

## Views From The Editor's Desk

By Dawn E. Camp  
Managing Editor

The fall semester is quickly coming to an end. This has been a busy and exciting semester for all of us. We've done new things and met lots of new people. Some of us might have actually learned a new thing or two. (I guess we'll find that out for sure during exams next week!!)

For many of us Christmas vacation is less than a week away. We'll all soon be heading home for the holidays. Before long we will be sleeping with visions of sugar plums dancing in our heads. I ask you to take a few minutes out during this holiday season to reflect on what Christmas really means. Does it mean getting a really cool new car? Or a new bracelet? Or does it mean being at home with your family? Shouldn't it be a time for showing how much love you have inside--not just for friends and family, but for the homeless, the lonely, the elderly? If each of us would take a little time during our vacation to do something for another person--a person who is hurting, then maybe they would do the same. Maybe there could truly be Joy this Christmas season. Maybe someone might see a ray of hope shining out of the new year.

The next time we see each other, not only will it be a brand new semester--it will be a brand new year. That new year will be filled with promise and hope. Yes, there will still be exams. Yes, Dr. Eastman will still give map tests. But, that doesn't mean it won't be a great year. That doesn't mean we can't make it be a great year.

I wish all of you the best of luck on your exams and the safest trip wherever you choose to spend your holiday. Merry Christmas and the Happiest of New Years!!



## Into the Mailbox

### Christmas Spirit

At Christmas time it's so easy to forget it's a time for giving...and not only receiving. There are many in this world that will have no Christmas. And I think that during this season we should be thankful for what we have and think of those that have nothing. During the Christmas of 1984 several recording artists released a song to make the world aware of the problem of starvation in Africa...before USA for Africa there was Band Aid...and these lyrics make a lot of sense...even today! So, please, read them and take in what they say...and maybe, just maybe, they will make you think.

Do They Know It's Christmas by Bob Geldolf

"It's Christmas-time and there's no need to be afraid.

At Christmas-time, we let in light, and we banish shade.

And in our world of plenty, we can spread a smile of joy--throw your arms around the world...at Christmas-time.

But, say a prayer to pray for the other one's. At Christmas-time it's hard when you're having fun.

But there's a world outside your window; and it's a world of dread and fear.

Where the only water flowing is the bitter sting of tears,

And the Christmas Bells that ring there are the clanging chimes of DOOM. Well, tonight thank God it's them instead of you!

There won't be snow in Africa this Christmas-time, the greatest gift they'll get this year is life!

Where nothing ever grows, no rain or rivers flow--

Do they know it's Christmas-time at all?"

So, I ask of you this Christmas... to not only think of you and yours... But think of them and theirs also!

Thanx and I wish  
you wonderful holidays!  
Noel T Manning, II

### Cocaine can make you Blind

Cocaine fools your brain.

When you first use it, you may feel more alert, more confident, more sociable, more in control of your life.

In reality, of course, nothing has changed. But to your brain, the feeling seems real.

### FROM EUPHORIA...

You want to experience it again.

So you do some more coke.

Once more, you like the effects. It's a very clean high. It doesn't really feel like you're drugged. Only this time, you notice you don't feel so good when you come down. You're confused, edgy, anxious, even depressed.

Fortunately, that's easy to fix. At least for the next twenty minutes or so. All it takes is another few lines, or a few more hits on the pipe.

You're discovering one of the things that makes cocaine so dangerous.

It compels you to keep on using it. (Given unlimited access, laboratory monkeys take cocaine until they have seizures and die.)

If you keep experimenting with cocaine, quite soon you may feel you need it just to function better at work, to cope with stress, to escape depression, just to have a party or a concert.

Like speed, cocaine makes you talk a lot and sleep little. You can't sit still. You have difficulty in concentrating and remembering. You feel aggressive and suspicious towards people. You don't want to eat very much. You become uninterested in sex.

### TO PARANOIA

Compulsion is now definitely addiction. And there's worse to come.

You stop caring how you look or feel. You become paranoid. You may feel that people are persecuting you, and you may have an intense fear that the police are waiting to arrest you. (Not surprising since cocaine is illegal.)

You may have hallucinations. Because coke heightens your senses, they may seem terrifyingly real.

As one woman overdosed, she heard laughter nearby and a voice that said, "I've got you now." So many people have been totally convinced that bugs were crawling on or out of their skin, that the hallucination has a nickname: the coke bugs.

Especially if you've been smoking cocaine, you may become violent, or feel suicidal.

When coke gets you really strung out, you may turn to other drugs to slow down. Particularly downers like alcohol, tranquilizers, marijuana and heroin. (A speed-ball-heroin and cocaine-is what killed John Belushi.)

If you saw your doctor now and he didn't know you were using coke, he'd probably diagnose you as a manic-depressive.

### TO PSYCHOSIS

Literally, you're crazy.

But you know what's truly frightening? Despite everything that's happening to you, even now, you may still feel totally in control.

That's the drug talking. Cocaine really does make you blind to reality. And with what's known about it today, you probably have to be something else to start using coke in the first place.

Dumb.

PARTNERSHIP FOR A DRUG-FREE AMERICA

## Photography II Exhibit

December 7-14, Third Floor Dover Library  
Come See the Work of Your Friends!

