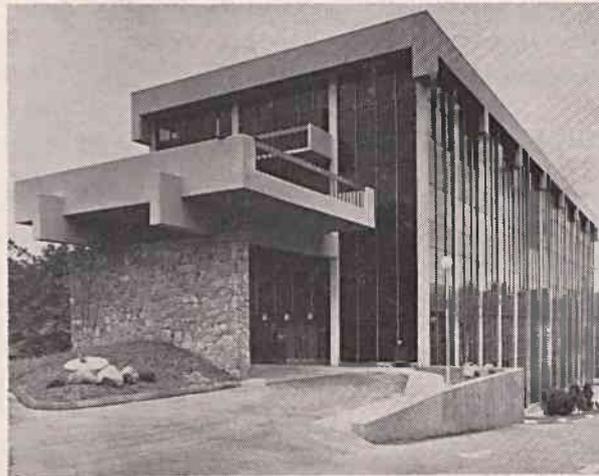


# INTERCOM

DUKE UNIVERSITY MEDICAL CENTER

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DURHAM, NORTH CAROLINA



The recently opened Statler Hilton Inn, shown above left, is the home of the new Duke Hospital self-care unit. (See story below.) Coordinator of the unit, Mrs. Hilda M. Parrish, is shown at right talking to two patients in the inn's dining room. As coordinator of the unit, Mrs. Parrish will be on duty at the inn daily acting as hostess and receptionist for the patients. She will advise patients as to their schedules and help them in meeting appointments and will work closely with physicians, Nursing Service, and the Department of Dietetics in coordinating their patient services at the unit. At the time of her appointment, Mrs. Parrish was administrative secretary to Mr. Charles H. Frenzel, administrative director. She has been on the staff at the medical center for thirteen years.

## Medical School Dean Gets New Assistant

S. Douglas Smith, a June, 1966, graduate of Duke University's Graduate Program in Hospital Administration, has been appointed assistant to the dean of Duke University School of Medicine.

He succeeds Richard A. Bindewald, who has been appointed to the newly created post of director of personnel for the entire university.

Mr. Smith, 28, will assist Dean W. G. Anlyan in business administrative matters pertaining to the School of Medicine.

A native of Odessa, Texas, Smith graduated with a B.S. degree in business administration from Abilene Christian College in 1960. He held two appointments after that, one as an assistant examiner at Federal Reserve Bank, Dallas, Texas, and the other as administrator of a small hospital in Bridgeport, Calif.

## Self-Care Unit Established at Local Inn

Duke Hospital patients who are able to take care of themselves with supervision but do not need continual observation can now live in a hotel while getting needed medical treatment.

The hospital has made a contractual arrangement with the recently opened Statler Hilton Inn—located several blocks from the hospital—for the leasing of 20 rooms on the inn's third floor (with an option on the remaining six rooms on that floor) for the purpose of establishing a self-care unit for its patients.

The unit is designed to allow patients to get hospital services at less cost, help conserve the supply of professional health personnel, and free hospital facilities for the seriously ill.

"The change in atmosphere is welcomed by most of those who formerly had long hospital stays," said Mrs. Hilda M. Parrish, coordinator of the new unit.

Part of the popularity of the unit is probably also associated with the amount of saving in hospital costs, for patients using the new unit save almost 50 per cent over what they would have to pay to be in the hospital for the same period of time. (Patients pay for their accommodations at the inn through the Hospital Business Office, as the hospital pays the hotel on a monthly basis.)

To be eligible for the unit, a patient must be ambulatory and fully able to participate in his own care. He receives instruction on self-care from his physician and others on the hospital staff and participates in his own program of drug and diet therapy. No patient who must have medication around-the-clock is eligible for the unit. Nursing rounds are made twice daily so that patients can be advised and counseled.

A patient is admitted to the unit through the Private Diagnostic Clinic after his doctor has signed a form certifying him as a self-care patient.

Although new to Duke, the self-care unit idea is not new. Other hospitals in North Carolina having similar services include the Charlotte Memorial Hospital in Charlotte and the N. C. Baptist Hospital in Winston-Salem.

The new unit was proposed by a committee that has been studying hostel facilities in general for over a year. It is hoped that the unit will provide the medical center with information and experience that may prove helpful in the future. For, although not yet on the drawing board, future plans for the hospital include the building of a proposed hostel to be located not far from the existing Private Diagnostic Clinic facilities.

