Lady Bishops soccer team wins two

Earlier this month, the nationally fifth-ranked women's soccer team hosted conference foe Greensboro College and came away with a 5-0 win, then traveled to Lynchburg College for the last away game of the season and came home with a 6-0 victory.

The hosting Lady Bishops scored two minutes into the Greensboro College contest on a penalty kick taken by senior midfielder Kate Mangrum. Mangrum's score would be the lone score of the first half, as Wesleyan recorded another 14 shots on goal without hitting the back of the net.

In the second half, the Lady Bishops scored four goals. Junior forward Kerri Makaar scored three minutes into the second half after receiving a great cross from sophomore defender Tina Riley. Sophomore stopper Kathleen DeFreitas scored from 25 yards out 14 minutes later to put Wesleyan up 3-0.

Freshman forward Christina McShain produced her second goal of the season, tucking a cross home from sophomore forward Chris Webb. The scoring ended when junior midfielder Julie Duerler flicked a one-touch ball into Mangrum who volleyed

home her second goal of the match.

"We were sluggish in the first half," said head coach Patrick Baker. "We had no intensity up top and missed numerous chances to score. In the second half we seemed to settle down and become more focused in the offensive third."

The Lady Bishops also started slowly against Lynchburg College. Sophomore midfielder Nene Danieu took a pass from Duerler and beat the keeper one-on-one to score the lone goal of the first half.

Mangrum collected her third goal in four days after a great run and ball from sophomore sweeper Trish Parker. The Lady Bishops' third goal came on a header by sophomore midfielder Gwen Pacharis after she latched onto a cross from Webb.

Senior midfielder Debbie Wade set up Webb minutes later for a 4-0 lead. McShain headed home a cross from Pacharis at the far post for the fifth goal, and Webb scored her second of the

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day to make it 6-0.

"The ladies played well at Lynchburg and we scored six very good goals," said coach Baker. 'We knocked the ball around pretty well all day and in the second half we scored some excellent goals. It was good to see Nene Danieu, Gwen Pacharis, and Christina McShain score, and Chris Webb looks to be getting back to top form."

The two wins left the team 7-2-2 overall and 2-0 in the Dixie Conference

Men's soccer team falls to VMI, but comes back to defeat Coker

The men's soccer team lost in overtime against Virginia Military Institute, 4-3, but came back later in the week to defeat Coker College, 3-0.

Against hosting VMI, the visiting Bishops were down three goals at the half, but scored three goals of their own in the second half to force overtime.

Sophomore forward Chad Garbrandt scored the Bishops' first goal 64 minutes into the match after receiving a fine ball from freshman defender Courtney O'Brien. Ten minutes later, senior Jeff Walker scored on a oneon-one with the keeper to pull the Bishops within a goal. Garbrandt, who assisted Walker's goal, would score the equalizer two minutes from time to make it 3-3.

Both Wesleyan and VMI had great chances to score in the first OT period. VMI scored in the 110 minute of play to give the Bishops their sixth loss of the season.

The men then traveled to South Carolina for a weekend game against Coker College and came home with a 3-0 shutout.

Freshman goalkeeper Pat Hartigan received his first start of the year and responded with

seven saves and a clean net. Garbrandt continued his scoring ways, scoring a goal in each half and bringing his total to nine. Freshman Erik Ursiak scored an unassisted goal to give the Bishops a 3-0 win.

"It was a good week for our guys — losing a tough match to VMI in overtime and then rebounding with a 3-0 win against a good Coker squad," said second-year head coach Spencer Smith. "It was great to see our second shutout of the year and I hope we can continue our great

Fitness Week sponsored

In an effort to improve the exercise habits of college students, North Carolina Wesleyan College was one of 250 colleges and universities of all sizes across the U.S. that participated this week in Timex Fitness Week, sponsored by Ocean Spray and endorsed by the National Intramural-Recreational Sports Associa-

As part of the week dedicated to working out, Ocean Spray presented the "World's Largest Aerobics Class," a free aerobics class held Wednesday afternoon.

During the week-long dedication to fitness, each school's recreational sports department has showcased a variety of running, swimming, cycling, and aerobics events ranging from introductory clinics to triathlons.

cluded a one-mile Fun Run on Tuesday, a lunchtime endurance test and the aerobics class on Wednesday, a Mini-Olympics on Thursday, and a basketball shootout today from noon to 1 p.m.

record in the Dixie Conference. The team went on to visit nationally ranked Methodist College and returned home for Homecoming Weekend games against Washington College and Guilford College.

Lady Bishops volleyball team loses two game, drops to 4-12

The Lady Bishops volleyball team dropped games to conference foe Ferrum College and St. Paul's, dropping the team's record at the time to 4-12 overall and 0-4 in the Dixie Conference.

Traveling to Ferrum College, the women lost in three straight games, 6-15, 9-15, 6-15.

"We missed out on a great opportunity to come up with a big Activities at Wesleyan in-, win at Ferrum," said head coach ... justments."

Charlie Long, "Our ladies played hard and really gave it a solid effort."

The Lady Bishops hosted St. Paul's and lost in three close games, 9-15, 11-15, 12-15.

"We have to improve on the little things as a team," said coach Long. "We can turn this season around if we make the proper ad-

	Date	Opponent	Sit	
	Nov. 20-21	Shenandoah Tournament	Wi	
	Nov. 24	Guilford	Ho	
	Dec. 4-5	Roger Taylor Tournament	Ho	
	Dec. 9	Barton College	Ho	
	Dec. 12	College of Charleston	Ch	
	Jan. 7	Salisbury State	Sal	
	Jan. 9-10	Marymount Tournament	Ar	
	Jan. 13	Greensboro*	Ho	
	Jan. 16	Averett*	Da	
	Jan. 20	Methodist College*	Fay	
	Jan. 23	Ferrum College*	Ho	
	Jan. 26	Mary Washington	Fre	
	Jan. 28	Shenandoah	Ho	
	Jan. 30	Christopher Newport*	Ho	
	Feb. 2	Apprentice School	Ne	
	Feb. 6	Ferrum*	Fer	
	Feb. 10	Averett*	Ho	
	Feb. 13	Greensboro*	Gre	
	Feb. 16	Methodist*	Ho	
	Feb. 20	Christopher Newport*	Ne	
	Feb. 23	DIAC First Round	TB	
	Feb. 26-27	DIAC Tournament	Ne	
	* Dixie Conference Game			

Men's Basketball Schedule

inchester, Va. me me me arleston, S.C. lisbury, Md. lington, Va. me nville, Va. vetteville me dericksburg, Va. me me wport News, VA. rrum, Va. me eensboro me wport News, Va. wport News, Va.

Women's Basketball Schedule

Date	Opponent	Site			
Nov. 21	Guilford	Greensboro			
Nov. 24	Barton	Wilson			
Nov. 30	St. Andrews	Home			
Dec. 2	Meredith	Raleigh			
Dec. 5	Randolph-Macon	Home			
Dec. 9	Barton	Home			
Dec. 12	Marymount	Home			
Dec. 18	Mt. Olive	Home			
Jan. 8-9	Frostburg State Tournament	Frostburg, Md.			
fan. 13	Greensboro*	Home			
Jan. 16	Averett*	Danville, Va.			
Jan. 18	Ferrum*	Home			
Jan. 20	Methodist*	Fayetteville			
Jan. 23	Mt. Olive	Mt. Olive			
lan. 26	Mary Washington	Fredericksburg, Va.			
Jan. 28	Virginia Wesleyan	Norfolk, Va.			
lan. 30	Christopher Newport*	Home			
Feb. 4	Meredith	Home			
Feb. 6	Ferrum*	Ferrum, Va.			
Feb. 10	Averett*	Home			
Feb. 13	Greensboro*	Greensboro			
Feb. 16	Methodist*	Home			
Feb. 20	Christopher Newport*	Newport News, Va.			
Feb. 23	DIAC First Round	TBA			
Feb. 26-27	DIAC Finals	Newport News, Va.			
* Dixie Conference Game					

play from the second half of the Coker game." The week left the team with a 2-6-1 record overall and a 0-2