**Feelings** 

They can be surrendered to...

...or subjugated

But never escaped!!

by Jay Kaiser

Hold me...

feel my warmth

embrace me tightly

Hove your stength

caress me..

touch me tenderly

stroke me delicately

you are an artist - submerged

love me...

arouse my soul

lie still - then boil

overflow

by Jacqui Poole

To My Friend

Please, my friend, Be patient with my impatience -I do not mean to rush through life. Be my friend, Tolerant of my anger -It will pass like any storm. Understand, my friend, my fears -Be sympathetic of my tears -I do not cry often. Respect my silence -For it is mine. Share with me, my friend, My joys and happiness, My moments of triumph and victory -They multiply in numbers. Believe in me, be my friend And love me, as I love you.

by Lillian Goss

A Battalion of wheelchairs guards the entrance, So-much-Flesh-and-bone Waiting for visitors never coming. Beached Jellyfish wishing for a wave.

Orderly hoisting vegetables into chairs, Urine sacks of Potatoes sitting, Staring the stare of senility With their ain't-life-abowl-of-cherries smiles.

Must be nice in your second childhood.

by Chuck Davis



A Hand
The world in a palm
two hearts in two hands join;
a life in a hand
great love in a hand.

The world in a palm all hearts in two hands join; all lives in a hand great love in a hand.

by Stephen Mickey

The sun sets slowly,
leaving little height,
While everything is silent.
In creeps the night.
The flowers close their petals,
The birds end their song,
And down in the little meadow,
A lark for morning for morning longs
And as the sun comes up,
And morning fills the air,
The world is awakened
From another bad nightmare.

Day and Night

Beyond

by Todd Murphy

To beyond the edge I travel
Slowly, yet I will unravelAs I roll. The
Place of emptiness is smaller,
But eternity is tallerAs I roll. As
I look back and feel exalted
I snag and stop and there am halted
Until I put away my pride
And look unto the empty sideTo beyond the edge. I travel
Slowly, yet I will unravel
As I roll.

