

ingles

Expect More From Your Local Store!



FIND US ON FACEBOOK!



FIND US ON TWITTER!

Score Big With These Savings!

The Ingles ADVANTAGE FUEL REWARDS

SAVE
5¢ 10¢ 20¢
and more... PER GAL
ANY GRADE



\$1 in Groceries* = 1 Point

WHEN YOU EARN	YOU SAVE PER GAL
100 pts	5¢
200 pts	10¢
300 pts	15¢

Save 5¢/gal per 100 Points Earned
Re redeem on One 20 gal Fill-up
See Store Associate for Details*

Earn Unlimited Gas Savings!

ingles Gathering

Visit the Ingles Family Gathering Spot on the Ingles website for easy family friendly recipes from some of our regions favorite food bloggers.



www.ingles-markets.com

INGLES PREMIUM CERTIFIED USDA CHOICE BEEF BONELESS RIB EYE STEAK
All Sizes
\$7.98 Lb.

FRESH CRISP HEAD LETTUCE
SAVE UP TO .90 ea.
88¢ ea.

PIT HAM
SAVE 1.51 Lb.
\$4.98 Lb.

EDY'S ICE CREAM
48 Oz. - Selected Varieties
SAVE 5.96 ON 2
2/\$6 for

PORK BABY BACK RIBS
All Sizes
SAVE UP TO 1.90 Lb.
\$3.48 Lb.

FRESH LEAN GROUND CHUCK
3 Lbs. or More
SAVE 1.10 Lb.
\$2.88 Lb.

TYSON FRESH BONE-IN SPLIT CHICKEN BREAST
Family Pack
SAVE 1.40 Lb.
\$1.18 Lb.

CHILE SEEDLESS GRAPES
Red or White
SAVE 1.00 Lb.
\$1.98 Lb.

LAURA LYNN™ BUNS
8 Count - Hamburger or Hot Dog
SAVE 1.84 ON 3
3/\$2 for

LAY'S POTATO CHIPS
9.5-10.5 Oz. - All Varieties
SAVE 2.31 ea.
\$1.98 ea.

KRAFT MAYONNAISE
30 Oz. - Selected Varieties
SAVE 1.30 ea.
\$3.98 ea.

SWEET BABY RAY'S BBQ SAUCE
16 Oz. - Selected Varieties
SAVE 1.98 ON 2
FREE

LAURA LYNN™ CHEESE SHREDS OR BARS
2 Lb. - Selected Varieties
SAVE 1.00 ea.
\$6.48 ea.

NABISCO SNACK CRACKERS
3.5-10 Oz. - All Varieties
SAVE 1.83 ea.
\$1.98 ea.

LAURA LYNN™ BOTTLED WATER
12 Count - Selected Varieties
SAVE UP TO 3.52 ON 3
3/\$5 for

STARBUCKS 12 OZ BAG COFFEE OR 10 COUNT K-CUPS
Selected Varieties
SAVE UP TO 3.00
\$6.98 ea.

PEPSI FAMILY OF PRODUCTS
Limit 4 - 12 Pack Cans
Quantities Less Than 4 will be 5.55 ea.
When You Buy 4 Final Cost
4/\$12 for
SAVE UP TO 10.20 ON 4

PEPSI FAMILY OF PRODUCTS
8 Pack - 12 Oz.
Quantities Less Than 4 will be 3.98 ea.
When You Buy 4 Final Cost
4/\$12 for
SAVE UP TO 3.92 ON 4

LIPTON (Where Available)
12 Pack - 500 mL
SAVE UP TO 1.00
\$4.98 ea.

STARBUCKS FRAPPUCCINO (Where Available)
4 Pack - 9.5 Oz.
SAVE UP TO 1.54
\$4.98 ea.

AdvantageMail™ REWARDS
Must be a member to get this price. Sign up now at ingles-markets.com

Nichols Farms Pistachios
10 Oz. Roasted Salted
\$3.98
Valid through 2.1.14

Prices good January 26 through February 1, 2014.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	31	1
JAN	JAN	JAN	JAN	JAN	JAN	FEB

American Owned & Operated!
Visit Us At www.ingles-markets.com or

For Store Locations, Or For Store Numbers Visit: www.ingles-markets.com Or Call Our Customer Service Number : 1-800-635-5066
NONE SOLD TO DEALERS. WE RESERVE THE RIGHT TO LIMIT QUANTITIES AND CORRECT TYPOGRAPHICAL AND PHOTOGRAPHIC ERRORS.

WE ACCEPT:

UP TO 50¢ DOUBLE COUPONS EVERYDAY
For complete Double Coupon Policy See store for details. Certain other restrictions and limitations apply.