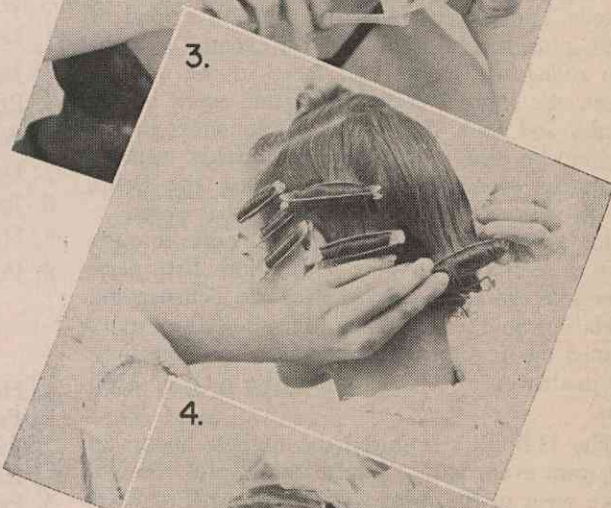




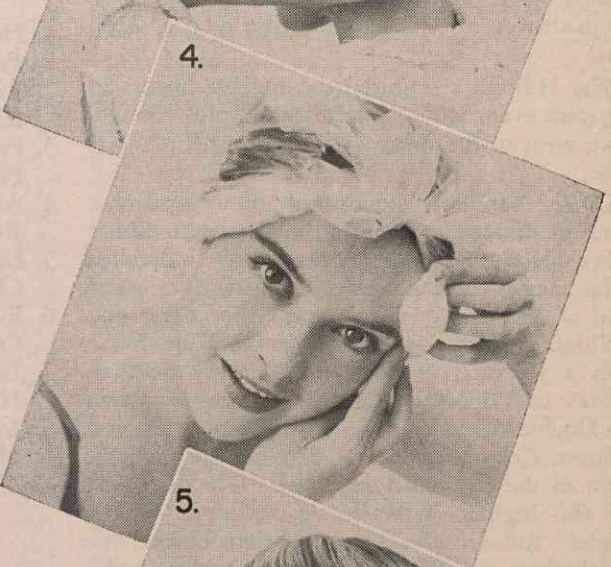
1. Before rolling a strand of hair, wet it thoroughly with the curling solution. You may find a strip of cellulose sponge handy for this since it holds the solution in sufficient quantity. The hair need not be "dripping" wet, but should look and feel moist.



2. Comb through hair strand before starting to turn your curl. Then, using as many end papers as you need to hold uneven hair ends, begin at the tip of the hair strand to roll your curl. If short strands of hair escape from the main section you are rolling, another end paper will hold it in place until it can be rolled in with the rest of the curl.



3. If you want only an end permanent, roll all your curls one turn above the spot where you want your first wave to appear. For the poodle or the other very short hair cuts, roll all of the curls quite close to the scalp.



4. The plastic, tie-on turban that comes in a Lilt kit looks pretty and serves the practical purpose of preventing evaporation of the curling solution. Since it is plastic it also keeps body heat in, allowing the curling solution to act uniformly on all curls. A bit of cotton tucked around the edges catches any solution that may drip from the curls.



5. It is always wise to take test curls, so you will be able to stop the curling with fixative when you have just the amount of curl you want. This second solution causes your curl to become permanent and allows you to unroll your hair from your permanent wave curlers and set it in the style you want. Shown here is the popular bouffant hairdo. The smooth top and bouncy loose ends are right from the moment permanent is finished.