

coordinate their physical and mental reactions. They learn to think while in action and to act accordingly. Then too, we must always take into consideration the moral of the student body. That "Rah! Rah! Rah!" spirit makes the students happy, contented and glad to follow through with all of the other routine connected with their Alma Mater.

The ancient Greeks built a famous memorial called the statue of Wingless Victory. Which implied that victory could never leave Greece, because being without wings it could not fly away. We must work, hope and strive for the day to soon come when victory will once more alight on our fair campus and perhaps take up its abode there permanently. When that illustrious and delightful day arrives a change will come over those fortunate students who happens to be enrolled here. Their happy smile will become infectious, their bubbling enthusiasm will become contagious even the "hibernating alumni" will bestir themselves to renewed efforts on behalf of their Alma Mater. They will become invigorated and rejuvenated! Even our Alma Mater herself who has had her light hidden under a bushel so long will appear as a city on a hill. Everyone will know that Raleigh is the hometown of the St. Augustine's "Horses."

In the past six years I have had many letters from the old graduates and the general trend is that St. Augustine's is letting us down. And I at once thought, "How can loyal alumni say such things when during the same time St. Augustine' has been accredited by the Southern Association of Colleges. But on reading further I found that the alumnus feels that St.

Augustine's is neglecting one of her most potent instruments, the one that makes the first impression, namely, her extra-curricular activities. A few victories on the gridiron over formidable opposition, would be worth more than ten thousand dollars worth of advertising. Of course victory here at St. Aug. has been and will continue to be only secondary. Playing the game fairly, squarely, according to the rules and according to American traditions of true sportsmanship and fair play will always mean more. I agreed heartily with Grantland Rice when he said, "When the one great scorer comes to write against your name, he will not write you won or lost—but how you played the game."

Athletics in an institution of learning is not an end within itself but it is a most important means to an end. The end is to furnish a healthy habitation for a healthy mind. Without a sound body to do its work surely the mind cannot do what nature intended it to do. It is true, however that certain minds incorporated in crippled bodies have risen to remarkable heights in the various fields of human activity, but it was not because of those deformities, but in spite of them. Perhaps there is nothing so detrimental to a healthy body—not even the use of stimulants—than excessive sedentary life. When a young man is bent on winning scholastic honors he unconsciously falls into excess. The natural results follow. Good rich red blood is denied that part and they become starved and soon degeneration sets in within the entire body. It is then that we behold the terrible spectacle of a powerful intellect unable to do the most ordinary work because of a pain