

Feminine News-Views

SOCIALS - FASHIONS - SEWING AND COOKING HINTS
By LUCILLE HEFFNER, At The Library

TESTED RECIPES

We've thought and thought as to what recipes to use for our Christmas Echo. Some dishes are old, some are new. We are certain that you'll find the new ones exciting and an addition to your recipe collection. This is the menu.

CHRISTMAS DINNER

- Cranberry-Apple Juice
- Steam-baked Goose, Bread Stuffing
- Noel Apples Gravy
- Christmas Beet Salad
- Whipped Potatoes Frozen Limas
- Hot Rolls Butter
- Frozen Fruit Cake
- Coffee

Are you planning for another Christmas turkey dinner? We've chosen a menu for your dinner centered around a rich stuff-baked goose. The Farmers Wife we credit for the recipes.

STEAM-BAKED GOOSE

- 1-10-12 lb. goose
- 1 tblsp. salt
- 12 cups bread stuffing (recipe follows)
- 2 tblsp. melted fat
- 2 cups hot water
- 1-4 tsp. black pepper
- 1 small onion
- 1 clove garlic, mashed
- 1-2 cup coarsely ground green pepper

1 can undiluted mushroom soup
Rub 1 tblsp. salt inside body cavity of goose. Stuff cavity and neck with bread stuffing. Skewer and lace skin openings with string. Tie legs and wings close to body. Brush goose with melted fat. Place in bottom of roaster pan, breast side up. Add water—more as needed during cooking period. Add remaining salt, black pepper, onion, garlic and green pepper to water. Bake covered in a slow oven (300 deg. F.) 2 hours. Remove from oven. Carefully skim off all goose fat from broth. Add cream of mushroom soup and return to oven. Bake uncovered two hours longer, basting frequently with savory broth. Remove bird to serving platter and make gravy in roasting pan.

Now here is the recipe for delicious bread stuffing:

BREAD STUFFING

- 8 cups stale bread
- 2 eggs, beaten
- 2 cups coarsely ground carrots
- 2 small onions, coarsely ground
- 1 can diluted cream of mushroom soup
- 1-2 lb. meaty sausage
- 1-2 lb. round steak finely ground
- Goose heart, liver and gizzard ground
- 1 tsp. sage.
- 1-8 tsp. cinnamon
- 1-8 tsp. nutmeg
- 2 tsp. salt

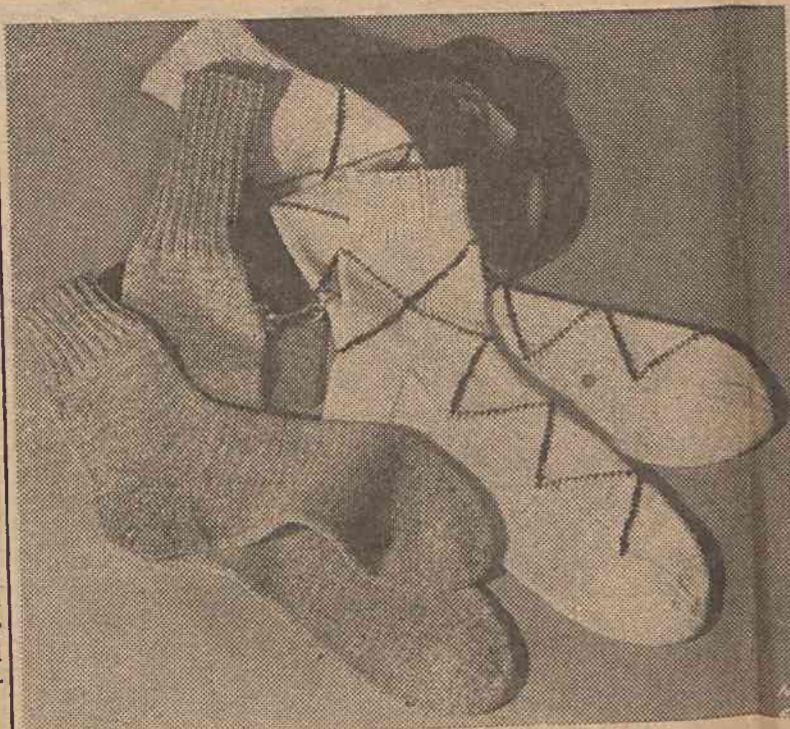
Blend all ingredients thoroughly in a large kettle or mixing bowl. Stuff goose cavity and neck. Yield: 12 cups stuffing which is just as delicious when cold.

NOEL APPLES

For tasty delight and to garnish your steam-baked goose, these colorful apples are a necessity.
Use:
6 large apples
3 cups water

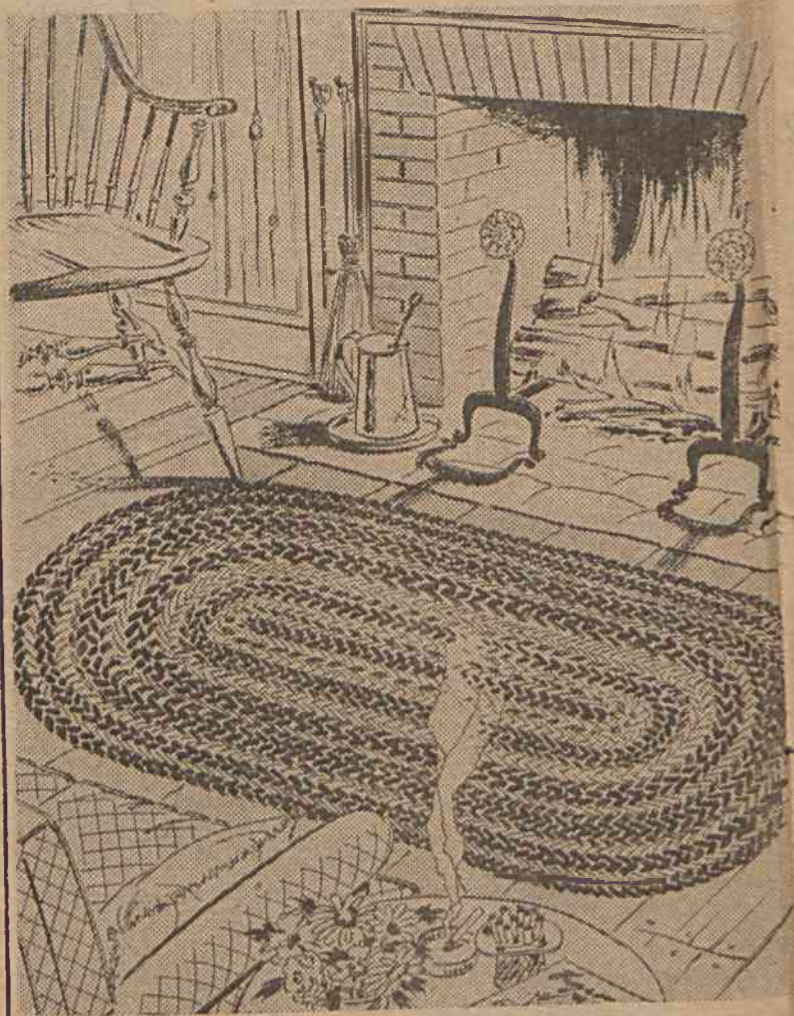
—Turn To Page Eleven

Knit Socks In Your Spare Time



It's time to polish off your knitting needles, and make a pair of socks for your favorite man. First, find out by subtle questioning which he prefers—the regulation long, or short slack-length sock; a solid color, or a sporty diamond design. Then knit these warm wool socks as handy pick-up work. They will be finished in no time if you knit a few rows each time you have a spare moment.

Braided Rag Rug Has Old-Fashioned Charm



You can't make a silk purse out of a sow's ear, but you can make a beautiful rag rug from old stockings and rags. A braided rug may be made as large as your rags will carry you, and it can be enlarged from time to time. If you would like to add a note of old-fashioned charm to your bedroom, living or dining room, or have a small, practical scatter rug for the hall or bathroom, make one of these colorful braided rugs. They may be oval, round or square.

EDUCATORS ARE WORRIED because the teacher shortage promises to get much worse before it gets better. They think every community should do some serious

thinking about salaries which are the chief problems. They would like to see more men teachers, but find boys less than normally interested in the field.

Your Guide To Daily Living

From Washington Bureau

A NEW KIND OF VENETIAN BLIND tape is due on the market this month. You can replace worn tapes with this new variety without taking down the blind or disturbing the cord.

WINDOWS WASH EASIER when you lift them out and do the job at the kitchen sink. Aluminum frame windows, complete with sash and hardware, come in all sizes and can be installed in old as well as new houses. Their makers say they won't rattle or stick.

ANY LADY CAN CHANGE A TIRE, if she has one of the new jacks adapted from those used by the army in combat zones. They weigh only 11 pounds, hook under the bumper instead of the axle, lift at a gentle touch on a hydraulic ram.

DON'T LOOK FOR A WIND-FALL OF SUGAR at any time next year, although some increase in your ration may be possible when the Cuban harvest is ready for distribution by late March. Experts say that neither the Philippines nor Java can add to the world sugar supply in 1947.

NEW SUBSTITUTES FOR HARDWOOD FLOORING, which remains one of the scarcest of all building materials, include a combination sawdust and fibrous substance which can be mixed on the site just as concrete is.

DIPHTHERIA IS ON THE RISE, largely, doctors say, because of a general slackening in immunization. To be safe from this disease, most children should have three shots before entering school, the first at the age of six months.

MORE FABRIC-TOPPED SHOES will be worn next summer because imports of kid and goat skins usually used for tops have sagged sharply. Another factor reducing the numbers of all types of shoes is the great amount of leather lost when the meat black market was at its height last summer. Skins from these illegal cattle usually were buried.

PEPPER is coming in again from the East Indies and soon you will have all you can use.

AN ALL-PURPOSE HOUSEHOLD CLEANSER is on its way to you, in colored containers to match your kitchen. It has been especially designed to clean woodwork and the like without damage to the finish.

TWO-PURPOSE IRON: One of these days you'll be able to buy an electric iron with a detachable steam iron attachment. The combination won't be cheap, but it will be considerably less than if you bought two irons separately. YOU WON'T SLIP IN THE BATH TUB if you douse it with a few drops of a new protective film.

MORE AND MORE GOVERNMENT BONDS are being stolen. Keep yours in a safe place and be sure you have more than one record of their serial numbers.

A TRANSPARENT PLASTIC which lets light in but keeps out heat and glare will show up in a variety of beach wear and gear next summer. Another use: Packaging foil for picnic food.

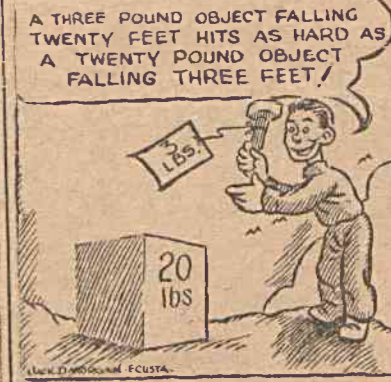
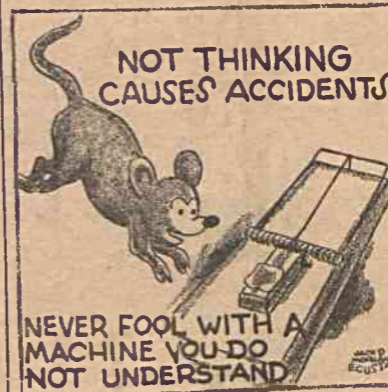
A NEW HOME RECORDING MACHINE will take down your favorite radio program if you're away when it goes on and play it back to you later when you have time to listen.

SAFETY PAGE

By H. E. NEWBURY, Safety Director

How True It Is!

"And the end is that the workman shall live to enjoy the fruits of his labor; that his mother shall have the comforts of his arm in her age; that his wife shall not be untimely a widow; that his children shall have a father, and that cripples and helpless wrecks who were once strong men shall not longer be a by-product of industry!"



"Horseplay Or Horse Sense"

Several articles have appeared in past issues of the Echo with reference to Horseplay throughout the plant. These articles were not directed at anyone in particular, but to those who persist in such childish acts while on the job.

Practical jokes and horseplay have no place on the job, and your co-operation is solicited in helping eliminate such unsafe practices.



What Is "An Accident?"

What does the word "accident" mean to you? Is it a broken finger, or a bruised foot, or maybe a severe burn? Those things are not accidents—they are injuries.

"Injuries happen as the result of doing something the wrong or the unsafe way too many times!"

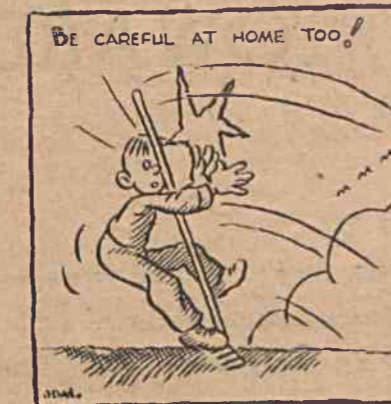
For instance, an employee, without thinking, will start running when on the way to lunch. The employee may do this once, or ten, or a hundred times and nothing will happen. But, finally, a wet walkway, an uneven spot in the road, or a small rock, and the result might be a broken arm or leg.

In other words, that person will get hurt sooner or later—they can't miss it—if they continue to run.

So, "an accident" is the unsafe act which causes the injury sooner or later.

If any employee follows the safe practice of Walking, not Running, the chances are that they will not be injured as the result of a fall. Remember, if we are going to cut out personal injuries, we must cut out the unsafe acts that cause the injuries.

Fires are easy to start and hard to stop.



Report all accident hazards immediately.
It's better to be sold on safety than shortchanged by an accident.
Taking precautions against accidents is the responsibility of everyone. Make it a rule to take no chances, either on or off the job.



"A Worthwhile Pledge"

I PLEDGE MYSELF: To think always of my own safety and the safety of my fellow-men.

To keep my eyes open for unsafe conditions and to take proper measures for remedying them.

To keep the machinery I work with and the tools I work with in good order.

To wear any personal protective equipment furnished by my employer, that may prevent injury to myself or fellow-workers.

To attend at once to the most trivial injuries I may sustain, whether in the plant or at home.

To be helpful to my fellow-men, and especially to the new men; to show them how their work can be properly and safely done.

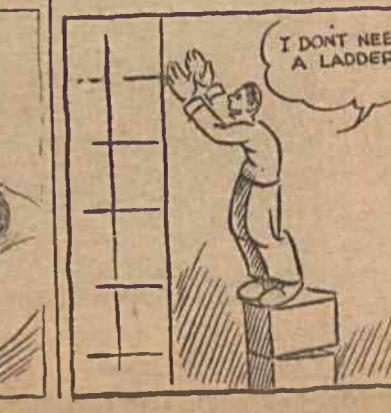
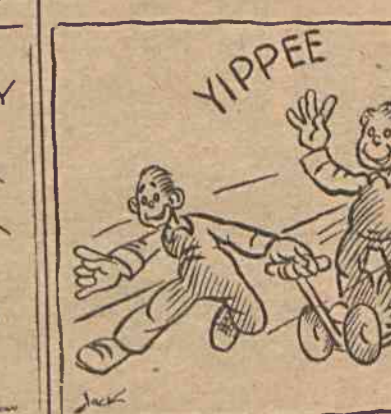
To be orderly in my habits, to lead a clean life, physically and morally, and to always keep my temper.

To make allowances for the other person's weaknesses.

To consider that day lost in which I fail either to improve myself, my home, or my work.

To be cheerful, hopeful, useful, and careful.

To always be loyal to my employer at all times.



We had much rather have a recommendation for safety than an accident report later.
Self-preservation is important to all of us.
An ounce of prevention is worth a pound of cure.
You can set a good example for your fellow workers, by practicing safety yourself.