



"WELL, THAT'S ONE PARTICULARLY NASTY GOVERNMENT OFF THE BACKS OF 52 OF OUR PEOPLE...."



EDITORIAL OPINION

Take a Good Look

Chowan College is noted for its beautiful campus, but how many of the people here really notice? We seldom take the time to look around us and see the natural beauty here on campus.

There is more to do on campus than most of us realize. We have to look for something to do and enjoy what we have at hand.

Squirrel Park is a great place to go, summer or winter, to meet other students. There is plenty of room to play ball, throw a frisbee, study or just relax. Just sitting and looking around at the squirrels play can be fun if we would just take the time.

Another great place to go is Lake Vann. The school even provides canoes for our enjoyment. Paddling out on the lake and watching the ducks or racing some friends can be a lot of fun and good exercise. All we have to do is go out and do it.

It's time for people to get back to enjoying being outdoors and making the best of what nature gave us. This land of ours is too great to let it go to waste. There's a lot to do out there if we would just give it a chance.

Get out and walk around campus. Stop now and then and look around you. You'll be surprised at what you will find. Make a special effort to take notice and be proud of our land and campus.

— BELINDA ELMORE

Faculty Letter

Football Called Dirty Game

To the Editor:

Football, as it is played on national television, is a dirty game. The team that plays dirty has an unfair advantage over its opponents. Many games are determined by who plays the dirtiest game.

For example, one of the first unwritten rules of the game is to hurt the other player, especially the star of the team, and get him out of the game. Everyone knows this because the commentators repeatedly remind us of it.

Another dirty trick is to tackle the football instead of the player. If the receiver makes a good clean reception it is the responsibility of the defender to tackle so hard that he will jar the ball loose and/or injure the receiver so the next time he will be unable or afraid to catch the ball.

Another favorite play is "piling on". Some teams, who shall remain nameless, are experts at this. After one player has downed the ball carrier two or three more defenders pile on top of them and stay on as long as possible to hurt him as much as possible. The

secret to the success of this play is to get there soon enough to make it look legitimate.

Still another dirty trick is "slapping the helmet". This tends to upset the opponent's game. Of course it is illegal, but very effective.

Football, as played before the television cameras, does NOT teach good sportsmanship. It teaches you how to cheat and not get caught.

An example of this is grabbing the face mask. Every player knows it is against the rules, yet every player does it, hoping he won't get caught, when that is the best way to stop a runner.

Another example is holding, which is illegal, but all players do it when they can get away with it.

I learned all of this from listening to the TV commentators, and former football players who used to play dirty football. Some of them even boast about the number of players whose careers they shortened by injury. It is time for the players and referees to "clean up their act" or send them off to the army, where they have a license to kill.

John W. Gosnell

Footnotes

By BILL THWEATT

While it may appear complicated, you can devise a strategy tailored to your own career. That "master plan" should, however, be formulated early so that dilemmas can be reduced to a minimal sum.

A major dilemma evidently is having no career at all. It is somewhat truthful to admit that some people have careers; most people do not.

Those who do not have careers are the ones who choose careers for which there is a declining demand and in which success is unlikely. Another heavy hand in careers is the one for which an individual is personally unskilled.

Terrible tragedies occur which can be attributed to the above causes where an individual's career is lying on the ground in the dust. Small wonder from this standpoint that having no career goals delegate a person's career future to fate.

So again, there are major reasons why you need a plan at all times.

First, a thought-out plan provides some emotional peace of mind. People (including myself) worry about what will become of themselves, what the future holds.

Second, a variety of unexpected events may come up where you must make a decision. Occasionally plans change because of happenstances and changing fortunes. The economy may sour, values of life may change, and then there is the matter of failing health.

For example, Tom, a vice president of a large electronics firm, was on his way to top management when a heart condition made him change plans. Perhaps these unexpected events cause a person to reappraise the best way to reach the same goal.

An additional factor concerns experience — get it! A grave danger that college graduates encounter is having no experience which could allow them to discover what they like and dislike.

No wonder, many have noted, that the turnover rate of college graduates on their first jobs is so high. The only solution is to go out and get some experience. You must go out and grab it off the street.

Perhaps the following factors will aid in determining decisions about your career goals.

How much money do you really need to consider yourself successful?

- What kind of work do you really want to do?
- What type of environment do you want?
- What are your social needs?
- How much prestige does your ego require?
- How much security must you have?

Careers are manageable to a large degree. Prepare for yours carefully, dive in and be productive. You must prepare yourself; the better your preparation, the more likely your success.

R C Tech Student New Security Man

By LYNETTE FARRELL

A new security officer began working on campus December first. Steve Lukich, 23, originally from Maywood, N.J., is now living in Ahoskie.

He is a day student at Roanoke-Chowan Tech where he is studying drafting and welding.

Lukich acts as Head Security Officer Jack Britt's counterpart. Along with the other security officers, he enforces college rules and regulations. His duties are patrolling the campus, issuing vehicle violation tickets and investigating accidents, crimes, disturbances and acts of vandalism.

Britt feels that Lukich is young enough to relate well with students.

Previously Lukich served in the Navy, and is now in the Naval Reserve.

Lukich says he enjoys his job. In his spare time he works on cars, listens to music and spends time with his fiancée, who also resides in Ahoskie.

Well-Traveled Skippy Settles Into Friendly Home on Campus

Skippy was born on a farm near Ahoskie, North Carolina, in October 1975. Barry and Jane lived in Richmond, Virginia. They wanted a puppy, but when they went to select one from the litter of puppies they could not decide between a taffy colored pup and the runt, a black puppy with brown legs, so they took them both! Barry had grown up with a dog named Skippy, so he named the black dog with the brown legs Skippy. Jane named his sister Taffy.

The puppies received their share of love and attention. Their masters talked to the pups, and eventually fenced in the back yard so the dogs would be protected from traffic. They enjoyed long walks in the late afternoons.

A year later the family moved to the mountains of western Virginia to a house in the country. There was no fence so the dogs gleefully ran up and down the mountains, chased each

other, and learned to chase rabbits and squirrels.

A few months later the family moved into a house in a new section of town where many houses were under construction. Soon it was necessary to fence in the back yard to protect the dogs and the new baby girl.

Skippy was unhappy. He wanted to chase rabbits and squirrels. He jumped over the fence so he could go hunting. Besides, his masters were gone all day and there was no one to talk to him.

Neighbors complained that the black dog with brown legs was running over their flowers and through their vegetable gardens. The family tried to keep Skippy in the fence, but it was impossible. Skippy would have to go!

Barry grew up on a campus where there were always campus pets, so perhaps Skippy would be happy on a college campus. One bright October afternoon they took Skippy, drove about twenty miles to the campus of Emory

and Henry, and left Skippy. About two weeks later Skippy was scratching at the door. He had found his way home! Skippy jumped back into the back yard and played with his family. However, he still wanted to run free and remembered the fun he had chasing squirrels and rabbits. Soon the telephone was ringing again and grumpy neighbors were again voicing complaints! Skippy would have to go!

In October 1978, a new home was found for Skippy — across the mountains, back near his birthplace in eastern North Carolina. This time he was welcomed by a family who lived in the country. Skippy could run free and chase squirrels and rabbits, and people would be home to talk to him.

Days later Skippy disappeared. Perhaps he wandered too far into the woods chasing a rabbit and was lost. Skippy was gone!

Exactly two years later, in October 1980, Skippy was spotted on the Chowan College campus. Careful investigation revealed that Skippy had found himself a happy home.

Yes, Skippy has been adopted by the men in Mixon Hall. They call him "Mixon". They love him, feed him, and provide him a flea collar. He chases rabbits in the woods behind Mixon Hall, and Squirrel Park is his favorite area. He chases squirrels, runs with the students, curls up on a blanket with a courting couple, and best of all, he can always find a friend who will talk to him.

The bottom line is: His name is not "Mixon", but Skippy Whitaker!

Esther A. Whitaker

Student Forum

Magazine Needed To Display Arts

To the Editor:

I am a Chowan freshman with an interest in creative writing. For this interest I was awarded a small scholarship, but then was surprised to learn that Chowan offers me no means for sharing my work with others.

Why isn't there some kind of college arts magazine where many students with creative interests can present their work?

I have in mind a magazine for fiction, essays and poetry, as well as student photography and drawings. Have you noticed how many photography students are on campus taking pictures and who could benefit from having work published? Have you noticed how many art students are on campus drawing sketches and who could benefit from having work published? Have you noticed Mr. Mulder's creative writing classes, whose students could benefit from having work published?

Surely if the college can afford to build a 2.7 million dollar gym and recruit scholarship athletes it could spare the money for some type of arts magazine.

Surely the administration, the Student Government Association, the Graphic Arts department, the Art department and the English department all have a stake in presenting another side of the college — a side not very athletic, but just as important (and not very expensive) to enhancing the image of Chowan College.

Sincerely yours,
William Shelton

Editor Seeks Aid With Yearbook

To the Editor:

Last year, during my first year at Chowan, I vowed to get involved in student activities. I did this by being chosen as the Associate Editor of the Chowanoka (yearbook). As the Associate Editor, I had to learn a great many things about how to put a yearbook together and how to organize a staff willing to work toward the common goal of publication.

Well, here I am in my second year at Chowan and I find myself the Editor of the Chowanoka. I am working hard to be involved and doing a good job but it's a hard road when you must do it alone.

I have a long list of names of people who say they're interested, but all I have at meetings are long rows of emp-

ty seats. This yearbook is not the type of thing that a handful of people can produce by themselves!! It takes a lot of people, co-operation, and work to make the whole thing co-ordinate.

Chowanoka staff meetings are held once a week, Fridays 10 a.m. in Marks Hall 124, and last only about 15 minutes. The assignments you may be asked to do would not usually take over an hour to complete.

So I ask....What's an hour or a half a week?? A little less T.V., time!! A loss of 10 minutes a night at the PUB!!, or a loss of 10 minutes a night sleeping time!! Isn't your yearbook worth it?? I would certainly think so!!

Gary G. Joyce
Editor of the Chowanoka

Church Offers Youth Classes

To the Editor:

A class has been organized at Murreesboro United Methodist Church for youth between the ages of 18 and the early 20's in the Pastor's Study of the Church.

James B. Dewar, science professor at Chowan College is leader, assisted by the Rev. Billy Carden. They say any young people of the community or the college are welcomed.

Dewar cites that topics discussed in this class are geared to relate to the problems of youth. They are beginning a series on Christian perspective on a variety of life styles, which are often written by someone who has experience in that certain mode of life. Then theologians give church and scriptural views.

Topics include: Single by Choice, Single Again, Marriage and the Family, Individuals in Partnership, Life in the Commune, and Play.

The Methodist Church, with a cross atop its tall steeple, is on the corner of High and Union Streets near Chowan's Campus.

Margaret Johnson
405 Union St.
Murfreesboro

Let's Hear It

Smoke Signals encourages all students to submit Letters to the Editor. If you have an issue or idea that you would like to comment on or complain about, just drop your letter by the Graphic Communications office in McSweeney Hall, or give your letter to any member of the Smoke Signals staff.

SMOKE SIGNALS

Edited, printed and published by students at Chowan College for students, faculty and staff of CHOWAN COLLEGE.

Belinda Elmore — Editor

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Check Up On Your Habits

By SARAH WRIGHT
Director of Health Services

Have you taken inventory of your habits lately? Years could be added to your life or subtracted, depending on your daily habits. Do you smoke, sit too much, drink alcohol, use drugs, or eat improperly? Is your seat belt fastened when you travel?

Your lungs are kept clean by tiny hairlike structures called Cilia. This helps ward off infection. The Cilia is paralyzed by cigarette smoke. Smoking speeds up your heartbeat. Smoking is the major cause of lung cancer, chronic bronchitis, emphysema, and contributes to coronary artery disease. The risk of a heart attack is much greater in a smoker than in a non-smoker, about twice as great.

One who sits too much and exercises too little is a good candidate for a heart attack. Why not improve circulation, lose pounds and save gasoline by walking everywhere possible. Walking twenty minutes a day is an excellent exercise habit to acquire.

Alcohol does not have any food value, but one ounce of alcohol has about 200 calories. Alcohol's irritating effects to the mouth, esophagus or stomach may cause cancer. An alcoholic often has an enlarged heart leading to congestive heart failure. Everyone knows how alcohol damages the liver in the form of cirrhosis or cancer. Then there are stomach ulcers from too much alcohol. Another major killer by alcohol is the car accident caused by the irresponsible drinker.

Americans take a pill for everything, sometimes becoming dependent on them. Then there are the people who take drugs for kicks. All drugs have side effects, so think before using drugs.

The weight can be kept down if we are willing to leave off sugars, starches and fats. Don't munch junk food, but try to eat three balanced meals. Learn to enjoy the nice raw salads and fruits.

By following a few basic rules life can be healthier and longer.

A healthy person is a happy person.