

President Serves the Country Dutifully

by Ryan Bauslaugh

America needs Bill Clinton.

I think the entire Monica Lewinsky scandal is a burden to our country. This whole ordeal should never have gone this far. Why are Americans always questioning Bill Clinton? He is a wonderful President. At this point, it does not really matter if Clinton had sexual relations with Monica Lewinsky or not because in the public eye the damage is already done.

I do not think President Clinton has done anything wrong. It

Are You Getting Cafeteria Sickness?

by Walter Hackett

OK Kids! It's what we've all been waiting for! A Revolution! A circular change to a direction completely opposite from that previously taken. This is a call for Food Revolution! Stop the MSG! Can the Chemicals!

Have you noticed, since living here at Brevard and subsisting under the "Brevard College Nutritional System" that you get sick more easily than before, that your body may not be getting all that it needs, that your stomach has a dull, aching throb as you leave the BC Cafeteria?

There are reasons.

When I arrived at Brevard, I began eating at the Café with all of my friends. (It's very hard to eat anywhere else because you're always broke when you're in college). And right off, I was stricken with the basic signs of "Café Sickness". Before I could finish my plate of food, I would feel unnaturally stuffed, full to the brim without having eaten half of my sandwich, a salad, and half of a dessert. Half a sandwich is hardly a fitting meal to fill an eighteen year old boy's growing (or in this case, shrinking) stomach. About ten minutes following the full, tugging feeling would come the uncontrollable need to spend a little time sitting down on the toilet. Ten minutes is not even close to enough time for your body to extract enough vitamins and minerals from food for proper health, supposing, of course, that the food you are eating has nutritional value in the first place.

The Circle is unending; eat, smoke to control tummy pangs, take a poop, go to class, eat, smoke, take a poop. It is sick.

Have you noticed the regularity of such symptoms as these?

CARDIAC: Arrhythmias; Extreme drop in blood pressure; Rapid heartbeat [tachycardia]; Angina; Cardiac Arrest Symptoms.

CIRCULATORY: Swelling; Fluid Retention.

MUSCULAR: Flu-like Achiness;

has now been released that Ms. Lewinsky visited the White House 37 times after her internship was over. The extent of the affair, if there was one, does not matter to me. If Hillary Clinton, his wife, has come to grips with the situation (and let us remember this is not the first time sexual allegations have been brought up against him), then why can't the rest of America. What I am implying is that this is a personal affair and it should be solved in private between Clinton and his wife, and not in the courts.

Joint Pain; Stiffness

NEUROLOGICAL: Depression & Mood Swings; Dizziness;

Light-headedness; Disorientation; Mental Confusion; Anxiety; Panic

Attacks; Hyperactivity; Behavioral Problems in Children; Lethargy;

Sleepiness; Insomnia; Numbness or Paralysis; Migraine Headache; Slurred Speech; Meniere's Disease; Tinnitus.

GASTROINTESTINAL: Nausea; Vomiting; Diarrhea; Stomach cramps; Irritable Bowel; Bloating.

RESPIRATORY: Asthma; Shortness of Breath; Chest Pain; Tightness; Runny Nose; Sneezing

I don't know about you all, but I have surely noticed a lot of these symptoms in my friends and myself while living in the dorms at Brevard College, even the disoriented, confused, mood swings apparent in the RD's! It is highly possible that these things are not normal, are not statistically OK. It is highly possible that people are experiencing ill effects from the cafeteria's overuse of the chemical additive, Monosodium Glutamate, or MSG. The drug is used as a "taste enhancer", a meat tenderizer, and an all around food preservative. It is used by fast food restaurants to make their Combo Meals the perfectly filling meal they are by chemically altering the meal with MSG to trick your tummy to be more full with less food. The same thing is done in industrial grade cafeteria food to speed the process of a lunch hour so that more people can eat less food in less time.

The same is true in many Chinese buffet-type restaurants that may be "all you can eat" buffets; however, one can only eat a very small amount of food before one becomes unbelievably full.

So, next time the Cafeteria puts out a food quality questionnaire, fill it out! Change the things that hurt you! Be aware of conditioning and manipulation before you are programmed right into society's desktop trash bin. Speak up for the earth!

The media seems to love knocking Bill Clinton down. The man has been hounded over and over again for his personal affairs. I do not understand why the press cannot just leave the poor man alone. Nobody is perfect. Clinton has even admitted making personal mistakes (including pain in his marriage) in the past. Let's face it, Bill Clinton does his job and he does it well. Whitewater, Paula Jones, Monica Lewinsky, and anything else the media has blown hot air into has not stopped Clinton from having an outstanding campaign. Would it not be better for the country if the media would focus on the fact that our economy is wonderful, employment is up, and inflation is down? Without Clinton things would probably not be going so well. Reporters need to wake up and realize that

when they bash Bill Clinton they are bashing America.

Additionally, this guy Kenneth Starr has to be stopped. He is making a mockery of not only President Clinton, but of our entire judicial system. What kind of country sends its leader to sit on the stand like a lowly sex offender? About hundred years ago, Starr would probably be found guilty of treason and banished for the traitor that he is, because that is what someone who is out to get the president is, a traitor to our nation. Clinton should not have to justify himself to this guy or any other on this matter. It matters very little to me if he lied or not, because if he did lie, it was to save face. It is not like he sold nuclear bombs to a hostile country. No, he just could not keep his pants on. So what?

America needs him.

Inform Us... You don't even know what you're saying!

by Lisa Jerrett

As a native Transylvanian, I have grown accustomed to the snow. I am now in my third year at Brevard College, and up until recently, it has snowed only over Christmas Break. But, my luck decided to change.

On Tuesday morning, February 3, I awoke to a Winter Wonderland. It was beautiful outside, but I was truly hoping classes were cancelled. Driving from Rosman to Brevard on a pretty day is no problem. Driving from Rosman to Brevard in the snow, in a two wheel drive vehicle, is no fun! The local news was saying nothing about school being cancelled. So, I used by own judgment, fighting a cold anyway, and stayed home. It was not until 9:00 am that I found out that classes were cancelled. That did me no good. You see, my first class was at 8:30 am. Another commuter called about 8:00 am and asked if classes were cancelled. When he heard they were not, he got to school about 9:00 am, only to hear that classes had just been cancelled. This, in my opinion, is ridiculous.

Would it not be better to cancel classes early enough to make the announcement before 8:00 am? This would save students who drive from places such as Asheville, Waynesville, and Hendersonville from getting in dangerous situations. Also, that would help teachers who have to drive these distances, also. Then students who do make it to school would not run the risk of canceled classes because the teachers could not make it to work.

We are in the mountains of Western North Carolina where we truly do not know what Mother Nature is going to give us next. The next time classes are cancelled because of snow, it would certainly save a lot of worry if it was announced before 8:00 am.

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