



EDITORIAL OPINION

Change the Policy

The problem of the increase in violations of the visitation policy must be solved. There is no sense in college students behaving in such a manner as to disgrace fellow students or the college itself.

Each student was told the rule and the penalty for breaking it. It is only fair for persons to suffer the punishment if they are caught in violation of the policy. The same holds true if they violate any other policy.

To many students, it really does not matter whether opposite sex is allowed in the dorm. Most of the students who were asked their opinion of the policy, stated that it is childish and stupid. However, many women students said they'd feel embarrassed if they should go in the hall with little on and run in to a member of the opposite sex.

Members of the opposite sex should be allowed in the dorms during certain hours of the day. They should be escorted to one particular place and be required to leave their name, ID, and number of the room to which they are going. This should eliminate the problem caused by people hiding after the period is over.

The college does not want to treat the students as children but can only judge us on the way we often act. There must be some restrictions in every policy. If the student body would cooperate with the college, there might be hope for improving the current policy. Some maturity must be shown by the students before anything will happen.

If the student body would pull together, there might be more cooperation from the faculty and staff. We, the student body, must show them that we are mature adults who can be trusted.

The SMOKE SIGNALS would like to hear from the student body on this issue. Voice your opinion and let others know how you feel about it. Send all replies to:

Editor, SMOKE SIGNALS,
P. O. Box 79

Chowan College

or drop it off at McSweeney Hall. The staff of SMOKE SIGNALS would like to hear what the students think and feel about this issue.

—BELINDA ELMORE

Faculty Letter

Freshman Class Congratulated

Dear Miss Elmore:
I read in the last issue of your paper (February 6, 1981) about the service project sponsored by the Freshman Class.

It is always gratifying to learn of instances in which students are genuinely concerned about the welfare of others. Using their resources and time to provide two truly needy families with food, clothing and other essentials is a laudable expression of love and concern

for their fellowman.

After reading the article, I was reminded more of Matthew 25:40 and less of "conspicuous consumption," a selfish term which describes all of us more often than it ought.

May I congratulate all who helped with this project. The world is a better place because of them.

Sincerely yours,
Mrs. Dorothy A. Wallace
Professor of Business

Apply For Financial Aid For 1981-82 TODAY

SMOKE

Edited, printed and published
by students at Chowan College
for students, faculty and staff of
CHOWAN COLLEGE.

Belinda Elmore — Editor

SIGNALS

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Footnotes

By BILL THWEATT

Traveling your roommate's home state can be an enjoyable adventure. One fellow recently told of his venture into New York City.

Despite negative images which many people attribute to that area, New York City has attractions which many cannot resist.

As the nation's largest city (population well-over 9 million), New York City is renowned for its cultural complexities. The city plays "first fiddle" in business, finance, fashion and the arts.

From a historical standpoint, it is interesting to note that George Washington foresaw the city as a "seat of empire." Therefore, its nickname the "Empire State" is quite fitting.

From the tip of Manhattan, the city has expanded northward to cover the entire island. It has also fanned out to the Bronx, Queens, Brooklyn and Staten Island.

Among the countless attractions that the city has to offer, only a few can be cited here. The distinguished theatrical district and the Lincoln Center for the Performing Arts entertain thousands monthly. Another best-known attraction is Central Park, where many people go to jog, enjoy lunch or simply to relax at mid-day.

Fifth Avenue shops and luxurious hotels cater to many of the island's guests. For the sports enthusiast or the concert-goer, Madison Square Garden has a roundup which many choose to attend.

Other "Big Apple" attractions are Radio City Music Hall, the Statue of Liberty and the Staten Island ferry, the United Nations Headquarters, Chinatown, St. Patrick's Cathedral, Yankee and Shea Stadiums, Metropolitan Museum of Art and the World Trade Center.

Surely, the English Department of Chowan College and its tour group will again be impressed when they depart for New York City soon.

If you are curious about New York City and its attractions, information can be obtained by writing to:

New York Chamber of Commerce
and Industry
65 Liberty Street
New York, New York 10005

Handbook To Resemble Wall Calendar

By SHARON ALEXANDER

To some people the thought of another student handbook edition might be a matter of putting together a few pages with important information, but they're in for a nice surprise. Next year's handbook will, in fact, be in an attractive wall-calendar format.

The idea of a revised handbook came from Miss Linda Owens at a Student Development staff meeting. The rest of the staff which includes Deans Roy Winslow and Clayton Lewis, agreed that it is a suitable idea which would provide the student with accurate accessible information.

Counselor Cherrie Kassem commented, "It's the same information and additional information in a different format to get students to use the material." Most of the information on the wall-calendar is taken from the student handbook of 1979-1980. It will include policies on open house, academic regulations, visitation hours to various places on campus plus many other policies.

There are also a few additions, including a description of the new Helms Center, energy conversation, and recreational and entertainment that isn't found on Chowan Campus, but located near Murfreesboro.

Herman Gatewood is responsible for the layout of the calendar which, according to Kassem, will be completed for Spring Orientation.

Biggest Change Over Years Seen Lack of School Spirit

By SUSAN PATE

Susan Pate, resident director for McDowell Columns, graduated from Chowan in 1979 and was the editor of Smoke Signals for the 1978-79 school year. She was asked by the present editor to tell something of the changes in the college she has observed since she first came to the campus.

Chowan, itself, has changed very little since I first became associated with the college.

When asked about the changes I had seen at Chowan, a considerable amount of thought went into my reply.

The changes I have seen are mostly centered around the students. The general attitude of the student body is quite a change from when I was a student at Chowan.

The attitude toward the college, the lack of school spirit, seems to be the biggest change I have noticed.

Directorial Debut Highly Successful As Competent Cast Performs Well

Her first attempt at directing a stage production proved that veteran Chowan actress Becky Brasie is as accomplished behind the scene as she is on stage.

"Love Is Better Than the Next Best Thing" as performed before two Assembly audiences was a fast-paced, smoothly moving group of short skits with the universal thread of "love" woven into all.

The cast was well-chosen with each member melding with the others to give a finely-polished sheen to the total performance.

"Love Is..." proved to be a tour de force for the talented Penny Jones who, it seemed, was almost constantly on stage. Miss Jones possesses a wonderfully mobile and expressive face with which she projects a wide variety of

Of course, there are the physical changes, such as the Helms Center, the upcoming student union and the renovation of Mixon Hall. Other than a few alterations in the landscape, these are the only visible changes on campus.

But I often wonder if these changes are appreciated by the students. Students in the past only dreamed of a facility such as the Helms Center. Looking back, I remember basketball games played in the old gym. The bleachers may not have been completely filled, but the spirit was there.

Until the Helms Center was completed there was no olympic size swimming pool, no raquetball courts, no sauna or steam room and the weight room was incomparable to the one at present.

Another change I've noticed is in the enforcement of the rules. Enforcement is much more lenient than it was in the

past. This is not to say that the rules were not broken, but I believe that more thought was put into what was taking place. The reason for this being that a student knew if caught breaking a major policy (alcohol, drug, visitation, etc) his/her penalty would be suspension. This leniency seems to have put an end to any forethought.

Students often complain about dorm visitation. This thought should be taken into consideration; female visitation in the lobbies of the men's dormitories began only two-and-a-half years ago. Another thought to consider; the curfew for women was lifted only five years ago.

These few changes may have seemingly created very little progress at Chowan. However, if the policies and purpose of the college were to take an extreme change, it just wouldn't be Chowan.

emotions with a minimum of body movement. She was superb in the title number with the entire cast and in the "Love a la Staccato" with Bernard Ingram, in another of his solid portrayals. Bob Lumpkins, Kim Mandra and James Tillis added depth to the opening number, a five-way rapid-fire exchange of quick, almost monosyllabic repartee. Miss Mandra joined Miss Jones in a witty, if sometimes disconcerting, telephone conversation, and Tillis,

A Critical Review

with Ingram, rendered some Bible readings on the production's topic.

Lumpkins, as Cox, teamed with Miss Jones, as Box, to provide laughs in the venerable "Box and Cox" skit.

The perfect casting of Harriet Riemer as a long-stemmed, golden-haired, callipygian cue card girl was appreciated by the audience which cheered enthusiastically as each card announcing a new act was placed on the easel at stage left.

Although this role might not seem to some to be all that important, this reviewer well recalls how Raquel Welch got her start doing just this on the old "Hollywood Palace" television variety show.

The only flaw in the production of "Love Is..." if there was one, lies in the fact that director Brasie deprived her audience of the pleasure of seeing actress Brasie perform.

—J. B. Graham

Financial Aid Changes In New Law Explained

By C. S. COLLINS

Director of Financial Aid
The Amendments of 1980 became law in October. They have major changes for the federal financial aid programs:

I. Basic Educational Opportunity Grant (BEOG)

A. Beginning with the 1982-83 academic year, the name will be changed to Pell Grant to honor Senator Claiborne Pell.

B. The maximum award has been increased to \$1900 for 1981-82. However, the appropriations will not be high enough to fund \$1900. At this time, we do not know how much the appropriations will be.

C. The eight-semester limitation has been lifted. A student may now receive Basic Grant for the period required to complete the first baccalaureate degree.

II. Supplemental Educational Opportunity Grant (SEOG)

A. The definition of an eligible student was changed from "exceptionally needy" to "needy."

B. The eight-semester limitation was changed to completion of first baccalaureate degree.

C. Matching SEOG with other funds is no longer required.

III. College Work Study Program (CWSP)

Students working under this program will be paid federal minimum wages.

IV. National Direct Student Loan (NDSL)

A. For loans made after July 1, 1981, the interest rate will be 4% and the grace period six (6) months.

B. The maximum amount a student may borrow for first two years of study has been increased to \$3000 and for undergraduate study, \$6000.

V. Guaranteed Student Loans (GSL)

A. For new borrowers the interest rate will be 9% and the grace period six (6) months.

B. The maximum amount a student

can borrow for undergraduate study has been increased to \$12,500.

VI. Parents Loans for Undergraduate Students (PLUS)

A. Parents can borrow up to \$3000 per year.

B. Interest rate will be 9%.

C. Repayment begins sixty days after the disbursement of the funds.

A determination must be made before a student completes a need analysis form (FAF or FFS) whether he/she is independent or dependent. This is determined by the following questions:

1. Did or will the student live with the parents in 1980? 1981?

2. Did or will the student receive more than \$1000 in support from the parents in 1980? 1981?

3. Did or will the parents claim the student as an income tax exemption in 1980? 1981?

(* A parent is the real or adoptive mother and/or father.)

If any of the questions are answered "yes" the student is considered to be dependent.

Honors

(Continued from page 1)

Price, Beverly M.; Pridgen, Kenneth J.; Quatrone, Jeff J.; Richardson, Lee; Riddick, Julia R.; Ritenour, Jeff L.; Rockwell, Charles H.; Scales, Leander M., and Schulz, Jody J.

Senif, Tom S.; Smith, Keith E.; Smith, Terry G.; Smith, Teresa M.; Springfield, Sandra L.; Stefanowicz, Michael T.; Stakes, Brenda G.; Strickland, Daryl, and Strickland, Wendy M.

Vaughan, Ann S.; Vinson, Faith; Watson, Rickie F.; Webb, Jimmy D.; White, Jon Gregory; White, Yolanda A.; Williams, Gloria J.; Williams, Jeffrey N., and Wilson, Mike K.

Diet, Rest Exercise Aid Health

By MARIE ELLIOTT

Assistant Director of Health Services

As some of you readers may have heard, trying to keep you, the Chowan College student, well and promoting your good health, is one of the primary aims of the infirmary staff. Sometimes this is easier said than done.

Three important steps for staying well and in good health are:

1-Diet, 2-exercise, 3-rest.

A good, well-balanced diet is the first step in staying well. The body requires the proper fuel to keep it running smoothly.

Exercise is important. This helps to keep the body in good working order. It should be carried on in the proper amount and in a consistent manner. Heavy exercise at long intervals, with none between can be harmful.

Rest is of the utmost importance. By this we mean the right amount. Too much inactivity can cause one to be sluggish and dull, while with the right amount of rest and exercise there is a feeling of exhilaration and alertness that makes one glad to be alive.

Sometimes, in fact on many occasions, I am aware that many people are not following the above-mentioned rules for good health. Quite often, while walking on campus, I notice students walking along as if that step might be the last one.

That appearance of near-exhaustion is really cause for alarm. More than likely a lack of sleep, (staying up to study or something) is the cause of this appearance of exhaustion.

My first thought is, "I hope none of the virus that has been floating around recently catches up with that one". Because if a virus did catch up with that one it could develop into one of the most real of all reasons to get an excuse from classes.