

Missions trip takes students to Baltimore

By Ricky Gibson, Editor

While many Chowan students chose to return home to their families and friends for spring break, five students from the Baptist Student Union under the leadership of Campus Minister Kelly Brame elected to spend their spring break in Baltimore, Maryland on a missions trip.

The mission trip was to help the senior adults of the Baltimore community, and to renovate the Canton Baptist Mission Center in which we lodged.

The five students on the mission trip were Amy Salley, Lisa Bunce, An Lee, Ricky Gibson, and Chris Buchanan. We found a way to somehow break the ice by interviewing a few of the seniors by video camera and singing selected Baptist hymns. We could simply see the sparkle in their eyes when we started singing as they joined right in and smiled like they were rejuvenated with a surge of youth. The feeling inside our hearts was more than special.

Our primary principle for the mission trip was not only to fellowship with the seniors of the community, but to remodel their church (if you will). We started early the first morning by climbing a scaffold and scraping the paint off the exterior of the church. Although it took us mostly all day, we then started painting. It seemed as if we painted ourselves more than the center.

Once the workdays were over, the group ventured out on several different trips. The trips were not only an opportunity to see various landmarks and museums, but we saw the interactions of individuals within their different cultures and religions. Our trip to Washington began with a visit to the Islamic Mosque. While we were on tour, we were overwhelmed by the beauty inside the Mosque. The

designs on the walls, ceiling, and the rugs were gorgeous. We were even honored to hear a recital of the KORAN, the sacred Book of Islam.

The Smithsonian Air and Space Museum was the destination in which the Chowan students chose. Once we cased the Smithsonian, it was off to the greenhouse to a colossal plant world of colors. The flowers were captivating in the sense of sight and by all means in the sense of smell.

One of the most exciting parts of our trip was the visit to the National Aquarium in Baltimore, Maryland. If you have ever been to Baltimore's inner harbor, you can appreciate how appropriately the museum is situated between the high-rising World Trade Center and the harbor. But that is only to tease your eyes, for the beauty is on the inside of the Aquarium. Probably, the most amazing thing was the exhibition of the power and abilities of the baluga whales and dolphins.

Our last day took us to the Keystone State, Pennsylvania. There we were overtaken by awe at the actual beauty that everyone should encounter at least once in their lifetime. Never have I seen such pretty countrysides blotched with snow and dotted by horses and cattle. The Amish people inspired us with their dedication and hard work.

I can only give all the credit for our success in our mission to Christ. Lisa Bunce received a letter from a teenager we met while in Baltimore. The young man's name is Charlie and he obviously needed to hear about what the Lord could do for him if he would listen. Here is a quote from that letter: "You encouraged me to keep helping others and not to give up on myself, not to do drugs, and not to destroy myself in any other way."



Grooming attitude changes after college days

It's no secret that the college campus and corporate America are worlds apart, and in today's competitive job market graduates need to adapt accordingly.

In fact, a recent survey found graduates are seeing their attitudes make significant changes right down to their now-polished shoes.

How people change from the Walls of Ivy to the Halls of Business was the subject of a study of 250 young professionals (age 21 to 30) from around the country. Of course, graduates undergo many changes in areas like eating and drinking habits (better nutrition replaces cold pizza for breakfast),

sleep patterns (No more all-nighters—you need eight hours rest for that meeting in the morning) and living arrangements, but this study looked at another attitude shift that is just as dramatic and important—an increased emphasis on good grooming.

And the biggest attitude change is the importance placed on a good shoe shine.

New York-based Audits and Surveys found paying attention to the details of good grooming becomes significantly more important for young men and women in the professional workplace, as compared to their attitudes in col-

lege. Now, that may not surprise anyone who is familiar with the casual and informal grooming styles of most college students. However, the survey found a high level of good grooming consciousness among the post-collegiate crowd.

Among young professionals in New York, Atlanta, Chicago, Dallas, and Los Angeles, Audits and Surveys found only 50 percent of the respondents said they considered good grooming important while they were in college. However, 90 percent of those same young professionals now consider good grooming important to getting ahead professionally.

While emphasis on five aspects of good grooming (shoes, suits, shirts, nails and hair) increased over time, the importance of wearing clean, freshly-shined shoes made the largest jump.

Among the respondents, only 44 percent had considered wearing

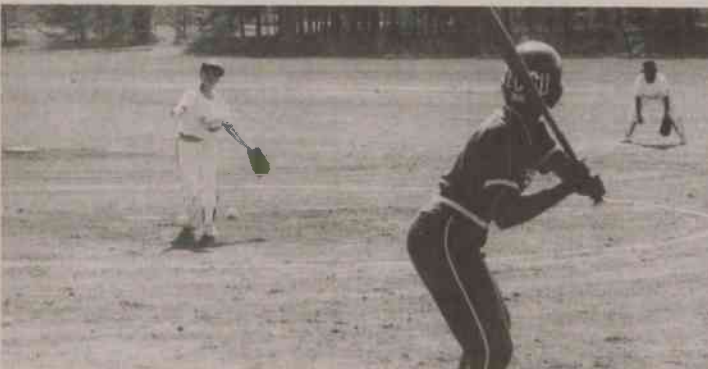
clean, freshly-shined shoes to be important during their college days. However, that figure increased to 78 percent for the same young men and women once they were in the workplace.

"It's a reflection of how effective you will be in business," said Christine Mannion of New York, when asked why she felt shined shoes are important to success.

"People in power notice the little things, like shoes," added an especially insightful respondent, Lisa Manan of La Canada, CA.

Sponsored by Kiwi Brands, the study is part of a continuing look at attitudes on the importance of good grooming and making a favorable first impression. Nine out of 10 respondents said good grooming was either extremely or very important to becoming a senior executive.

Take the quiz in this issue of *Smoke Signals* to see how you stack up in good grooming.



Chrissie Perkinson led the Lady Braves, defeating Elizabeth City State.

Lady Braves begin season

By Chris Sandbank
Sports Editor

The Lady Braves women's softball team returned only one player from last year. They opened their season on March 20 hosting Elizabeth City State in a non-conference double-header.

Chowan won the first game 7-2 behind the strong pitching performance of freshman right-hander Chrissie Perkinson. She went the distance giving up only two runs. The Braves were led by center fielder Amy Collins who had two hits including a two-run double. In the second game, Chowan lost 7-5 after allowing four unearned runs in the last two innings. Freshman pitcher Wendy

Yarborough, who was out for a month due to an injured wrist, was very impressive allowing only three hits while striking out six.

This year's softball team features a strong infield and continued improvement of pitchers Perkinson and Yarborough as they compete for conference and regional honors.

The Lady Braves will be at home on April 19th playing North Greenville, on the 20th against Spartanburg Methodist and on the 23rd against Louisburg.

Letter to the Editor

Reader comments about 'executive decisions'

To the people who are unhappy about "Executive Decisions" that have been made recently I would simply say, this is nothing new. I learned a long time ago that the Administration has the right to make independent decisions.

Fifteen years ago I was a MEMBER OF AN IMPORTANT COMMITTEE. We were told that any decision we made that the Administration did not like they would veto, which they did. I objected to that policy. I was never reappointed to that committee or to any other important committee until this year.

The policy has not changed. What has changed is a new openness. Now we know who is making the decisions. In the past when decisions were made I could not always be certain who was respon-

sible for the decision. This new openness invites criticism.

Students who resent rules and regulations should remember rules and laws are necessary ONLY WHEN PEOPLE DO NOT ACT RESPONSIBLY AND MATURELY ON THEIR OWN. Some people do not need rules and regulations. The rules are made for those who do.

The average student who comes to Chowan is different from the average student who goes to the state university; that is one reason why the rules are different. Chowan is supported by a religious denomination. That is another reason why the rules are different. Everyone knew this before they came.

John W. Gosnell
Professor of Social Science

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Editor
Ricky Gibson

Assistant Editors
Jessica Carver
Marty Grebing

Sports Editor
Chris Sandbank

Photographers
Brian Crumb
Don Nash

Club Reporter
Krystal McDowell

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Where There's
A Will
There's An

Date: Sunday, April 7
Place: President Jackson's Home
Time: 5:00-7:30 p.m.

PIZZA WILL BE SERVED

The Image Index[®]
For Women

Test Your Potential for Getting Ahead.

The following test is based on the probability of making the best first impression on the greatest number of people in business and professional situations. To take the test, simply circle the number opposite the entry that best describes you. Then, total up your score according to the directions below, and gauge your Image Index.

<p>BLOUSES</p> <ol style="list-style-type: none"> 1. Long-sleeved, silk or cotton, solid or small print, with conservative necklines. 2. Oxford cloth shirts with bows. 3. Lace and ruffles, sheer fabrics or plunging necklines. <p>SUITS</p> <ol style="list-style-type: none"> 1. Classic cut, navy, grey or black, made of quality fabric and well-fitted. 2. Coordinating jacket and skirt in complimentary colors. 3. Never wear suits. <p>DRESSES</p> <ol style="list-style-type: none"> 1. One or two-piece, natural fabric, classic styling, long sleeves, in navy, grey or black with a jacket. 2. Same as above, without a jacket. 3. Ruffled, sheer or mini-dresses. <p>SHOES</p> <ol style="list-style-type: none"> 1. Dress shoes, always freshly shined. 2. Casual or dress shoes, rarely shined. 3. Don't think about shining shoes. 	<p>MAKE-UP</p> <ol style="list-style-type: none"> 1. Lightly applied to enhance features and coloring. 2. Don't always wear make-up. 3. Applied heavier so that everybody notices it. <p>HAIR</p> <ol style="list-style-type: none"> 1. Classic style, well-groomed, shoulder length or shorter. 2. Generally groomed, no particular style. 3. Wear latest style to stand out. <p>NAILS</p> <ol style="list-style-type: none"> 1. Manicure at least weekly. 2. Occasionally file and groom. 3. Wait until nails are chipped before polishing. <p>JEWELRY</p> <ol style="list-style-type: none"> 1. Regularly wear one or two important pieces. 2. Wear small, barely noticeable jewelry. 3. Wear as much as possible. 	<p>PURSES/BRIEFCASES</p> <ol style="list-style-type: none"> 1. Carry one well-shined classic leather bag for everything. 2. Carry a well-organized briefcase and a purse. 3. Briefcase and/or purse is always overstuffed. <p>HANDSHAKE</p> <ol style="list-style-type: none"> 1. Firm with men and women. 2. Only shake when a hand is offered. 3. Don't shake hands. <p>EYE CONTACT</p> <ol style="list-style-type: none"> 1. Make frequent eye contact. 2. Not comfortable looking at someone often. 3. Normally look around the room or at feet. <p>POSTURE</p> <ol style="list-style-type: none"> 1. Usually stand and sit erectly. 2. Don't pay attention. 3. Tend to slouch.
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How to Score Your Image Index: Give yourself 6 points for every #1 answer, 3 points for every #2 answer and 0 points for every #3 answer. If your total score is:

54-72	Congratulations, you're on your way.
36-53	You're on the right track, but have some work to do.
18-35	Careful, you may be sabotaging your chances of getting ahead. There's still hope, though.
0-17	You've got a real problem. Without immediate action, your chances of making a good first impression are virtually nil.

The Image Index was developed in conjunction with Kaufman Professional Image Consultants of Philadelphia.
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