



May 20-27, 1977

We would like to list lectures, symposia and other activities at the medical center in the Intercom Calendar. If information about your event does not appear, the reason is either that we did not receive it or that we received it too late for printing deadlines. Notices can be accepted for the calendar no later than one week prior to publication. Notices may be sent to Box 3354, Hospital. If last minute scheduling makes it impossible to send a written notice in time, please call 684-4148.

Friday, May 20

12:30 p.m.

Biochemistry Seminar. Dr. Maurice Bessman, McCollum-Pratt Institute, Johns Hopkins University, will speak on "The Biochemical Basis of Spontaneous Mutation," Rm 147, Nanaline H. Duke Bldg. Coffee at 12:15 p.m. in the lobby.

1 p.m.

Network for Continuing Medical Education (NCME). Programs on "Ovarian Cancer: Diagnosis and Treatment of Common Epithelial Tumors" and "Gait: Normal and Abnormal." View in Rms M-405, M-410, 2031 and Medical Student Lounge (Channel 7 or 9) at Duke and Rms A3002 (by appointment only), C9013, D3008, CCU and classrooms and media learning lab of Allied Health Bldg. at VA Hospital.

Wednesday, May 25

12:30 p.m.

Microbiology and Immunology Seminar. Dr. Harris Busch, professor and chairman, Dept. of Pharmacology, Baylor College of Medicine, will speak on "Gene Controls of Nucleolar Synthesis of Preribosomal Particles," Rm 143, Jones Bldg.

1 p.m.

7:30 p.m.

NCME. See Fri., May 20 for program listings and viewing areas. Open meeting of Make Today Count, self-help group for cancer patients, family members and concerned others, Church of the Holy Family, Chapel Hill. For information call Bev Rosen, 286-5697.

Professor Suggests Ways To Enjoy Summer More

(Continued from page 1)

"If you wash the oil off quickly enough it won't bother you," the dermatologist said. "Sensitivity varies from person to person, though, and just a few minutes may be enough for some people." Cool water and calamine lotion can help stop the itching.

Other Itches

Prickly heat is another common complaint physicians hear during hot weather.

The condition has nothing to do with cleanliness, Callaway said, and extra showers in hot weather sometimes do more harm than good in controlling it.

"Prickly heat is caused first of all by heat that increases sweating," he said. "When the skin is wet from perspiration, sweat gland pores close up, and little red blisters form on the stopped up pores.

"The object is to keep as dry as

possible so that the skin doesn't stay soggy. Loose clothing and powders can ease the discomfort."

Keep Dry

Fungal infections under arms, in the groin, under breasts and between toes are also encouraged by perspiration, Callaway pointed out. Over-the-counter medications are sometimes effective in combating them and keeping dry with dusting powder should help prevent their return.

What about sunbathing?

"There is absolutely no question that in susceptible persons, over-exposure to the sun causes skin cancer," the dermatologist said. "Fair-skinned people, blondes and redheads are even more susceptible to it than those with darker skin.

Sun Never Forgets

"Even people who don't develop skin cancer are going to age prematurely, get more wrinkles and

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HAPPY BIRTHDAY—From left, Betty Bowers, Betty Leach and Julia Negley are the only three members of the original Pink Smock committee still active with the Hospital Auxiliary's gift shop. The shop is celebrating its 10th birthday with a sale that continues through tomorrow. (Photo by Ina Fried)

be more prone to skin keratoses, which are scaly dark spots in the sun-exposed areas."

The physician, who has trained dermatology residents at Duke for 40 years, said the same people who sunbathe constantly "to make themselves look pretty" wish they hadn't 10 or 20 years later.

"The sun never forgets," he said.

Chiggers, mosquitos and ticks also cause itching in warm weather by releasing irritants under the skin, Callaway said.

Watch Out for Ticks

Mosquitos no longer cause malaria and yellow fever epidemics in the United States, at least, but Rocky Mountain spotted fever, carried by ticks, is responsible for about 50 deaths a year in this country according to the Center for Disease

Control in Atlanta.

"A lot of people don't know that more cases of this disease are found in North Carolina and Virginia than in any other states," Callaway said. "It's very important that parents examine their children for ticks during the spring and summer."

If a child has been bitten by a tick and then develops a fever, prompt medical attention is critical because Rocky Mountain spotted fever progresses rapidly.

Callaway said that many common lotions are effective in relieving itching, and insect repellents may prevent the bites altogether. But some people are allergic to ingredients in non-prescription medications, he cautioned, so if additional inflammation occurs, the lotions should be stopped.

Intercomments

Full-term Nursery

Jeanne Bonker, RN, has transferred from Williams Ward to the Nursery staff.

Congratulations go out on the births of a son, a daughter and a grandson. Phillis Byrd, LPN, and her husband Gary have a new daughter, Carey Elizabeth, born April 18. A son, Michael Tyrone, was born to LPN Myrtle Lewis and husband Rufus, April 28. And Head Nurse Mayme Hampton has a new grandson, Mark Hampton Banasiak.

Reporter: Beverly Craig

Central Supply

Gretchen Cheek, Central Processing chief, has a new grandson, Wayne Alexander, born March 4.

Reporter: Therlan Thompson

Ambulatory Nursing

Dorothy Moseley, discharge planning coordinator, has resigned to become an assistant director in nursing services at Wake Memorial Hospital, Raleigh.

Reporter: Carolyn Bradley

Third East Ward

Lois Balon has been promoted to assistant head nurse. New staff nurses are Barbara Porter and Ava Coppersmith.

Reporter: Dot Hall

Nursing Inservice Education

Christine Reed, RN, is a new instructor on the Nursing Inservice Education staff. She was married to Joseph B. Moran, May 14, in Brooklyn, N.Y.

Lydia Wilson, secretary, has transferred from Material Support. She has worked at Duke for six years.

Susie May, secretary, has resigned to move to Missouri where her husband will attend law school.

The staff coordinated a Critical Care Curriculum, April 4-29, at the Croasdaile Education Center.

This special training for 16 nurses representing all critical care units was a pilot project and utilized planners and teachers from the entire Department of Nursing Services.

Reporter: Lydia Wilson



FOR YOUR CONVENIENCE—Bernice Williams, employee in Environmental Services, tries out the new stamp machine in the hospital's main lobby. The machine makes stamps available for patients and employees even when the hospital mail room is closed. (Photo by Ina Fried)