

## FIRST AID HINTS

What do you do when you get a small sliver in your finger, a slight scratch or a burn? Do you always report for first aid?

No? Perhaps most of the time you try to take care of it yourself, or one of your friends helps out.

You probably don't realize that so-called small injuries often cause the most trouble and can become the most dangerous.

Many times your friends will try to tell you what to do. Beware of fancy remedies like putting tobacco juice on wounds or "sucking the poison" out of the cut. They won't do any good and they may do a lot of harm.

The germs which cause most infections are present everywhere--on your skin, in the air, on the floor, on the hands of the well-meaning friend who offers to take something out of your eye--and they'll attack any little scratch or cut.

These invaders usually don't cause any harm as long as they're on the outside of the skin, but as soon as there's a break in the skin, no matter how small, they rush right in and go to work. When this happens, you're in for trouble.

In a very short time, you'll begin to have pain, maybe some swelling, redness and heat in the injury. By the time you get these signals, the damage is done and it may be too late.

Do you know that in six hours one germ can multiply until there are over 4,000, and it takes only about 8 to 10 minutes for one of them to travel from the tip of your finger to your shoulder? That's why it's so important for you to report for first aid immediately.

Here are a few do's and don'ts to remember:

1. Always report every injury, no matter how small it seems, for first aid care.

2. Never let your friends treat your injuries. They can do more harm than the injury itself.

3. Never put an old rag or dirty handkerchief on a cut. Cover it with a clean paper towel.

4. Never touch an open cut or sore. If you do, you'll add more germs to those already working on the injury.

5. When you get something in your eye, don't rub it. Try to hold the eye as still as possible and get to first aid immediately.

A smart person knows better than to gamble with his life. So play it smart. Report for first aid right away.

## BASCOM JARRELL DIES

Bascom E. Jarrell, retired employee of Plant #1, died on November 10, 1957, following a six weeks' illness.

After 43 years of service with Adams-Millis, Bascom's health failed in 1955, and he retired in October of that year. A loyal and well-respected employee of the company, he visited Adams-Millis frequently, always wearing a red flower in his lapel.

Bascom became ill in early October of this year and was not able to be out after that time. He is survived by his wife, Bessie Smith Jarrell, and five children. A son, Horace, is employed as a fixer at Plant #1.

