

Basketball players to walk for hunger

Event participants and sponsors are needed in the Durham CROP Walk for Hunger on Sunday, April 2.

Last year over 500 people participated in the walk and raised over \$10,000. One-fourth of the money went to the Durham Meals-on-Wheels Program.

Walkers secure sponsors who give money on the basis of miles walked.

This year members of the Duke basketball team are going to walk/run the 10-mile route in Durham. Anyone interested in sponsoring a particular Duke basketball player may do so by contacting the CROP office at 688-6843.

The players will be introduced at a kick-off rally at Wallace Wade Stadium at 1 p.m. The walk will begin at 2 p.m. and will last approximately three hours.

Money is distributed through CROP, the Community Hunger Appeal of Church World Services.

Walker's packets and information about the walk may be obtained from the CROP office at 1006 Lamond Ave., at Duke Chapel, or at an exhibit at Northgate Mall tomorrow.

AFTER ST. LOUIS, all the Blue Devil basketball players will participate in the CROP walk for hunger. Shown warming up for the event are (l-r) Scott Goetsch, Steve Gray, Bruce Bell, Bob Bender and Rob Hardy. (Photo by Parker Herring)



Fear of snakes most common phobia

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In the more direct approach, the person would climb the fire escape quickly, while noting his reactions.

In either instance, a person gradually learns to exchange a reaction of panic for a more reasonable and relaxed approach to the dreaded object or situation.

On-but not for-sale

"How much a pound is that steak?" she asked the butcher.

"Got a special on it today, lady," replied the butcher. "It's \$1.89 a pound."

"You're high!" she said. "I can buy the same cut down the street for \$1.59 a pound."

"Oh . . . Well, why don't you?"

"Because they're out of it."

"If we were out of it, we would charge \$1.59 a pound, too."

Boudewyns said that many people do not know how and why their phobias came about.

Source may not matter

"Most likely it doesn't matter. We do not spend a lot of time trying to find out the root cause."

While the scientific community is pretty much in accord with Duke's "exposure therapy," disagreements arise about the importance of getting to this root cause.

Some say that one phobia eventually will be replaced by another, if the basis of the person's problem is not found and eradicated.

"I have not seen evidence of this," Boudewyns said.

Conditioned to be fearful

How do phobias come about in the first place?

Through conditioning or a result of

some terrifying experience, he said.

A child who is constantly told by a respected authority that all dogs are vicious is likely to develop an abnormal fear of dogs. A person trapped in an elevator which falls several floors is likely to panic at the thought of getting on another elevator.

Snakes

The most common phobia? A fear of snakes, according to Boudewyns. Studies with chimpanzees have shown this to be almost inborn. This phobia doesn't create many problems, however, since it's pretty easy to avoid contact with these reptiles.

The fear of flying and a dread of driving an automobile are modern man's most serious phobias.

The longer a person lives with fears, the harder it is to be rid of them, but people don't have to continue to live with this most unpleasant problem, he said. "The individual might have to suffer through a certain amount of discomfort during therapy, but he or she can be helped."



"You have three get well cards from the boys and a 'We told you so' from the Safety Committee."



March 24-31, 1978

The Medical Center Calendar lists lectures, symposia and other activities of interest to faculty, staff and students. Notices should be sent to Box 3354 no later than one week prior to publication. If last minute scheduling makes it impossible to send a written notice in time, please call 684-4148.

Friday, March 24

- 12:30 p.m. Biochemistry Seminar. Dr. Robert Lefkowitz, professor of medicine and assistant professor of biochemistry, "Adrenergic Receptors," Rm 147, Nanaline H. Duke Bldg. Coffee at 12:15 in the lobby.
- 1 p.m. Network for Continuing Medical Education (NCME). Program on "Osteoporosis: A Disorder of Bone Remodeling." View in Rm M405 at Duke and Rms D3008, C6002 and C7002 and Bldg 16 at the VA Hospital.
- 2 p.m. Videotape showing, "National Sleep Disorder Update," same viewing areas as NCME.
- 4 p.m. Anatomy Seminar Series on Molecular Mechanisms of Motility. Dr. Howard Berg, Dept. of Molecular, Cellular and Developmental Biology, University of Colorado, Boulder, "Motile Behavior of Bacteria," Rm 273, Sands Bldg. Coffee and cookies at 3:45.
- 7 p.m. N.C. Family Practice Club, panel discussion, Holiday Inn, Chapel Hill.

Monday, March 27

- 12 noon Pathology Research Conference. Ken Trofatter, "Immune Mechanisms for the Destruction of HSV Infected Fibroblasts ADCC," Rm M204.

Wednesday, March 28

- 1 p.m. NCME. See Fri., March 24, for program and viewing areas.
- 4 p.m. Council on Aging and Human Development. Anne R. Somers, professor of community medicine and family medicine, Rutgers Medical School, New Jersey, "National Policy for the Elderly: What Next?" Rm 1504, Gerontology Bldg (blue zone).

Thursday, March 30

- 12:30 p.m. Special Genetics Seminar. Dr. G.N. Godson, Yale University, New Haven, "Evolution of Viral Genomes: Comparison of the Complete g4 and $\phi\chi 174$ DNA Nucleotide Sequences," Rm 147, Nanaline H. Duke Bldg. Coffee at 12:15 in the lobby.
- 7:30 p.m. Economic Issues of the 1980s: Justice and Efficiency. Henry Grabowski, professor of economics, "Government Regulation of Product Safety," Zener Aud, Soc-Psych Bldg.

Decisions discussed to be great ones

The Institute for Learning in Retirement, assisted by a grant from the North Carolina Humanities Committee, will sponsor a Great Decisions '78 Lecture Series on Thursday afternoons, April 13-June 1.

The public is invited to register for and attend the series.

Each lecture will begin at 4 p.m. and will be followed by a question and answer period.

The first week's topic will be "Human Rights Abroad: Reality or Illusion for U.S. Policy."

Subsequent sessions will deal with international development, world energy dilemmas, the Middle East, global power balance, relations between the U.S. and Mexico and Japan, and citizen input into foreign policy.

The registration fee for the complete series of eight lectures is \$5, and a copy of the American Foreign Policy Association's textbook, Great Decisions '78, will be provided.

To register or obtain further information call the Office of Continuing Education, 684-6259. Enrollment will be limited.