



BLOOD IS IMPORTANT—Michael Herbstreith both uses blood in his work and donates it to the Red Cross Blood Program. His research, under the direction of Dr. Allen D. Roses, chief of the Division of Neurology, uses human red blood cells to try to determine the causes of muscular dystrophy. (Photo by Ina Fried)

Trading Post

FOR SALE—1972 red VW convertible. Good engine, transmission, new shocks, r. and h. Call 732-2991 in Hillsborough after 6 p.m. and all day weekends.

CONGRATULATIONS!—By reading this ad, you have just won your choice of one of five lovely kittens. Rocky is white, and Friday is black. The females, Lasagne, Worth Gurkin and Spooky are mottled, dappled and gray tiger-striped, respectively. Claim your prize and your kids will love you almost as much as the kitten does. Call 732-2991 in Hillsborough after 6 p.m. and all day weekends.

WANTED TO BUY—Extension ladder, electric typewriter, lawnmower, wheelbarrow, refrigerator. Call 688-7218, early a.m. and evening.

FOR SALE—Fiberglass dome with wall-to-wall shag carpet. The dome's 25-foot diameter, overhead skylight and four sets of sliding glass double doors which open to a surrounding deck will make this your ideal vacation cottage, studio or study. Call 489-5106, evenings or weekends.

WANTED—Used two-wheel utility trailer, in any condition. Call 489-9297, after 5 p.m. or weekends.

FOR SALE—1966 Oldsmobile F-85 four-door station wagon, AC, AT, PS, PB, new tires, battery, shocks, muffler system, radio, good transportation, \$475; car top pop-up tent, sleeps two, wonderful for vacationing, wooden bed minus mattress, can be used as luggage carrier. Call 489-8410.

FOR SALE—1972 Yamaha 350; only 7,000 miles; brand new Dunlop K-81 tires; excellent condition; \$500. Call 286-2862, after 5 p.m.

FOR SALE—Boy's shirt, size 20 (same as man's size small) and one pair gray knit dress pants; excellent condition; make excellent back-to-school fall clothes. Call 477-1089, after 7 p.m.

FOR SALE—1971 Econoline Camper

300, 19 foot, self-contained; new upholstery and curtains; double wired, electric and gas refrigerator; gas stove with oven; stainless steel sink; hot and cold water; shower and commode; adequate storage; sleeps five; low mileage; loan assumption available. Call 471-3636.

FOR SALE—1972 Ford van camper equipped with stove, ice box, cabinets, sink, porto-toilet; sleeps two. Call 471-1769.

FOR SALE—Four-door '66 Oldsmobile, AC, PB, PS, new tires, runs like new; \$550. Call 286-1400, after 5 p.m.

FOR SALE—Stereo system, consists of Dual 1225 turntable, two 8" two-way speakers, AM-FM stereo receiver; \$200 or best offer. Call Floyd, 684-7442.

FOR SALE—Antique white decorator traverse rod, extends to 150", practically new, \$20; sheer ninon priscilla curtains, one double window and one single, 81", \$18. Call 383-2649, after 5:30 p.m.

WANTED—Need second hand (good condition) baby crib or bed; have good mattress but will consider yours if it comes together. Call 688-1293, ask for Margaret, after 6 p.m. and weekends.

FOR SALE—Good metal baby carrier for bicycle. Call 688-1293, ask for Margaret, after 6 p.m. and weekends.

FOR SALE—Hot water heater, 52 gal., 4 1/2 yr. warranty, \$90; Kitchen Aid dishwasher, \$65; antique trunk, \$45; louvered door and bar window, \$30; 2 x 5 alum. window, \$15. Call 383-4769, night and weekends.

The Week on Campus

May 6-May 13, 1977

Event and Time	Place
MUSIC (684-4059): Sun., 7 p.m. Organ recital: Fenner Douglass	Chapel
PERFORMING ARTS (684-4059): Fri. (5/6), 8 p.m. Durham Theatre Guild and City Acting Company: "Glory for Me," (Admission Charge) Fri. (5/6) and Sat., 8:30 p.m. Hoof 'n' Horn: "Camelot" (Admission Charge)	Carolina Theatre, downtown Durham Page
RELIGIOUS (684-2572): Sat., 3 p.m. Baccalaureate service for advanced degree candidates: Dr. Harmon L. Smith, prof. of moral theology and community health sciences Sun., 9 and 11 a.m. Baccalaureate service for undergraduates: Bishop James Armstrong, Dakotas area, United Methodist Church	Chapel Chapel
OTHER: Fri. (5/6), Sat. and Sun. Continuing Education: Lectures and tour of Stagville Preservation Center (Admission Charge) Sun., 3 p.m. Graduation exercises Mon., 8 p.m. Continuing Education: "How To Have Successful Interviews." (Admission Charge)	Wallace Wade Sta. Bivins
FILMS: Tues., 7 and 9:30 p.m. "Harold and Maude," Gross Chem. Aud.: Wed., 7 and 9 p.m. "King Kong" (1933 version), Gross Chem. Aud. (Admission Charge)	

Intercom

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Contributor Calls Giving Blood Short and Simple Way To Help

"It's just a good feeling," Michael Herbstreith said about giving blood. "Some people go to church and give donations. I give blood."

Since 1970 Herbstreith, a research technician in the Department of Medicine, has contributed 13 units of blood to the American Red Cross.

The Red Cross will conduct a blood drive in the first floor Cafeteria Wednesday, May 11, from 11 a.m.-4:30 p.m.

Goal Not Reached

Duke Hospital uses 33,000 units of whole blood and components a year, most of it free from the Red Cross, according to Jane Mahoney, assistant administrator for patient services. The medical center has a goal of contributing 1,200 units a year, but has not reached that goal, she said.

The Red Cross understands that it's not always convenient for people working in outlying areas of the medical center to attend blood drives in the hospital, Mahoney said. Others may hesitate to give blood just before going on duty in patient care areas. But the Red Cross includes in the medical center's quota any donations from employees contributed at their Forest Hills center as well.

Herbstreith, whose lab is in Research Park, goes to the Red Cross center in the mornings "because that's when they do the 'Peds Packs,'" he said. "One donation from an adult can help three or four infants."

Started in College

Herbstreith started his blood donation when he was in college. One of the boys he played bridge with was in a car accident and needed a lot of blood.

"It is uncomfortable to have a needle stuck in your arm for five or 10 minutes," he admitted, "but you probably have more discomfort with a headache."

"I meet a lot of interesting people at the center, steel workers, nurses, and garbage collectors," the biochemist said. "It's a very short and very simple procedure. I usually go to sleep giving blood. Plus you get refreshments."

Donor's Health Important

"What gets me is having to wait eight weeks between donations," he said. "But they've got to consider your health first." The waiting period allows time for a person's

body to replace the red blood cells lost in donating blood.

Herbstreith said the routine check of blood pressure, temperature and red blood cells gives a potential donor a quick, general idea of his or her own health.

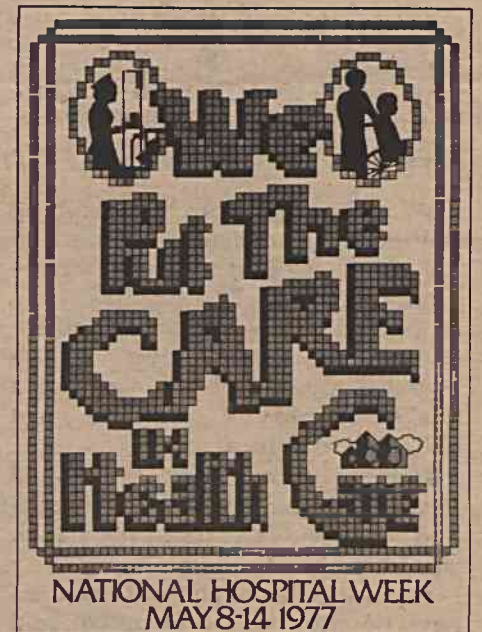
He has given so often that he knows the list of medical screening questions and will put off a donation if he's had the flu or knows some other reason he would be rejected as a donor. "A person having an operation doesn't need to fight your virus as well," he remarked.

All Blood Types Needed

Herbstreith has type O negative blood, a type shared by one in 15 people. The most common types, O positive and A positive, are found in one out of three people, while the rarest, AB negative, is found in only one out of 167.

The Red Cross must collect a balanced number of blood types every day to meet the needs of hospitalized patients, Mahoney said. Any blood type is rare if it's not available when it's needed, she stressed.

Special emphasis in Wednesday's blood drive is being placed on donors from the Outpatient Department, Business Office, Medical and Surgical Private Diagnostic Clinics and Outpatient Clinics, Engineering and Operations, Environmental Services, Medical Center Materials, Medical Library and Director's Office. But everyone is encouraged to participate.



TV Previews Golf

The appearance of medical center personalities on WTVD's (channel 11) "Peggy Mann Show" continues next Thursday at 1 p.m. when the Children's Classic celebrity golf tournament will be the topic.

Dr. Samuel L. Katz, chairman and W. C. Davison professor of pediatrics, and R. C. "Bucky" Waters, assistant to the vice president for health affairs, will be interviewed.

ON TOUR TODAY

A group from Carrington Junior High, participating in the school's introduction to vocations program, are touring the medical center this morning, accompanied by Dot Honeycutt.