

# No. of male, female virgins the same

(CPS)—Popular rumor has it that the student of 1978 is tending toward "a new conservatism." While that view is contested by many of today's students it may hold true for a topic close to many a student—sex.

A nationwide survey of sex on campus, taken in 1976, found equal numbers of male and female virgins (26 percent), with sexual attitudes flavored by the women's liberation movement. However, recent spot surveys from around the country reveal a resurgence of some supposedly dated patterns: There're still more men than women sexually active, and men and women still differ drastically over the relative importance of sex and love.

One thing that has remained stable, though: the number of sexually active students, with traditionally conservative southern universities showing no exception. In fact, southern students sometimes exceed the latest national average of 74 percent. A survey at Clemson University (South Carolina) found only 11 percent of the men remaining virgins, and a University of North Carolina-Wilmington survey turned up only eight percent of the students swearing virginity.

But the ratio of sexually active men to women consistently differed, with 10 to 40 percent more men indulging in sex. The reason may have most to do with the importance of many women of an emotional commitment prior to sex.

For example, a survey at Duke University indicated two-thirds of the women felt such a commitment necessary for a "sexual encounter." But while this percentage was similar for Duke's virgin men, the non-virgin men differed radically. Two-thirds said a commitment wasn't necessary.

The same response was echoed at New Jersey's Farleigh Dickinson University, where 66 percent of the males but only 36 percent of the females surveyed said they thought it was okay for a sexual partner to be a casual acquaintance. And a poll at California State Polytechnic University showed the same sentiment. Men cited sex as the single most important factor in keeping a relationship going. Women put sex fifth on the list, below such factors as love and meeting mutual needs.

The differences in male-female attitudes cause tension in relationships, the surveys indicate, but seems to be accepted as inevitable. "A

woman always gets emotionally involved when there is sex, where a guy doesn't necessarily," explains a University of Houston man. A State University of New York-Cortland male student blames parental influence. "I believe sex has brought me closer to many girls I fooled around with," he said. "However, I also know that some girls just can't have it that way because of the job

their parents did on them."

The confusion over conflicting attitudes is undoubtedly making many students defer sexual relations. Yet Allan Bell of the institute for Sex Research predicts there won't be any big decrease in the number of sexually active students. He foresees a campus trend towards "permissiveness with affection."

## News Notes

### Selection of Miss Black Ink

The BSM will sponsor a Miss Black Ink Pageant this semester. Competition will be in the areas of essay, talent, and gown. Anyone interested in either helping or participating in the endeavor is to sign up in the BSM office or contact Vivian R. Carlton (933-7364 or 933-8345). Please help your BSM! . . . Please note, this is not a beauty contest!

### Minority workshops in Feb.

Are you having anxiety pangs and sweating palms because of job interviews, test and-or speeches? Well those pangs can cease or at least become less severe because the University Counseling Center is providing helpful workshops in these areas especially geared toward minority students.

Job interviewing tactics containing points on preparation, control and other general information will be given February 19 at the University Placement Services, 201 Hanes Hall from 7-8 p.m.

If you are not quite ready for the job interview all of us have to take test. The test taking workshop examines the causes of test anxiety, test-taking strategies and ways to prevent counter-productive self-statements. It will be held February 12 from 7:30-9 p.m. at the University Counseling Center. Bob McDonald and Alice Lawler will be the leaders.

Finally on February 27 a speech anxiety workshop will be held from 7-9 p.m. at the University Counseling Center. Leaders will be Doug Spain and Dave McNair. This is designed for those who find public speaking an uncomfortable experience.

### Health careers for minorities

CHAPEL HILL—The third annual minority health conference at the University of North Carolina at Chapel Hill on Feb. 21-22 will focus on coping with minority health problems where they originate.

The free, public seminar entitled "Reaching Minorities Where They Are: A Challenge to Health Professionals," is sponsored by the Minority Student Caucus and the Student Union Board of the School of Public Health.

Notable health professionals such as Dr. George I. Lythcott, an administrator with the Health Services Administration of the U.S. Department of Health, Education and Welfare, will speak.

William Small, dean of student affairs in the UNC-CH School of Public Health, said speakers will examine health conditions in institutions such as prisons, industry, schools and urban and rural communities.

The conference aims to increase awareness among students, faculty and community members regarding minority health concerns, Small said.

There is no registration fee for the conference, but participants are responsible for their expenses. Further information may be obtained from William Small at 966-4152.

### Appearances at Arts Festival

CHAPEL HILL—Artists, writers, composers, dancers, actors, and filmmakers will gather at the University of North Carolina at Chapel Hill March 16-25 to celebrate fine arts in the 1970s.

Weeklong activities of performances, workshops and discussions will be part of the Fine Arts Festival, a biennial event that began on the UNC-CH campus in 1965.

"The festival attempts to foster a lively and provocative atmosphere for a discussion of the arts today," said Laura Prange, co-chairperson of the festival. "The idea for this gathering dates back to the early 1940s when Richard Adler, later known as a Broadway composer, organized what was then called Carolina Workshop."

This year's festival, under the direction of graduate and undergraduate UNC-CH students of the Fine Arts Festival Committee, will feature appearances by such artists as Nancy Spero, feminist visual artist; Ntozake Shange, award-winning poet and author of "For Colored Girls Who Considered Suicide When the Rainbow Wasn't Enough." Jonas Mekas, critic and filmmaker; Nam June Paik, pioneer of the use of videotape; Eliot Eisner, art educator; Howard Stein, Village Voice drama critic; composer-conductor Lukas Foss, and artist Hans Haake.

Performances by the Touch Mime Troupe and the Roosalind Newman Dance Com-

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## Average student six pounds heavier than ten years ago

(CPS)—Students may not pick up the cause of Fat Liberation in a big way, but many are picking up on the fat. 18-24-year-olds are an average six pounds heavier than their counterparts of ten years ago, reports a recent federal survey. For students wanting to shed some of those pounds, their schools are coming up with some innovative ways to get them dieting.

Most student health centers will provide basic diet information, but the health service at Marshall University in Huntington, W. Va., goes a step beyond. They offer a free weight loss clinic, where students sign a contract to change their eating habits for a certain length of time. Exercise and nutrition are also part of the program, which is apparently successful. One student lost 20 pounds in less than two months.

Marshall's food service and P.E. department took dieting to the cafeterias and the gym, with lectures on exercise, junkfood, and low-calorie nutrition.

The psychology department at Wayne State University in Detroit is using behavior modification techniques in their weight reduction clinics. The most effective may be their requirement of a \$25 deposit, which is returned in \$2 amounts at each subsequent meeting attended.

Other methods require students to eliminate all extraneous stimuli at mealtime (like TV, radio, or book), keep a very specific record of what, where and when food is eaten, and hop on a scale at least four times a day. At one session, students are required to bring along a member of the household, who is urged to give positive reinforcement to the dieter.

A clinic survey found that everyone had lost at least six to seven pounds, with an average weight loss of 17 pounds, and that 75 percent of the participants had maintained the weight loss for six months.

Help others achieve the college opportunities you already have!

## Upward Bound

We are continuing our tutoring service to area high school students, and we need your help.

If you can spare two week days or two Saturday mornings per month, please apply for one of our tutorial positions.

Applications are in BSM Office in the Union and in the Upward Bound Office, 201 Vance Hall.