

4 Caroling tradition without national boundaries

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Had Luther been its author, it is an almost foregone conclusion that this carol would have been widely known and sung in Germany, he believes.

From the heart

Of whatever origin, carols all come from the heart of the people. Most probably, carols started as "circle dances" in the Middle Ages during such festivals as New Year, Easter, the coming of spring, fall harvests and of course, at Christmastide, Beach said.

Thus lost in antiquity, most of the authors of both words and music of the earliest carols are wholly unknown.

In many countries, there are special customs in conjunction with the celebration of Christmas and its attendant carol-singing.

St. Francis of Assisi

In Italy, as early as Christmas Eve, in the year 1223, St. Francis of Assisi is said by scholars to have given "powerful inspiration" as he moved the population of his area to devotion in a reenactment of the birth of Christ.

Using a cave near the Castle of Greccio, in Umbria, St. Francis had a manger installed, complete with hay, an ox and an ass at its side.

Duke recipes available

More than 300 recipes, contributed by various members of the Duke community, have been compiled for a cookbook which is available in campus libraries.

Duke University Recipes can be purchased for \$4 in Room 117, Perkins Library, in the East Campus Library or by calling Catherine Leonardi at 684-6359.

There, he preached "full with the sweet love of God and greatest devotion" to huge crowds — so many people according to the account that "the entire forest was bright with the light of many torches and resounding with singing of solemn hymns of praise."

This custom of the "crib," or "creche" is still much observed in Italy, France,

To jazz up Christmas Eve

Mary Lou Williams, Duke artist-in-residence in jazz studies, is expected to be the featured performer in a nationwide television special "with a religious jazz flavor" on Christmas Eve.

The half-hour telecast, "A Christmas Special with Mary Lou Williams at Duke University," is planned for 11:30 p.m., Dec. 24 on CBS.

The noted pianist-composer-arranger is considered the only major jazz artist who has lived and performed through the development of jazz since the early decades of this century.

A profoundly religious person, Williams some years ago withdrew from public appearances "to follow a life of meditation," and, as she said, "to seek answers to the mysteries of human existence."

Since returning to the musical scene, the religious side of jazz has been dominant in her compositions, among them three Masses. One of the masses received wide recognition and acclaim at an actual liturgical performance by Williams in St. Patrick's Cathedral in New York.

"To me," she says, "jazz is a way of praying. The folks who created jazz were

Spain, Austria, and most Spanish-speaking nations of the western hemisphere.

Sweden, Poland, France

In Sweden, a special observance of Christmas Day is the traditional dance around the Christmas tree in the home, adults and children joining hands in singing their dance-carol, "Yuletide is

here again, happy days we'll have 'til Easter."

Similar around-the-tree singing is customary in Poland and some other European countries.

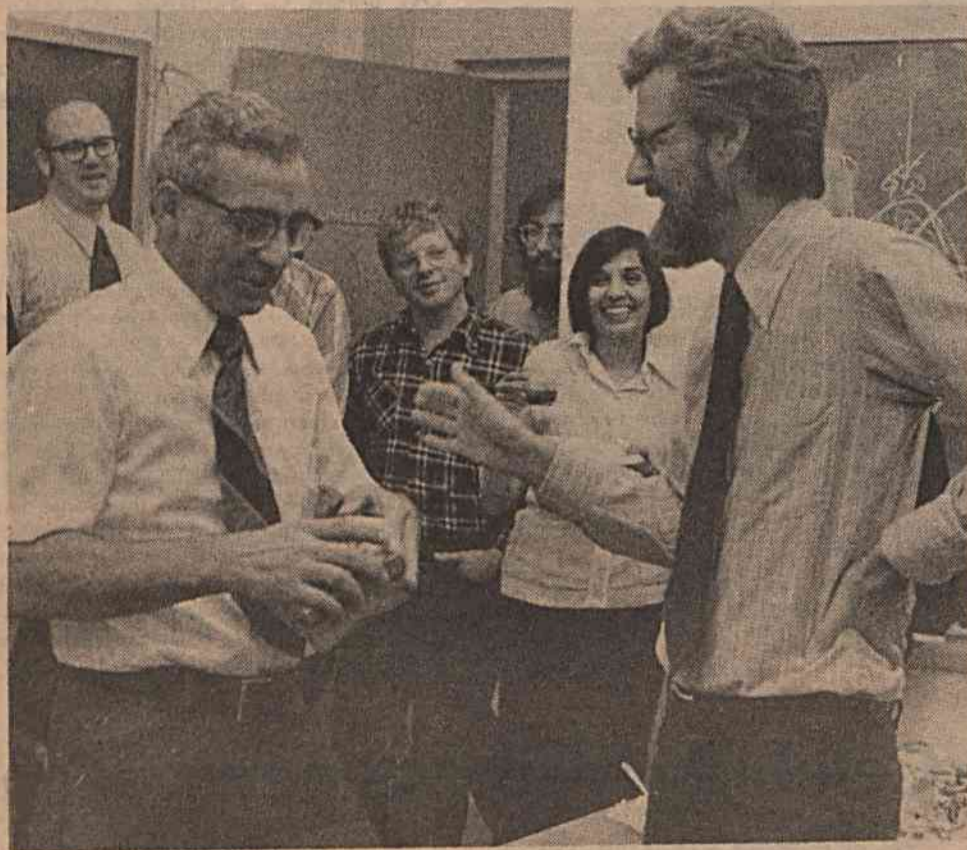
In France, throughout the Christmas season groups of carol-singing youths move through village streets. Townspeople toss coins to them from windows and doorways.

Before Christmas Eve midnight Mass, the young people dress in shepherd costume and sing and dance their way to the church or cathedral by torchlight.

The custom is remindful of one of the carols Americans are fond of singing — "Bring a torch, Jeanette, Isabella," a work ascribed to the Frenchman Nicholas Saboly who lived from 1614-1675.

doing just that — praying — and there is no way you can separate this music from religion."

Williams teaches in the Department of Music and directs the Duke Jazz Ensemble.



WITH APPRECIATION—Dr. John Salzano, left, opens a gift at a party given by the Department of Physiology, Dec. 9. Dr. Edward Johnson, department chairman, presented a watch and a coffee maker in appreciation for Salzano's service as acting chairman of the Department of Physiology and Pharmacology for two years. The party also honored Drs. James Hall and Ronald Joyner, assistant professors, who are leaving for the University of California at Irvine and the University of Iowa, respectively. (Photo by Ina Fried)

Gminski scores for Seals

When he hasn't been grabbing rebounds or dunking the basketball, Mike Gminski has been leading the fight against lung disease.

The center of Duke's basketball team has been serving as honorary state chairman for the 1977 Christmas Seal Campaign.

Dr. C.E. Buckley III, a Duke professor of medicine and president of the N.C. Lung Association, made the announcement of Gminski's appointment.

"Mike's physical fitness and competitive spirit represent an aspiration or goal we share for all the young people throughout the state," Buckley said. "Mike exemplifies the vigorous good health and robust quality of life that can be attained by careful attention to one's physical well being."

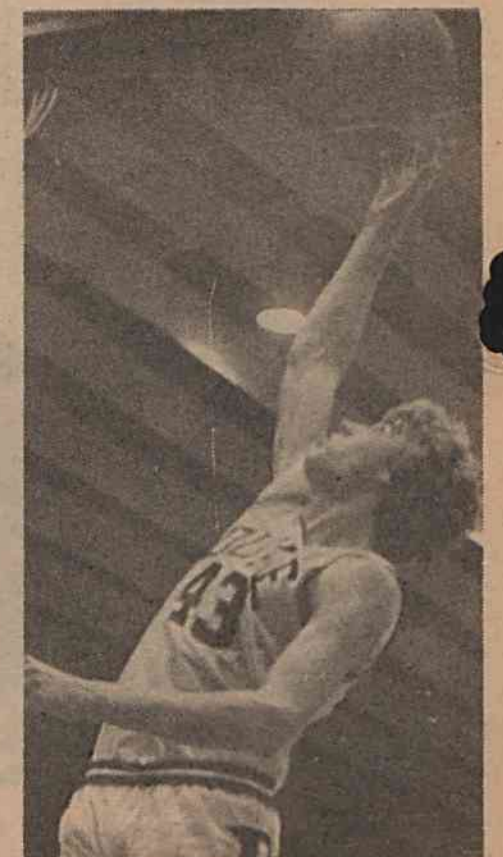
Gminski, a 6-foot-11-inch Monroe, Conn., native, was named co-winner of the Atlantic Coast Conference Rookie of the Year Award last year.

"Nobody knows the value of healthy lungs better than an athlete," Gminski

said. "When you see how many people are affected by respiratory diseases, it makes you want to do your part."

Gminski has made public appearances and done public service announcements in his role as honorary Christmas Seal chairman.

"I urge all of you to pick up the challenge with me to help prevent and control all lung diseases by sending in your contribution today."



MIKE GMINSKI leads Christmas Seal team



Keep the life of the party alive

How to Keep the Life of the Party Alive is a new pamphlet from the National Highway Traffic Safety Administration which gives pointers on how to keep partygoers who have had too much to drink from driving home.

The pamphlet suggests driving intoxicated guests home, or making sure a guest is well supplied with food to "cushion" the effect of alcohol if he or she insists on driving home.

Delaying tactics also are recommended

to give guests extra time for their bodies to absorb the alcohol they've consumed.

Finally, the booklet says, physical restraint should be used to keep an insistent drunk person from driving home. While this may seem drastic, the publication notes, you may be saving the life of a friend or an innocent victim.

For a free copy of *How to Keep the Life of the Party Alive*, send a postcard to the Consumer Information Center, Dept. 664E, Pueblo, CO 81009.