

SAFETY PAGE

By H. E. NEWBURY, Safety Director

MOM, POP'S PLAYING WITH MY TOYS AGAIN.



Jack D. Morgan

Stay Safe . . . Off-Of-Job, Too

To lose time away from work, whether your injury occurred on or off the job, represents a direct loss to one of our employees. We are vitally interested in your welfare, and offer the following safety suggestions in your behalf. Read and obey them, and your chances of being hurt off-the-job during the coming years will be greatly reduced.

1. Check your living quarters for such hazards as rugs on slick floors, frayed lamp cords, unsafe steps and walkways, toys and marbles on the floor, broken glassware, and numerous other items that could cause personal injury.

2. Never operate your car at a speed that is too fast for safety. Take into consideration the condition of your car, the condition of the roads, and the fact that you never know what the driver of the other vehicle might do.

3. Encourage the youngsters to not play in the street, and when forced to walk on the highway, to always walk on the left side of the road facing traffic.

4. Never cross a thoroughfare without being sure there are no vehicles approaching from either way. The age-old saying that "the pedestrian has the right-of-way," is not observed by present day motorists.

5. Do not take unnecessary chances. Broken bones and weeks in the hospital have often resulted from someone trying to save a few seconds, or take a shortcut.

6. Always have even the slightest injury treated immediately. A hole caused by a pin puncture is large enough to admit thousands of germs, and infection can develop within thirty minutes.

For the past twenty-five years, the total number of injuries and deaths occurring in the homes each year have greatly exceeded those occurring in American Industrial plants. This is rather alarming, but true.

Self-preservation was practiced by our forefathers years ago. We should all follow through with the wonderful example set by them.

A Merry Christmas and A SAFE 1947!

To each and every one of you, the personnel of the First Aid and Safety Department wishes to extend the Season's Greetings. Your co-operation during 1946 was wonderful, and indications are that our plant will finish the year with the lowest accident frequency since it started operations seven years ago. You are to be commended for the part you have played.



Employee strained muscles in lower part of back while lifting box of bobbins off of flat.

SUGGESTIONS: Always lift the safe way by observing the following rules:

1. Never try to lift beyond your strength. Get help.
2. Always crouch down to what you are going to lift.
3. Get a good footing. Place feet eight to twelve inches apart.
4. Get a firm grip with fingers underneath the load whenever possible.
5. Keep your arms straight and keep your back in as near a straight up-and-down position as possible.
6. Lift gradually — avoid jerky motions.
7. Avoid twisting motions by shifting position of feet.
8. Lift by standing up or by pushing with the strong leg muscles. This takes the strain off the back muscles.
9. Put things down by generally reversing the above methods.

