



# the Seahawk



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## Transcript request fees reinstated

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Recently the UNCW Board of Governors voted to reinstate the fee for requested copies of official transcripts. Beginning March 1, UNCW students and graduates will have to pay five dollars for each requested copy of their academic record.

Prior to 1993, UNCW students had to pay two dollars for each copy of their transcripts. In 1993, however, the fee was dropped and for the past twelve years students and graduates of UNCW have not been required to pay for copies of their transcripts.

"It is important to understand that the practice of collecting fees for various services such as transcripts is prevalent in higher education," said Ron Whittaker of the Registrar's Office.

According to Whittaker, the transcript fees will be used to offset the expense of producing and mailing transcripts.

"Overage will be used to support the addition of staff members to perform the student services extended by the staff," Whittaker said.

Currently almost all North Carolina public universities charge students between five and 10 dollars for copies of their transcripts.

Some students are not concerned with the new policy.

"Five dollars is a bit costly, but I don't think that it is a big deal to have to pay for a copy of your transcript," said Ellen Johnson, a UNCW junior.



Photo illustration by Nolan Dean and Julia Pol (sasc) THE SEAHAWK

**A UNCW student mentally distorts her own image in a mirror before getting dressed in the morning. Problems with self-image that lead to eating disorders have many causes including depression. The UNCW counseling center will hold workshops across campus March 13-20 to educate students on eating disorders.**

## UNCW battles eating disorders

**BARBARA J. TWIGG**  
ASSISTANT NEWS EDITOR

In the United States as many as 10 million females and one million males are fighting a life or death battle with an eating disorder, such as anorexia or bulimia. Nearly 25 million more are struggling with binge eating disorders.

As many as 91 percent of college women have attempted to control their weight through dieting and about 25 percent of those "normal dieters" will progress to eating disorders according to the National Eating Disorder Association (NEDA).

The UNCW counseling center on March 13-20 will hold workshops across campus in the residence halls and sorority chapters. "The purpose of these events is to provide information about eating disorders and initiate dialog about body image," said Dr. Paulette Aasen at the counseling center.

NEDA studies show that 80 percent of American women are dissatisfied with their appearance. In the U.S. alone, \$40 billion dollars a year is spent by men and women on

diet-related products.

While many in the health field feel eating disorders, especially anorexia, bulimia and binge eating, are on the rise, hard data is difficult to obtain. "We have no solid statistics, but we feel there is an increase," Barbara Reid, a spokeswoman for the NEDA in Seattle, WA, said in a telephone interview. "But in this field statistics are only estimates, at best."

There are a number of reasons for the difficulty in collecting data. "This is a self-reporting illness," Reid said, "and many people are ashamed to come forward. Also doctors and health care professionals are not required to report cases to government agencies, as they are with HIV/AIDS," she said.

Dr. Lynne Reader, Director of the UNCW counseling center, said she doesn't have exact numbers of students who are counseled for eating disorders. "I can't say they're increasing or that the illness is more prevalent now," she said. "But it is definitely a concern among college students."

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## UNCW students reach out to local senior citizens

**ASHLEY MURPHY**  
STAFF WRITER

Decorated in pink and red streamers and heart-shaped decorations, the Warwick Center was decked out for a Valentine's Day party on Feb 17.

However, this was no ordinary Valentine's Day party; it was

UNCW's 11th annual Young-at-Heart Social.

The Young-at-Heart Social is an event hosted by UNCW every year for the senior citizens of the Wilmington area. The social, sponsored by the Center for Leadership Education and Service (CLES), was a chance for area seniors to dance and socialize with each other and with members of the

UNCW community.

With over 300 seniors and over 200 UNCW volunteers attending, this year was the largest turnout in the social's history.

Senior Monica Lorenzo who

coordinated the event felt that it was a good way for UNCW students to connect with the Wilmington community.

*"I feel that UNCW is isolated from the community. The social is a great way to reach out to the community."*

-Senior Monica Lorenzo

"I feel that UNCW is isolated from the community. The social is a great way to

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