



Debbie Casey (left), Miss Wheelchair North Carolina 1983-84, visited the UNCW campus November 15. She met with the "Introduction to Special Education" class and with the Student North Carolina Association of Educators. As Miss Wheelchair, Casey is the spokesperson for the handicapped in North Carolina. She says she wants "to contribute to better rapport between the able-bodied and the disabled, to clear up misconceptions about handicapped people, and to foster good will among all North Carolinians." Casey, whose disability is Friedreich's Ataxia, hopes that attitudinal barriers will be broken through an exchange of ideas at sessions such as the ones at UNCW. "No longer will I be confined to a wheelchair; I can be a person who uses a wheelchair," says Casey. With her in the photo is Dr. Carol Chase Thomas, assistant professor of curricular studies at UNCW, who invited Casey to speak on campus.

Schweitzer International Prizes Recognize Excellence Worldwide

The 1985 Albert Schweitzer International Prize in Medicine was funded recently by a \$5,000 donation from the Burroughs Wellcome Fund, a private, non-profit foundation supported by Burroughs Wellcome Company. Headquartered in Raleigh's Research Triangle Park, Burroughs Wellcome discovers, researches and manufactures pharmaceuticals for humans and animals. Burroughs Wellcome presented the check to the North Carolina Educational, Historical and Scientific Foundation, sponsor of the Schweitzer Prizes.

The Schweitzer Prizes are awarded every four years to recognize excellence in medicine, music and the humanities, the three areas in which Schweitzer excelled. UNCW hosts the prize ceremonies.

The Albert Schweitzer International Prizes probably would not exist today without the efforts of Dr. Gerald H. Shinn, professor of philosophy and religion at UNCW and director emeritus of the prizes. Over the years, Shinn has worked tirelessly to bring attention to the prizes—as well as money into the coffers of the foundation to support the prizes.

A nomination council is currently being named. Shinn hopes that eventually the council will have members from every county in North Carolina, every state in the United States, and every country in the world.

Nominations for prize recipients are made to the Rev. Professor Hugh Anderson, professor of New Testament at Edinburgh University Divinity School, Edinburgh, Scotland, chairman of the council. Once nominations are received, Anderson convenes a secret selection committee. This committee will name the recipients, who will come to Wilmington to receive their prizes.

The next ceremonies are scheduled for March 18-22, 1985.

Friends of UNCW Help the Campus Grow

They help you in the bad times. They share the good times. They make you feel special on occasions like Christmas or birthdays.

Everyone likes friends.

But friends need not be limited to individuals. People can be friends of something bigger than themselves. And that is what the Friends of UNCW are: some of the best friends the University of North Carolina at Wilmington ever had.

The Friends of UNCW began as the Friends of Wilmington College in 1963. The college's most desperate need at that time was expanding its library. With the help of its Friends, Wilmington College increased its library holdings from 11,000 to 50,000 in a short period of time. Through the Friends' efforts, the library also received its accreditation. As the college expanded its educational programs to become a university, the Friends broadened their support to other educational areas besides the library.

For Christmas last year, the Friends gave UNCW—gave the students—a wide-screen television for the University Union. When the union, which opened last March, was planned, space was allotted for a TV lounge. The second-floor lounge is used constantly by students taking breaks from classes. It gets especially crowded during some of the more popular daytime soap operas.

Another gift to UNCW that the Friends helped

with was the Wells Fargo Fitness Trail, for which the group donated \$1,500. The fitness trail, which begins near the campus tennis courts and winds around the athletic fields to Brooks Field and back, is already widely used by students and faculty.

"I've had more comments about the TV and the fitness trail than any other thing we've done," says Connie Yow, current president of the Friends. "Everyone is so enthusiastic about them. We're so pleased to be able to help the university where they really want it."

Yow has been a member of the Friends since 1968, and is a former UNCW and Wilmington College student. "I remember, when I was taking courses, that the library was so limited," Yow says today. "It was a pleasure to be able to help the school get better library facilities and more books."

"It's been so great to see UNCW grow and come into its own, the way it has since I've been involved," Yow continues.

Sometimes people mistakenly think the Friends of UNCW are a group whose only mission is to give to the school's library. Not so, according to Yow. When the Friends organized, the library was the part of the college that needed the most help. But since then, most other areas of the campus have been touched by the good will of the Friends. Since a group of local citizens organized the Friends in

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Exercise for the Health of It

The new \$8,000 jogging course/fitness trail at UNCW, partially paid for by the Friends, is a boon to anyone on campus who wants to get healthy or stay that way. The 1½-mile course has 20 exercise stations, the first four of which are next to the tennis courts near Trask Coliseum. The path runs behind the softball field, loops by the outfield of Brooks Field, and ends behind the soccer field.

Designed to promote lifelong fitness, the course includes a variety of warm-up, conditioning and cool-down exercises to be done together with jogging. The course is good for the university, says Dr. Lucinda Hollifield, assistant professor of health, physical education and recreation. "It fits in with the objectives of the physical education 101 class," she explains. "Through P.E. 101, students will design an individualized exercise program that leads to lifelong fitness."

"The course also provides good recreation for

those who like to exercise in their free time." UNCW students, faculty and staff may use it.

The 20 exercise stations include stops for sit-ups, push-ups, chin-ups, leg presses, body lifts, and other exercises to increase a person's muscular strength and endurance. According to Hollifield, cardiovascular endurance is enhanced by running between stations.

Hollifield and other HPER faculty saw the Wells Fargo jogging course at a health conference in 1981. But it wasn't until this year that UNCW was able to put together the money to buy it. Wells Fargo gave the school a \$2,500 grant, but the major contributor was the athletic department. Athletic Director Bill Brooks was able to use some of the money from a physical activity support fund to help pay for the course.

"People are using the course," says Brooks. "I see them out there every day. The students and faculty really seem to be enjoying it."



Students stretch their muscles on a part of the jogging course.