



## EDITORIAL OPINION

### Ballot Box Stilled

There's an old saw that goes, "Suppose they had a war and nobody showed up?"

Well, we don't exactly look on Chowan's Student Government Association as a battleground (although there have been some spirited sessions in the past couple of years), but the thought behind the query is the same.

An election for 1981-82 SGA officers was scheduled for March 18 and only one candidate showed up. Consequently, SGA President Sharee Atkinson was forced to postpone the elections indefinitely.

Smoke Signals commends Freshman Class President Jeff Horne for offering his candidacy for the presidency. Horne has been a hardworking, active and innovative class president. We believe he could be an effective SGA head.

However, what has happened to the rest of the student body? Is there not one single person on campus who aspires to a role in shaping student affairs policies?

There are plenty to be found who are only too willing to voice complaints concerning what other persons who were willing to assume responsibility may have done, or not done.

The SGA is, or should be, the voice of the students. Should it cease to function, for whatever reason, there would be no channel open to keep the administration informed of student opinion. And without input from the student body, who knows what steps might be taken without regard to student interest.

We believe that on an active, involved, interested campus there should be at least two candidates for every SGA office, if not more.

Freshmen, we call upon you. Let us hear your response. Show us that you do have a sense of responsibility. Show us that you do have pride in yourselves and your fellow students. — STAFF

In response to the well-taken criticism by Mr. Lewis in his letter elsewhere on this page, we'd like to point out that word of the postponing of the SGA elections was received from Miss Atkinson well after the normal deadline for news copy. Because of the importance of this announcement, we broke the deadline to get the news in the paper, reserving comment until this issue.

## Hop, Skip and Jump To Improved Health

By MARIE S. ELLIOTT

Assistant Director of Health Services  
How to help Chowan College students keep well has become one of the main concerns of the Infirmary staff. We are constantly searching for new and better information to pass on to you.

A book published in 1976 has recently come to our attention. It is a well-written and entertaining book full of good advice on how to stay healthy. It is *The Hop Skip and Jump Way to Health*, by Curtis Mitchell and is a Simon & Schuster Pocket Books publication.

Part one gives the background for a perfect exercise: hop skip and jump to health, what exercise does, and how one's body functions.

Part two outlines a personal skipping program and points out things one needs to know, tests for fun and fitness,

and some famous skipping programs and steps.

Part three tells the special benefits of rope jumping. These include a faster way to lose weight and use of the jump rope to protect one's heart.

Paragraph one of chapter one reads, "We don't wear out we rust out, according to Dr. Theodore G. Klum. 'I am convinced that one who sits and waits for death to come along will not have long to wait.'" The author then goes on to say that this rusting process, called atherosclerosis, already afflicts most adult Americans to some extent and even young people are in danger.

Anyone who is concerned and wants to begin a program to preserve his health can find *Hop Skip and Jump to Health*, by Curtis Mitchell in Whitaker Library.

## Footnotes

By BILL THWEATT

To restore bodies, minds and spirits, take a vacation. A vacation usually means a week away from work or a summer month when not in college.

This change in routine is a definite time when the average adult can rest. If rest is not what you want over your vacation, then carry on with something else.

Things to do on a vacation are countless. Present-day vacationers oftentimes choose to travel. Car, rail, plane and boat have made it possible for us to travel to almost any place we choose. And the tourist industry is quite prepared to greet us.

There really are many interesting places to go. In fact, the National Park System was masterminded to provide deserving vacationers a sure-fire dose of rest and enjoyment. The government has set aside 270 such areas here in the states.

Places close to Chowan College that vacationers may want to see are numerous. These include Cape Hatteras, Cape Lookout and the Wright Brothers National Memorial.

Cape Hatteras offers beaches, dunes, and birdlife. A lighthouse overlooks the "graveyard of the Atlantic," a scene of many shipwrecks.

Cape Lookout is a barrier island with beaches, dunes, salt marshes and a lighthouse also.

The Wright Brothers National Memorial is the site of Wilber and Orville Wright's first powered airplane flight. As part of the National Seashore Parks, it too is located on the Outer Banks of North Carolina.

The neighboring states of Virginia, Tennessee and South Carolina also are rich in natural wonderlands, famous sites and places for many kinds of recreation. Florida must also be mentioned because it attracts large numbers of vacationers.

Remember, however, that vacations are for fun and rest. It would be self-defeating to return home and have to recover from an exhausting vacation.

## Privacy

(Continued from Page 1)

Meador, an ACLU lobbyist in Sacramento. She foresees "a cooperation among government agencies to exchange information about individuals."

Across the country, a Maryland couple has gotten a bill introduced in their state legislature that would allow parents to see their children's "confidential" records as well as directory information.

Currently, Maryland law and the Buckley Amendment bar disclosure of student transcripts to anyone but school authorities, but Beverly and Jerome Kamchi contend the laws violate their rights as parents of a dependent child.

"Without access to my son's grades, I do not have the option of counseling him and encouraging him," Jerome Kamchi says. His son, Mark, has refused to tell his parents his grades since he entered the University of Maryland two years ago.

The ACLU's John Roemer doesn't see the Kamchi case as very important, however. He observes the state already allows scholarship sponsors to see grades.

"I would suspect they could require release of transcripts to parents under that same idea," Roemer says. "But I wouldn't call this an invasion of (students') rights offhand."

Neither Roemer or John Shaddock of the ACLU's national office know of other legal challenges to privacy laws, but they say that the looming presence of the Selective Service has spread the issue around the country.

No Checks will be cashed in the Chowan Bookstore after May 1, 1981.

However, money orders, and official bank checks will be honored.

## Student Forum

### Praised Again

Dear Editor:

I have just finished reading your editorial on how your paper is alive and well despite the absence of Greg Bassett. Alive, yes; well, no.

To me it is obvious that Bassett's expertise in newswriting is sorely missed. As I sit here looking over an old copy of "Smoke Signals," I can see 6 stories written by Bassett on the front page.

As Harry Pickett commented in his letter to the editor in the last issue of Smoke Signals, the Chowan Community has lost an effective reporter who was taken for granted.

I am not knocking the staff of Smoke Signals. I know they work hard on the paper while trying to study. But you must realize Bassett was busy writing 5-7 stories an ISSUE while trying to keep his grades up.

It is a shame that some of the work load couldn't have been taken off of him, for the paper lacks the zest it contained.

Sincerely,  
Kelly Reynolds

### Clips No Longer

To the Editor:

As a student of Chowan College, I feel I must write to express my opinion of our student newspaper, Smoke Signals. Somehow, the paper should be better. Chowan's Graphic Communications is reknowned for its technical work and educational benefits. Why can't the student newspaper be just as good?

Why must we Chowan students have a newspaper which contains stories of little or no value and is hopelessly boring? A paper as bad as Smoke Signals is not only worthless to the student body, but it is also useless in the recruiting of potential Graphic Communication Students.

The shame is all of this is that I used

to consider Smoke Signals a good and credible newspaper. During the first semester I was pleased with the paper and went as far as sending clips of that innovative column called "Scoop" to friends at other colleges.

What happened to "Scoop?" I wonder if the "holy administration" clamped down on this "scoop" person. The column was most interesting; it was rich with veiled criticism and information.

I can't say whether Greg Bassett, the former news editor, who the editor of Smoke Signals is wasting editorial

opinion space on, is the cause for the sudden decline of the paper. I do know however, that Bassett would never write asinine editorials about the beauty of Squirrel Park and Lake Vann in the winter when there are other significant issues on the campus.

I'd like to know how the editor feels about no one running in the student elections, rather than hear her defend a newspaper that cannot be defended honestly.

A disgusted reader of Smoke Signals,  
Christopher A. Lewis

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