# 00LSBY <br> LEANING 

This being a very short deadwe as well as a short month, I lave something here that I have sion. prepared for such an occaHong Here goes-Friendship has Pry been known as one of the to yous foiks thin existence. What is day by think about this? Let thonger by day strive to build a Panger friendship with every ${ }^{1} \mathrm{tron}$. This, in time, permits us kest wow each other better. The rest word I know to work with is there ation. A frown gets us noheore, a sour face and a long chin 4; neither bad on man or womat disposition looks nice reflecting drouch is wosition. A fault finder or wouch is welcomed nowhere. liendy in our homes. But a mendy smile is welcomed at all fich overywhere. Let us all meet 4other words the half way mark. d the to words treat others as we to to be treated. This all adds though formula for happiness. and safety cooperation, friendship biter production attain more and bised how troction. You will be suriper how much lift you can give ind a chen just with a friendly smile a cheerful word.
lts no wonder that they called ste lived plation that Adam and no sen on "paradise." They had ho income no mother-in-law
g Cos.

Here is something I believe if we minre we can really be called Let Shooters-
me walk among the toiler
4hd by ine I am on earth,
And judged monest toil, be
and judged of my worth;
And Within, men by the spirit
not th
cover me feel their skin.
it it of with stricken, al may their grief
let peal for relief: ei meal for relief;
let reasoning with an open and my treaning mind,
Dopinions treatment of others'
Let me minions be kind,
is mot tell a brother that
me way is best,
me laugh with the world. et sing and be glad,
Weary and the load of the open and sad,
o the earg their pleasure-deaf of fears.
few years back, a census came through here and colored yard where there
said, "Good morning, Lily. I yo to know taker and I would
know how many children
she says, "I'se just got old are they?" came the "luestion
ind on see now, I'se got one lap
yard youngun, porch child
one day youngun.
olfteday
left his cozy mud wandered pimama hog and the little ilde of of sour beer came up on a of it threwery. He drank so Was staggering. and try-
queal Way To Go song, "Show Me Me Go Home" When
Wim, she sushed the


MRS. LELA M. BAUMGARDNER, weaver for the Endless Belt Corporation, is shown above receiving the first check issued under the new health and accident plan announced for the three companies at the annual Christmas party. Presenting her the check is E. B. Garrett, Jr., Director of Personnel.

The last day Mrs. Baumgardner worked was January 7 and she underwent an appendectomy at the Transylvania Community Hospi. tal on January 9. She returned to work February 10 and received her check the next day.

In order that claims may be processed quickly and that there be no delay in receiving checks, the following information which appeared in the original announcement is again emphasized.

If you become ill or suffer an accident and it secms likely that your disability will extend beyond seven days, you should secure the proper form from the Personnel Department at once. If you are unable to come personally, a friend or relative can pick up the form for you, or it can be mailed to you.
little piggies off to bed and then scolded him saying, "Shame on you, papa hog, for making such a human being out of yourself in tront of the babies."

During this last election I over heard a voter tell a candidate:
"I would not vote for you you were St. Peter,"
The candidate cool and calm (name withheld) without hesita tion said, "You couldn't my good iriend, you certainly would not be in my district."

## ECUSTA

At the foot of the Blue Ridge mountains
Is a valley so cool and green, Stands a large cigarette paper plant
That answers our boss' dream.
Giant mountains that face it Repeat "frcedom from want" that's true,
Blue hills, clear waters abound there,
Echoing faith and security, too.
No other place where the moon shines
With that golden harvest bright, Where the air seems to be purer, Where troubles and cares seem so light.
Here you find close-woven friendships
That are sincere, warm and true; This beautiful plant is Ecusta, That means much to me and to you.
-John Goolsby.
"Some people never learn anything because they understand everything too soon."
-Pope

## "Achievements are like trousers -they become threadbare if you rest on them."

## For Men Only

When nature contrived man she probably didn't envision the agt of streetcars, elevators, and softcushioned rockers. And she probably didn't have the wildest idea about low-priced automobiles running on cheap fucl.
So, poor oid mother nature would get quite a shock out of the American man of today. A quick ride to work, with no use of the eg muscles, eight hours on a shift and then another ride home to the easy chair. Maybe after dinner comes the wifely command, or deinand for the movies. So it's hop into the jalopy to the movies for a couple of hours on leather upholstery.

Now just where dies that leave us in the eyes of mature? Pretty soft, brother, pretty soft. Not only do we not use the muscles the old gal gave us, but we don't even get 15 minutes of really fresh air each day.

And if you think maybe that isn't important, take a look at the average son or daughter of the American society. Maybe they're in college. So they go from one class to the other-sitting down At ages of 17 on up, they can't maintain their own bodies for an hour without support.

All this adds up to just one thing. Sure maybe we work hard and long. but a five minute walk once a day in the fresh air sure would help. Or, if you really want to go to extremes, 15 minutes of nightly calisthenics in a room with on onen widow might help to start the blnod circulating.
Then maybe Dame nature might not sive you that queer look when she surveys the situation. Yes, she might even recognize you as a

## CONGRESS ALLOWS MORETIINE TO VETS

Ex-Service Men May Reinstate Life Insurance Until Aug. 1

As an inducement to veterans to reinstate their National Service Life Insurance, congress has re sently extended the time for reinstatement from February 1, 1947, until August 1, 1947. Veterans connected with our companies are asked to note this extension and isked to note this extension and
if they plan to reinstate their policy, the Personnel Department will be glad to offer assistance. N. S. L. I. offers a maximum of henefits at a minmum cost to the veteran. The policy is designed solely for veterans and offers security supported by the United States government.

## Red Tape Cut

The new amendments to the bill have cut much of the red tape and make for clearer understanding. The policy now provides for lump sum or cash settlement to the .eneficiary, has no restriction on te naming of the beneficiary, offers six different permanent standard plans and provides for disability coverage not granted by commercial companies. The rein statement privileges are liberal and statement privileges are liberal and must be paid and a statement provided to the effect that the health of the veteran is as good as when he policy lapsed.
The six standard policies open 'o the choice of the veteran are: Ordinary Life, 30 -pay Life, 20-pay Life, 20 -year endowment, endowment at age 60 and endowment at १ge 65. The Personnel Department has recently received conversion charts on each of these six plans and will be happy to assist any vetorans who are interested in any of them.

## Our Book Corner

(Continued From Page Four)
Lincoln confined not only to gifted biographers but to letters and excerpts from works of politicians, newspaper reporters, lawyers and cthers. Entertaining and historically accurate, it gives a step by step picture of Lincoln's varied and interesting life.

Recently a part of our Ecusta Library are the following new arivals: The Case of The Borrowed Brunette, Erle Stanley Gardner; Mr. Adam, Pat Frank; The Fall Of Valor, Charles Jackson; Return To Salna, Mazo de la Roche; Royal Street, Adolphe Roberts; New Oreans Woman, Hartnett Kane; Their Ancient Grudge, Harry Harrison Kroll; The Devil Is A Lonely Man, Morrison Wood; The Angelic Avengers, Pierre Andrezel; Thunder Dut of China, Theodore White and Annalee Jacoby; Hiroshima, John Hersey; Alice's Adventure In Wonderland, Lewis Carroll; Balzac, Stefan Zweig; and A Treasury or Grand Opera.
"If we stick together we can lick anyone we have to fight. If we stick together intelligently we will never have to fight."
-Gen. Dwight D. Eisenhower
"The test of courage comes when we are in the minority; the test of tolerance comes when we are in the majority."
-Rev. Ralph W. Sockman

