

The news in this publication is released for the press on the date indicated below.

# THE UNIVERSITY OF NORTH CAROLINA NEWS LETTER

Published weekly by the University of North Carolina for its Bureau of Extension.

MARCH 15, 1916

CHAPEL HILL, N. C.

VOL. II, NO. 16

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## NORTH CAROLINA CLUB STUDIES

### GENEROUS ALUMNI

The interest of our alumni in The University News Letter is encouraging. Recently two checks swelled our little publishing fund; one for \$10 from Burlington, the other for \$25 from Winston-Salem.

The requests for the paper come faster still—57 in one mail last week, from almost as many counties.

We sometimes wonder what The University News Letter could do with a permanent five thousand dollar income devoted to a study of North Carolina problems. Is it an investment worth the consideration of our alumni?

### UNSAFE FARMING

All experience proves that one-crop farming is unsafe, both from the standpoint of prosperity and from the standpoint of banking credit. The passing year forcibly demonstrated in the South that a system of farming which makes the raising of sufficient food and feed the first concern, is safe farming.

We invite the producers to co-operate with us in making safe farming the basis of safe banking credit. We urge bankers and farmers to consider the plan recommended by the department of agriculture for using a farmers' rate sheet showing his assets and productive methods similar to the rate sheets and statements furnished by merchants, so that safe farming may receive financial accommodations at rates and terms as favorable as those furnished to commerce and industry.—The Cotton States Bankers Conference, New Orleans.

### EXTENSION LECTURES

Extension lectures are being delivered at regular intervals in various sections of the State by members of the University faculty. A list of appointments recently filled or to be filled in the near future follows:

M. C. S. Noble, Hoke County Teachers, Raeford, March 3rd.

J. G. Beard, "Patent Medicines: Their Uses and Abuses," Yancey Collegiate Institute, Burnsville, March 18th.

P. H. Daggett, "The Electrical Age," Henderson, March 23rd.

L. A. Williams, Commencement Address, Rose Hill, March 31st; Commencement Address, Sampson County Schools, April 27th.

H. W. Chase, Commencement Address, Pilot Mountain, April 20th.

### DEBATES

Highly gratifying reports from all sections of the State are coming to the Extension offices of the State University concerning prospects for the debates of the High School Debating Union.

The triangular debates of the Union will all be held March 31st, and the final contest for the Aycock Memorial Cup will be held at Chapel Hill April 14th. The number of schools enrolled in the Union has exceeded 300, and the number of debaters to speak on March 31st will be more than 1200. The query is: Resolved, That the United States should adopt the policy of greatly enlarging its Navy.

### HIGH SCHOOL DISTRICT CONTESTS

Arrangements have just been completed for the five high school district contests to be held in April. The tentative dates and places of meeting for the five divisions are as follows:

Northeastern Division at Greenville, April 6-7.

Southeastern Division at Fayetteville, April 20-21.

East Central Division at Durham, April 6-7.

West Central Division at Davidson College, April 6-7.

Western Division at Bryson City, April 6-7.

The contests to be held again this year are in Recitation, Declamation, Spelling, Composition, and Athletics. The athletic events are as follows: 1. running high jump; 2. running broad jump; 3. shot-put (12 pounds); 4. 100-yard dash; 5. 220-yard dash; 6. relay race 3-8 mile; 7. pole vault. The district executive com-

mittee will also schedule in some of the divisions a basketball tournament for the girls. The usual prizes for the winners of the several contests will be awarded.

In view of the fact that great stimulus and uplift are received from these inter-scholastic contests, it is urged that every high school entitled to do so will participate in them.

### HOW THEY DO IT IN PANAMA

One of the sanitary regulations of the Canal Zone requires a physical examination of all employees of hotels and restaurants, in order to eliminate communicable diseases which might menace the health of patrons. These examinations which are very thorough play an important part in maintaining the remarkable health conditions that have been attained on the Isthmus.

### MORE COTTON IN FIVE COUNTIES

Only five counties in North Carolina ginned more cotton up to January 16, 1916 than during the same period the year before. The increases are as follows, Davidson 42 bales, Davie 48, Gaston 579, Greene 1049, and Mecklenburg 2415. Robeson fell behind 19,336 bales.

If now, these counties like all the rest in the State and the South, have raised abundant farm and pantry supplies they are well ahead of the game. If not they are tending toward farm bankruptcy.

We shall always be obliged to raise cotton and tobacco, and we ought to do it. But it ought to be more on the same or smaller areas with lower cost units of production, and with abundant home-raised supplies in corn cribs, smokehouses and barns.

Surely we have learned at last that we can not accumulate wealth in our farm regions, if we send our cotton and tobacco money beyond our borders for breadstuffs that we can raise at home. At least the principle applies to the staple food and feed supplies that we can raise with advantage at home.

### A MAGNIFICENT GIFT

William Hood Dunwoody and his wife left \$5,000,000 in their wills, to provide free instruction for the boys and girls of Minneapolis and Minnesota in the industrial and mechanical arts.

The demand for vocational education is strong in the north and west, so strong that 7,500 pupils in Minneapolis have been paying \$335,000 a year out of their hard earned wages for such instruction in private and semi-public institutions. Hereafter they can have far better instruction free of all cost. Free vocational education went a long way toward making Germany a great industrial people.

We have hardly begun to consider such education in North Carolina and the South generally. And it is a move forward that we must make if we are to develop into a great industrial region.

It would be fine if some generous soul would give five million dollars for this purpose to the young people of North Carolina!

### THE SCOURGE OF PELLAGRA AND TYPHOID FEVER

Secretary McAdoo has asked Congress for a rush appropriation of \$100,000 for special studies of pellagra and typhoid in the rural regions of our country.

Last year there were 75,000 cases of pellagra in the United States and 7,500 deaths from this dread disease, mainly in the South and in the rural regions. There were 10,954 cases and 1,024 deaths in Mississippi alone.

In North Carolina the deaths numbered 551. More than half of them, or 298, were in twelve counties, as follows: Mecklenburg 53, Duplin 42, Wake 36, Wayne 35, Guilford 26, Forsyth 25, Robeson 22, New Hanover and Cabarrus 14 each, Vance 11, Rowan and Union 10 each.

Dr. Goldberger, of the Federal Health Service, shows that pellagra is caused by an ill-balanced diet—too much fat meat, corn meal, and molasses, and too little lean meat, butter, milk, and eggs, pease, beans, and the like.

The country people, it seems, have not kept pace with the town communities in

## A CAPABLE COUNTRY MINISTRY

Rev. Archibald Johnson

If our country churches ever come to set the proper value upon a capable ministry, many another problem that now vexes the souls of the righteous will be solved. Our young people, in the country churches especially, need a pastor to whom they can look up and whom they will be glad to follow. And there is no telling the worth of such a man at the pivotal point in these young lives.

### Social and Religious Centers

The country church should become and will become, under the direction of capable leadership, the social as well as the religious center of the neighborhood. The country church ought to set the standards of honorable, clean living among its members. It ought to be the Gibraltar against which the waves of sin will beat in vain.

But this kind of a church cannot be run on a hundred dollars a year; and this happy condition cannot be brought about with a sermon once a month by a man who lives forty miles away. It can only be done by a consecrated man who lives among his people and who has no time to plow for a living. More and more our country churches are coming to see the necessity of grouping themselves together and securing the services of a competent, faithful shepherd of the sheep.

### Resident Country Ministers

The country pastor should not live in the town but in the country. Good roads, good schools, better sanitary arrangements and all the modern conveniences and comforts that are coming, make living in the country attractive and inviting. A town preacher is not as well fitted to lead a country congregation as a country preacher who is proud to be called a countryman, and who knows that the country is a better place to rear a family than a town.

We hope we may live to see the day when our strongest preachers will not be leading city but country churches. And when that day comes North Carolina will be almost a paradise.—Charity and Children.

sanitation and safely balanced diets, and in consequence they are threatened by devastating scourges of pellagra and typhoid fever.

The cure for pellagra lies in safe-feeding and not in patent medicines and quack doctors.

### OUR CHILDREN'S HEALTH

Dr. Francis Sage Bradley and Miss Williams of the Child Welfare Bureau in Washington City are at present engaged in a study of rural health conditions and their effects upon child life in Cumberland county.

Dr. C. A. Bulla has just finished the work of inspecting the health of children in the schools of Northampton county and has been busily engaged in talking and lecturing with pictures about child health.

### Our Responsibility

We think too little about the health of our children. The children are looked upon as the gift of God and if they die it is the hand of Providence, and the will of the Almighty has been fulfilled.

Such an attitude is sacrilege. God is a loving Father and expects earthly parents to care for His gifts and protect them from the dangers which beset mortal man. Our present interest in child life and children's health is proof that we are coming to realize more and more how heavy is our responsibility for the preservation of our children's health.

### HENDERSON'S PLAN

The Women's Club of Henderson has planned and carried out a series of lectures delivered by members of the University faculty. They are delivered in the auditorium of the fine public school building there.

In connection with the lecture a program of vocal and instrumental music is

## UNIVERSITY SCHOOL OF EDUCATION LETTER SERIES NO. 65

### THE CASE OF WINSTON-SALEM

The friends of practical education in North Carolina have good cause to be proud of the work that is being done along practical lines in the schools of the State. They have a right to be prouder still of the whole-hearted way in which school boards stand for progress and hold up the hands of progressive superintendents.

### A Good Two Years' Work

During the last two years the Winston-Salem school board has enriched its high-school curriculum by the addition of courses in cooking, sewing, manual training, and mechanical drawing. And now another forward step has just been taken by the addition of a practical course in printing. Many high schools publish a magazine or monthly bulletin but none, so far as we know, have gone so far as the Winston-Salem high school.

### The Winston-Salem News

On the first and fifteenth of each month of the school year the pupils of this high school will send to the public 2500 copies of a school paper set up by their own hands and printed on their own press. One page will be edited by the school board, the superintendent, and the principals of the several city schools. It serves as a medium of communication be-

tween school officials, teachers, patrons, and pupils. Two pages will carry original productions by the pupils.

### Community Studies

One page will be devoted to publishing the results of systematic studies of the Home-County. These studies by the way, follow the outline of Home-County Club Studies, published by the University in Bulletin No. 9.

The work of the students in community studies, composition, typesetting, proof reading and press work will be valued and graded just like the work in other studies done in the classroom.

### On the Right Track

The superintendent of the schools of Winston-Salem is on the right track, and has behind him a live school board, a progressive city, a loyal corps of teachers, and an enthusiastic student body. He is bound to succeed.

Just think of it, 2500 copies of a school paper printed by the students who are learning a trade while they are learning their lessons. The cost of the paper is paid for by business firms of the city in advertisements and a copy is sent free of cost to every teacher in the county, to every city and county superintendent in the state, and to every college and newspaper in North Carolina.

### AHEAD IN AUTOMOBILES

Mr. C. C. Miller, a student at the University from Watauga county, has been studying our wealth in automobiles. He finds that 27 counties in North Carolina on June 30, 1915 had more money invested in motor cars than in public school property, according to the figures in Superintendent Joyner's last report. And the cars are valued at \$440, the f. o. b. price of Ford five passenger machines. These counties are in two groups: 1st,

Cumberland, Hoke, Scotland, and Richmond, cotton growing counties in the south-central part of the state, and 2nd, a string of counties reaching from Catawba, Gaston, and Mecklenburg northeastward through a manufacturing section into Caswell, and from this county eastward and southeastward, through the tobacco, cotton, peanut, and pork producing counties to the tidewater section. Currituck stands alone in the extreme northeast.

### RICH IN AUTOMOBILES

Counties	Motor Cars	Value	Pub. School Prop.
Bertie	178	\$78,320	\$67,000
Caswell	65	28,600	27,185
Catawba	230	101,200	98,100
Chowan	91	40,040	36,700
Cumberland	365	160,600	163,960
Currituck	121	53,240	25,875
Davidson	415	182,600	108,650
Edgecombe	351	154,440	97,773
Gaston	265	116,600	108,300
Granville	180	79,200	77,800
Greene	95	41,800	27,350
Guilford	985	433,400	378,094
Halifax	299	131,560	104,823
Hertford	95	41,800	33,570
Hoke	97	42,680	30,525
Lenoir	215	94,600	78,810
Martin	172	75,680	45,750
Mecklenburg	983	432,520	390,137
Nash	321	141,240	133,460
Person	107	47,080	43,950
Pitt	425	187,000	136,600
Richmond	245	107,800	100,100
Rowan	417	183,480	122,465
Scotland	229	100,760	73,962
Vance	228	100,320	78,625
Warren	135	59,400	44,475
Wilson	331	145,640	124,500

presented which adds greatly to the pleasure of the evening.

Three of the series have been given and a fourth is to be given in March.

The audiences are large, interest is evident, and the plan seems to be working well. Here is an excellent example of the wider use of the school plant.

### NEGRO ILLITERACY

It is evident that the colored race is not intending to be left behind in the banishment of illiteracy from North Carolina.

The latest word from Mr. N. C. Newbold is to the effect that in January 43 moonlight schools for the colored race were organized.

This is very encouraging and means much to the race in its struggles upward. May the work prosper to the full of its merit.

### NEGRO SCHOOL PROBLEMS

The Supervisors in the negro rural schools of the state are reporting progress

and increasing co-operation among the colored patrons of these schools.

Columbus county reports that a teachers' home has been erected or remodeled at Mt. Olive, and a kitchen nicely fitted up for the girls to use for cooking.

Iredell county reports that a patron has given four acres of land to the school for the children to work. The proceeds from the garden will go towards extending the school term. He has promised to give four more acres if needed.

In Wake county, the supervisor has taught the children how to make individual drinking cups from paper.

### Valuable Hints

These are all valuable hints from the colored race as to what can be done for schools when the officials, patrons and teachers all work together for the common welfare. Somebody has been thinking, somebody has been acting and the results have come.

Have you ever stopped to think that with a three or four horse team the leaders seldom pull much of the load?