

Chowan College 1986 Football Schedule

September			
12	ECU, JVs	Home	1:30
20	Hudson Valley (Youth Day)	Home	1:30
27	Lees-McRae (Parents' Day)	Home	1:30
October			
4	Marion Institute (Hall of Fame)	Home	1:30
11	Newport News App.	Away	2:00
18	Potomac State (Homecoming)	Home	2:00
25	Lees-McRae	Away	1:30
November			
1	Nassau	Away	1:30
8	Montgomery	Away	1:30
15	Potomac State	Away	1:30

Chowan College Women's 1986 Volleyball Schedule

Date	Opponent	Place	Time	Match
Sept. 12	Ferrum College Opponent	F.C.	6:00	Tri
Sept. 13	Longwood College Opponent	L.C.	2:00	Tri
Sept. 16	Mary Washington College Meredith College	Home	6:30	Tri
Sept. 20	Mary Washington College Invitational Tournament	MWC	12:00	—
Sept. 22	Mount Olive College Wingate College	MOC	6:30	Tri
*†Sept. 26	Charles Co. Comm. Col. Anderson College	Home	6:30	Tri
*†Sept. 27	Charles Co. Comm. Col. Spartanburg Meth. Col.	Home	9:00 a.m.	Tri
Oct. 1	Christopher Newport College N.C. Wesleyan College	CWC	6:00	Tri
Oct. 8	Methodist College Greensboro College	MC	7:00	Tri
Oct. 11	Cantonville Comm. Col. Invitational Tournament	CCC	9:00 a.m.	—
Oct. 15	St. Augustine College Mount Olive College	Home	6:30	Tri
*†Oct. 17	Cantonville Comm. Col. North Greenville College	Home	6:30	Tri
*†Oct. 18	Cantonville Comm. Col. North Greenville College	Home		Tri
Oct. 20	Meredith College Methodist College	Mer. Col.	6:30	Tri
Oct. 23	Hampton University Norfolk State University	HU	6:30	Tri
Nov. 1	Longwood College Norfolk State University	Home	6:30	Tri
Nov. 3	Invitational Tournament	TBA	TBA	TBA
Nov. 7-8	NCAA Region X Tournament	TBA	TBA	TBA
23-29	National Volleyball Tournament	TBA	TBA	TBA

Coach: Janet Collins
†Parents Weekend
‡Homecoming Weekend
*Conference Match

STEVEN SPIELBERG Presents
BACK TO THE FUTURE
A ROBERT ZEMECKIS Film

He was never in time for his classes...
He wasn't in time for his dinner...
Then one day... he wasn't in his time at all.

"BACK TO THE FUTURE" starring MICHAEL J. FOX
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Costume Designer ALAN SILVESTRI
Executive Producer STEVEN SPIELBERG · KATHLEEN KENNEDY · FRANK MARSHALL
Producer BOB GALE · NEIL CANTON
Director of Photography ROBERT ZEMECKIS
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DOLBY DIGITAL SURROUND SOUND SYSTEM
MPAA Rating: PG PARENTS STRONGLY CAUTIONED
Some Material May Be Inappropriate for Children Under 10

September 4 and 5
7:00 p.m.
Turner Auditorium
in the McDowell Columns Building

Chowan College 1986 Fall Golf Schedule

September		
5	Newport News App. at Sleepy Hole G.C.	Away
23	Louisburg and Lenoir at Beechwood C.C.	Home
28-30	Old Dominion Golf Club Invitational at Hampton Univ.	Away
October		
2	Lenoir at Kinston G.C.	Away
5-7	Ferrum Invitational	Away

—Smoking— Tips on Quitting

- Try the "buddy system," and ask a friend to quit too.
- Hide all ashtrays, matches, etc.
- Lay in a supply of sugarless gum, carrot sticks, etc.
- Drink lots of liquids, but pass up coffee or alcohol.
- Tell everyone you're quitting for the day.
- When the urge to smoke hits, take a deep breath, hold it for 10 seconds and release it slowly.
- Exercise to relieve the tension.

Your Library Card: "Don't Leave Home Without It"

By Sarah Davis

One of the many items Chowan students receive in their first days on campus is a library card. Similar in appearance to a credit card, it may also be used similarly with one major difference. If students follow the rules of Whitaker Library regarding use of the card, they need never pay any balance, in full, minimum payment, service charge, or annual fee.

The card—a small, plastic rectangle—is imprinted with vital information that identifies it as a library card that is the property of one, individual student. Upon receiving the card, the student should sign it. In addition to the signature, there is an identifying number, and records in the library tie that number to a specific student.

As is the case with a credit card, whenever the library card is used, the number is imprinted on library materials, and the number identifies the student responsible for that

material. The card must be used anytime students check out anything to take out of the library or special material to be used in the library, such as reserve books or records. In addition to the library card, students need their ID's when checking out materials.

By following the instructions given them in writing when they receive the cards and orally when they are brought to the library for orientation, students will find that this card can be the nicest kind of credit card to have.

It gives them free access to 85,000 books, 12,500 reels of microfilm, 2,800 microfiche, and 2,300 records.

In addition to these items that must be checked out with the library card, there are many aspects of the library students may enjoy without using their card.

IT IS A QUIET PLACE.

An atmosphere conducive to study is maintained at all times. Thus, students find it easy to prepare for the next day's

classes, work on research papers, or cram for final examinations.

IT IS AN INTERESTING PLACE.

It always has a trained "explorer" on duty to help students make whatever DISCOVERIES they need to enhance their academic careers.

IT IS AN INFORMATIVE PLACE.

Displays show what is happening on campus, and 17 newspapers and over 400 magazines permit students to keep up with what's happening at home and around the world.

IT IS AN ENJOYABLE PLACE.

Students will find many activities planned with them in mind. A highlight of each year is the celebration of National Library Week featuring gifts for Chowan students.

IT IS AN ACCESSIBLE PLACE.

It is conveniently located and open 72 hours per week. Be sure to pick up your library card and use it and the library.

Whitaker Library
Chowan College
Murfreesboro, North Carolina

A. Chonin Brave

is responsible for all material borrowed on this card WHICH MUST BE PRESENTED each time loans are made. A charge will be made for replacement of lost card.

Expires

Library Hours

Monday-Thursday	8:00 a.m. - 5:00 p.m. 6:00 p.m. - 10:00 p.m.
Friday	8:00 a.m. - 5:00 p.m.
Saturday	8:30 a.m. - 12:00 Noon
Sunday	2:00 p.m. - 5:00 p.m. 6:00 p.m. - 10:00 p.m.



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