socks, cute wedge sandals, and a pair of awesome boots.

• Wear plaid, plaid, plaid. It's one of my favorite things.

•Get a good watch. For a modern, and inexpensive timepiece, you can't beat Swatch. The price allows you to have a little fun and get something unusual.

•Try liquid eyeliner in colors other than black. *Grey/blue comes to mind.* 

• Buy one expensive piece to pull your wardrobe together (if you can afford it). Either a great purse, fabulous pants that go with everything and make you appear five pounds slimmer, or a gorgeous, seasonless sweater that you'll always look great in. If it's well made, it will last longer. Just watch the tomato sauce at dinner!

• Play up your eyes or lips, but not both.

•Curl your eyelashes, girls!

Wear A-line dresses and skirts.

• Use dark, smoldering gray eye shadow if it suits your skin tone.

• Do anything, and go anywhere to find a great hairdresser. She or he can make all the difference in your appearance. And a note to the budget-conscious: great hairdressers aren't always found in the most expensive salons. The most important thing is to find someone who listens well and can envision the cut that you're asking for.

• Experiment with colors that you don't normally wear. Color gets you noticed. Black, though it's a wardrobe staple, gets boring!

• Get fashion and makeup inspirations wherever you can-people on the street, magazines, your friends, and movies. *Think* about what seems to work and what doesn't.

• If you exercise, don't overlook weight lifting and stretching. They can make a huge difference in how you look and feel. And I just read about a study that came out recently that found that people who stretched after working out gained 20% more muscle strength than those who don't.

AG Gale