

TEN YEAR CLUB

The following employees have become eligible for the Ten Year Club during the month of October:

| | |
|---------------------------|-----------------------|
| Ralph J. Brown..... | Cellophane |
| Clarence W. Isreal..... | Refining |
| Charles Ray, Jr..... | Plant Research—Calif. |
| Clarence L. Allison..... | Power |
| Edward L. Brackett..... | Refining |
| Woodson J. Metcalf..... | Maintenance |
| Albert J. Lyday..... | Machine Room |
| Henry L. Heatherly..... | Cellophane |
| Ollie H. Bryson..... | Gate |
| Clarence V. Green..... | Gate |
| James M. Rigdon..... | Yard Crew |
| Fred Miller..... | Machine Room |
| Woodrow W. Smallwood..... | Maintenance |
| Carl R. Baynard..... | Maintenance |
| Harold J. Runion..... | Maintenance |
| Coleman Scott..... | Inspection |
| William W. Westall..... | Maintenance |
| Ector L. Capps..... | Cellophane |
| Thomas E. Heaton..... | Maintenance |
| Leonard B. Marlowe..... | Maintenance |
| Ingomar McCall..... | Maintenance |
| David L. Simms..... | Champagne |
| Oren Burgin Maffitt..... | Maintenance |
| Roy E. Porter..... | Maintenance |
| Dewey M. Burns..... | Maintenance |
| Bruce H. Cassell..... | Maintenance |
| Hunley W. Mehaffey..... | Filter Plant |

FIVE YEAR CLUB

The following employees have become eligible for the Five Year Club during the month of October:

| | |
|--------------------------|------------------------|
| T. Avery Benjamin..... | General Mill (Janitor) |
| Alexander J. Duris..... | Main Office |
| Clifford L. McCall..... | Inspection |
| Otis Gaynard Morgan..... | Main Office |
| Van E. Huggins, Jr..... | Inspection |
| Gerald Fowler..... | Electrochemical Plant |
| James B. Shook..... | Cellophane |
| Frank O. Fisher..... | Maintenance |
| Artee Norman..... | Porter—Main Office |
| Sims Blanton..... | Cellophane |

TEN SAFETY RULES OF HEALTH

1. Go less, sleep more.
2. Ride less, walk more.
3. Talk less, think more.
4. Scold less, praise more.
5. Waste less, give more.
6. Eat less, chew more.
7. Clothe less, bathe more.
8. Idle less, play more.
9. Worry less, laugh more.
10. Preach Less, practice more.

It's still a free country when a man can do as his wife pleases.



HOW OLD IS SANTA CLAUS?

Well, the one you see on the thumbnail sketch, with the double-barred cross, is a very healthy chap of 45. He represents the 45th annual Christmas Seal sales in the interest of saving people from the dreaded tuberculosis plague. He has helped to save five million lives within his time, which would have perished only for the help of those who bought Christmas Seals.

Buying Christmas Seals has become quite a holiday custom. And well it is, for T. B. continues to be the cause of more deaths than all other infectious diseases combined—at the rate of about 100 a day. It is therefore still a major health problem in the U. S. But only in a country like ours, with a popular form of government, could Christmas Seals become a tradition. It means folks have a heart and a hand in a common cause for the good of the people at large. In 1950, for instance, more than 12 million families bought Christmas Seals. No one compelled them to do so—they *wanted* to help as free individuals. And by buying Christmas Seals they helped to advance the control of our most lethal contagious disease.

Since the campaign against tuberculosis began, the death rate from this cause has been forced down 85 per cent. At present approximately 500,000 persons in the U. S. are afflicted with active infection.

Everyone can give pleasure to others. Some achieve this by entering a room and others achieve it by leaving.

Tea or coffee stains on cups may be removed by wiping them with a damp cloth dipped in baking soda.