

BOOK REVIEWS

Why do they riot?

Student opinion of parents and professors, God and religion, drugs and the draft, are candidly reported by students themselves in a book entitled *THE COLLEGE SCENE* by James A. Foley and Robert K. Foley (McGraw-Hill Paperbacks, \$2.95).

Under the co-direction of the Foley brothers, The College Poll of Connecticut's Greenwich College Research Center conducted 3,000 personal interviews of students from a cross section of 100 of the nation's universities. Using established scientific techniques, the findings were reduced to data-processed conclusions and have been turned into refreshing editorial dialogues.

Both authors encourage parents, and men and women of the older generation, to read this study involving such questions as why students riot; how big business rates on campus; whether or not professors wage war; and the latest information on abortion and sex, hippies and long hair. "For it is quite possible," comment the brothers, "that the generation gap is a chasm that can be closed with greater ease than either side imagines."

Still very active in student affairs, James A. Foley attended Norwalk College and now supervises the editorial board and commercial studies for The Poll. Robert K. Foley is presently an economics major at Villanova, and he supervises The Poll's field staff and international operations.

The College Poll was started at the urging of top newspaper editors to provide a dialogue with college students. Now in its third year and in 11 countries, The College Poll covers thousands of in-depth interviews which are processed and reported to more than 50 leading newspapers, and over NBC "Monitor" every week-end.

The smiling meemies

Dedicated to Richard the Lion-Hearted, *WHO'S AFRAID?* -- *THE PHOBIC'S HANDBOOK* by Barbara Fried runs the gamut from Anxiety to Space Phobia with such rare, non-garden varieties of phobias as fear of exhaust pipes, bowls of waxed fruit, hippopotamuses and tuna fish thrown in for good measure (McGraw-Hill, \$5.95).

Presented in a wry and witty style, this array of human fears and hangups will provide many a chuckle for the non-phobic reader: phobias are intrinsically funny -- to other people. Persons who do have unreasonable fears will discover in these pages that they are neither alone nor beyond help.

As Mrs. Fried notes, it is true that "in a world where television sets radiate silent menace in a corner of your living room, and where the very air you breathe is killing you, the line between what is and what is not realistically dangerous does tend to be rather fuzzy. Nonetheless, everyone will probably agree that caterpillars, cats, thunder, a bowl of fruit, blood, going over a bridge, the dark, automobile tailpipes, going to school, and butterflies are not in themselves harmful; yet all these things terrify somebody. A phobic will even admit that large shiny green leaves cannot possibly hurt him. After admitting it, however, he will go right on being afraid. And the more you try to talk him out of it, the quicker you make him go elsewhere."

Furthermore, the author points out, the phobic's anxiety is out of proportion to the actual risk even when a real hazard is involved, as in flying.

"Such totally unrealistic behavior can only mean that the phobic is not reacting to the object itself but that, instead, the object must stand for something else, although only to him-- and that something else is what he's responding to. Which is to say that a phobic object, an idea, or situation is actually a projection of an anxiety-provoking idea that your conscious mind doesn't want to know about, but that your unconscious mind insists in thinking about anyway.

"The trouble is that the unconscious doesn't know from being reasonable, and the damn thing NEVER forgets."

Basically, *WHO'S AFRAID?* is a descriptive book about phobias -- what causes them, who has them, what they are like, how we react to them, what some of the more prevalent ones are, and what they mean psychologically and socially. It owes its charming and captivating quality to the talent of Barbara Fried, author of the popular *THE MIDDLE-AGE CRISIS*, and Seymour Chwast, partner in the famous Push-Pen Studios, whose elegant and sardonic illustrations have graced the media in every form: his Little-Man-Afraid with hair standing up on end enhances the sophisticated, light text and is a delight to the eye.

IIE PUBLISHES HANDBOOK

The Institute of International Education announces publication of the fifth edition of the *HANDBOOK ON INTERNATIONAL STUDY FOR U.S. NATIONALS*, a work that has come to be recognized as the basic guide in the field. Intended primarily for the serious graduate or undergraduate student or the scholar who is interested in attending a foreign university or specialized institution with a definite academic or professional goal in mind, the *HANDBOOK* also provides extensive information in compact form for faculty advisers, teachers, and other counselors advising U.S. students about study abroad and assessing the academic backgrounds of foreign students.

The *HANDBOOK* describes the higher educational systems of 120 countries and territories and lists all the universities and other institutions which are recognized within these countries as university-level institutions. It also includes selected lists of specialized institutions -- technical schools and art schools, music

schools, etc. -- which offer study opportunities similar to university-level training in the United States. It provides information on the language of instruction, the academic year, major university degrees, admission procedures, costs, housing, and special programs of interest to U.S. students.

A period of study abroad is becoming a standard part of the well-rounded U.S. education, and the number of academic-year and summer study programs sponsored by U.S. colleges and universities has more than quadrupled in the past decade. These programs are listed in separate chapters of the new *HANDBOOK*, with current information about the fields of study offered, enrollment, housing, costs, scholarships, and application deadlines.

An important chapter of the *HANDBOOK* lists awards for study and research in institutions of higher learning abroad. Information is given on the nature of each program, eligibility requirements, financial grants, duration, and the address

for application. Another chapter lists various special programs of interest to students, trainees, and volunteers and to teachers, university lecturers, and specialists. These programs mix opportunities for study and training with others for voluntary service and employment.

The Institute of International Education is a leading private, nonprofit agency in the field of educational and cultural exchange. Through its New York headquarters, seven U.S. Regional Offices, Overseas Offices on four continents, and representatives in 26 countries, IIE carries on exchange programs between the U.S. and more than 100 other countries.

The *HANDBOOK ON INTERNATIONAL STUDY FOR U.S. NATIONALS* is available from the Institute of International Education, 809 United Nations Plaza, New York, New York 10017, for \$7.00 a copy. A companion volume, the *HANDBOOK ON INTERNATIONAL STUDY FOR FOREIGN NATIONALS* will be published later in 1971.

Michener: Guard not threatened during Kent State shooting

New York, March 25 -- Author James A. Michener says that his investigation of last May's shootings at Kent State University indicates that National Guardsmen were not under attack when they fired the shots that killed four students.

The author says that according to a photograph taken several minutes before the shooting began -- at a time when many reports claim Guardsmen were under direct attack -- at least 200 yards separated the Guards from the mass of students. Moreover, the photograph shows nearly 40 yards of empty space plus a high steel fence between the Guards and the parking lot where the students were shot.

Michener says further that the Guard unit may unwittingly have trapped itself by taking up its position without realizing that it would be surrounded by a six-foot chain-link fence.

Michener's conclusions about the Kent State tragedy are contained in the April issue of *Reader's Digest*, which comes out March 25. His report is the second in a two-part condensation of a book commissioned by the *Digest*, to be published as a *Reader's Digest Press Book* in cooperation with Random House on April 30. In the April *Digest's* 12,500-word section, Michener traces moment by moment the events leading to the shooting and the upheavals that shook the nation afterward.

In the aftermath of the shootings, Michener says, an unparalleled outpouring of hatred was unleashed. It took the form of vilification of the dead students in

particular and of young people in general. Of the 400 students he interviewed in preparing his story, Michener says, "at least 25 percent declared they had been told by their own parents that it might have been a good thing if they had been shot."

Michener describes the Kent State campus on Monday, May 4 -- the day of the shootings -- as "a scene of uncertainty, fear and planned riot." He says that incredibly, thousands of students and faculty members returning to campus were not even aware of the preceding weekend's riots, nor of the burning of the university's ROTC building on May 2.

In the wake of the riots, university and National Guard officials -- the Guard had been summoned to the campus and arrived late Saturday -- had prohibited all outdoor rallies, including those previously scheduled.

Yet, says Michener, despite distribution late Sunday and early Monday of thousands of leaflets and radio announcements of the ban, the word just did not get around to many of the returning students.

Included in the ban was a rally set for noon on Monday to protest U. S. involvement in Cambodia. It was this rally that became the fatal confrontation.

At 11:48 a.m., Michener reports, somebody began ringing the school's victory bell. The bell, mounted on a low brick housing on Blanket Hill, continued clanging for the next 15 minutes. Michener declares it played "a major role, first in assembling the students and then in keeping them agitated." He

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Although the book's main approach is humorous, the information it provides is technically and psychologically accurate. All pertinent approaches to treatment are outlined and explained. Its main value to a reader -- besides being thoroughly entertaining -- is help in allaying his anxieties and shame about being phobic: phobias are so irrational that most sufferers do not even admit having them.