



Louisburg College

Entertainment

Horoscopes

by Kiejah Dionne

Pisces: You are now more relaxed than you were before, but be careful, because there is trouble in store. You do not know where it's coming from, but be sure once it hits, it will stop your fun.

Aries: After Christmas break, you feel better that we are not having so much cold weather, just remember to treat unto the way you would like people to treat you.

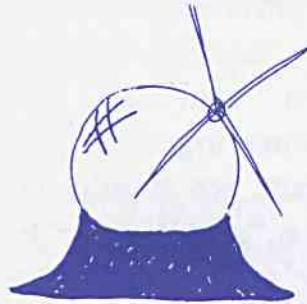
Taurus: You have calmed down a little bit and had some time to reflect, now it is time to pick up those books...with much to your regret. (You think, "Why did this have to be my shortest break yet?")

Gemini: It is time to get yourself rooted again, but you do not know where to start. Ask your friends for advice, then perhaps get employed and go to work.

Cancer: All chaos breaks loose this time of the year, but never fear, the clouds will soon disappear.

Leo: Your luck is beginning to soar, you have good things galore, but something will happen in a short time that will put you in your prime.

Virgo: You have stuck with your decision, and your friends



respect you more for it. Now it is time to make another commitment, to a friend, to a loved one, it really does not matter, but in the end of it all, you will feel better.

Libra: The future looks dark for our little Libra. Hold your head high and keep doing your best. After you finished though, you might need to take a rest.

Scorpio: You are a lot happier than you were before, a rush of good luck you will endure. Enjoy it while it lasts, because it will quickly be in the past.

Sagittarius: You have a lot of homework to get done, but you do not want to spoil your fun. It is time to put that Playstation away and get your work done today.

Capricorn: You got your room clean, you got a new sweater. Go and hang with a friend for the day, it will be for the better.

Aquarius: Your lifelong friend is becoming a pain, in fact, he/she is driving you quite insane. Put them back in their place, and help yourself in saving some face.

Dear Gabby

by Kiejah Dionne

Dear Gabby, I have a problem. See, I don't like to eat a whole lot because I constantly think I'm fat, and when I do eat, I make myself vomit the food up when I'm done because I'm afraid that I will get fat. But lately, I've been getting sicker, but I can't stop. Please, help me.

Sincerely,

Totally Desperate

Dear Desperate,

You need to eat a regularly balanced meal every day in order for you to function normally. Starving yourself in an attempt to stay thin is dangerous to your health. The illness you have is an eating disorder, commonly known as bulimia. This is a VERY serious problem. You are making yourself sick because of this illness. You could have heart problems or die if you continue with this dangerous life-style.

I would strongly advise you to seek help immediately. I am very concerned for your welfare. See Counseling Advisor Dr. Becky Anstead, or infirmiry nurses Wendy Cannon or Bess Williams for this problem, to help you get back on track.