

HOOF PRINTS



KARATE BUFFS LOOKING AHEAD

By ROOSEVELT McPHERSON

Ever try to use taekwondo in a street fight and wind up being knocked on your rear end or worse? Well, Reginald Pickett, a taekwondo instructor at Fayetteville State University explains that this would hardly be the situation if one had perfected the basic techniques of this deadly and valuable hand-to-hand combat, better known as karate.

"Most beginners fail to realize that street fighting and the sport of karate are entirely different," said Pickett who has earned a black belt. "Many feel they can subdue anybody, simply because they've mastered a few basic moves.

"When using karate for self defense in the street, one should realize that a different approach from that used in tournament competition should be applied."

The 5-foot-9 native of Washington, D.C. instructs a class of 20 young men in self-defense tactics every Tuesday and Thursday evenings on campus.

Drills, drills, and more drills is the key to perfecting this hands and feet art.

"You do it until it is drilled into your mind," said the karate buff who has practiced it for the past three years. "Actually, any newcomers are welcome, and could fit into the classwork with no problems at all. The fundamentals are repeated in every class meeting."

Students make the traditional gesture of bowing, along with meditation at the start of each class period. Pickett, a former track star, then commands the group through warm-up and body stretching exercises.

"Then we go through the basic blocks, one, two, and three step sparring and other related drills," he explained.

"I stress form and art when we perform the simulated attacks called katas. And all motions are taught to be sharp and distinct."

Pickett, who enjoys art, has ambition. "I would like to start a karate school in the city (Fayetteville) while continuing this class too. Mr. (Bob) Wagoner, our advisor, and I have been thinking about proposing that this class be incorporated into the curriculum for credit."

When an instructor is well established, he usually gives an open tournament "where others may come and observe style and compete for trophies." Pickett, a 19-year-old sophomore is scheduled to judge and fight in an upcoming tournament in Fayetteville, March 5. Black belts judge the lower belts, and they usually are the last to fight in a competition.

The belt system, in ascending order, is white, yellow, green, blue, red, brown, and black. "But," said Pickett, "winning a black belt is just the beginning in the art of karate."

In Final Smith Stops FSU 85-84

Twiggy Sanders, Johnson C. Smith's 6-8 string bean center, made a clutch short hook of a missed teammate's shot with only two seconds remaining in regulation play to enable Smith to tie Fayetteville State 74-74, then calmly dropped in both ends of a one-and-one situation with six seconds left in overtime to key the Golden Bulls past the Broncos 85-84 in the final regular season game of the year for both teams.

Sanders' play offset a brilliant shooting performance by "City John" Safford, whose soft jum-

pers from the key and perimeter were dropping like falling rain. Safford paced both teams in scoring 26 points, 18 coming in the second half when the Broncos playing catch-up.

Sanders did most of the damage for Smith, capturing 19 rebounds to go along with 24 points. The skinny Raleigh boy did a yeoman's job on the offensive boards, tipping in or following missed shots, and keeping the ball in play.

Johnson C. Smith was battling for its life, needing a win to beat out Saint Augustine's for the last CIAA Tournament berth

Broncos "Somebody" Now

Through the years Fayetteville State's athletic teams have not been taken seriously by their fans or their opposition. The Broncos have gone along regularly taking their lumps, although, occasionally, they have played the role of "spoilers".

"People have been taking us for doormats," basketball coach

Tom Reeves said before the season began, "but all that's going to cease." Then he set about the task of making Fayetteville State "somebody" in the eyes of foe and friend.

It wasn't easy. But the feat was accomplished so conclusively that the Broncos not only will be included in the Central

Intercollegiate Athletic Association Basketball Tournament for the first time since 1958, but must be considered as legitimate contenders as well. What brought this all about? Where did the talent come from so suddenly?

"We've had good talent all along," Reeves said. "We just decided that we would get together as a team. We decided that we wanted to win."

There were times when things looked bleak, especially during the early season, in the midst of a six game losing streak. Included were losses to Winston-Salem, Elizabeth City, Norfolk and Johnson C. Smith, all league foes. To add insult to injury, the Smith loss came after blowing a 14 point half-time lead.

"The hardest thing I had to do," Reeves said later of his team, "was to get them to stop throwing up all those long shots. We were pressing shots and throwing the ball away. The turnovers were killing us."

So the tradition continued. Individuals looked good, making intermittent brilliant plays. But teamwork was spotty and, of course, the losses continued to mount. The individual stood above the team.

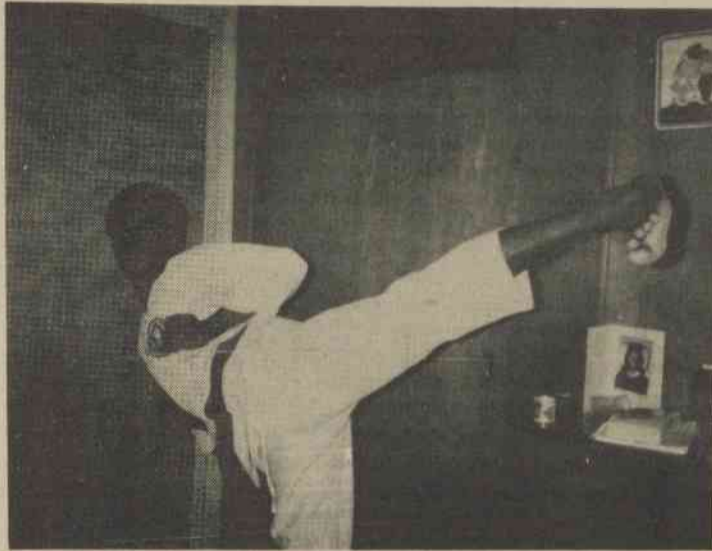
Then things began to change. The Broncos played six games in 10 days, four coming in succession, and won them all. But a funny thing happened in the next. They took a team for granted, something that good teams seldom do, and lost, playing their worst game of the year in the process. But it seems to be a loss well worth the price. A "team" was born from the ashes of that defeat and the Broncos haven't stopped hustling since. It took a while, but they learned to live with victory.

The season ending has brought another string of victories; this time more sure, more convincing.

When the Broncos go into the 26th annual CIAA Tournament in Greensboro next week, they go "spoiling for the fight," but not as "spoilers". Their pride is showing, and their overall record will be one of the best of any team in the extravaganza. With one game remaining they are 16-9 on the season, after a 3-6 beginning. Six of the losses came in succession.

The team and its fans can hold their heads high, and look anybody squarely in the eye. The Broncos know where they are going. The fans no longer mumble or look away when the team is mentioned. They are vocal, with a little swagger in their steps.

It's been 14 years since the Broncos last made the tournament. They went out quietly, and without fanfare to Virginia State, 75-60 in the first round. They vow it won't happen again.



REGINALD PICKETT



FALCONS SURROUND FSU's McNeill. Broncos clinch tournament spot with 79-67 win.

in the Southern Division. Smith now jumps out of the frying pan to face Norfolk's fire in a first round game. FSU goes against Elizabeth City.

Mike Sneed, who has been named to the All-CIAA team for the second year in a row, picked off 15 rebounds to pace the Broncos

in that department; Al Cogell had 12.

The Broncos had several chances to cement the victory. A questionable sideline violation with only 16 seconds remaining in regulation gave the Bulls a final chance. Twiggy made sure they took advantage of it.

Track Season In

The 1972 track season has begun with the Broncos having participated in two indoor meets. James Godwin, a freshman, won second place with a 25-foot, five and half inches broad jump at the second meet on Feb. 5 in the Relays at Lexington, Va. In the first meet of the season, Jan. 21, Godwin placed third with a 25 feet, three inches broach jump at the Chesterfield Jaycee Invitational in Richmond, Va. The

sprinter-broad jumper received medals at both meets.

Before this season opened, track members Edgar Fasion, Sylvania Kelly and Eldridge Smith took part in a cross-country meet This year is the first time the Broncos have ever participated in a cross-country meet said Coach Harold Scott.

"Our activity in the indoor season will help us in the outdoor meets," Scott commented. "We're pretty optimistic about the upcoming outdoor meets."

Track competition comes to Fayetteville State campus on April 19. The final indoor meet of the season is scheduled for March 4 with Lynchburg College, Lynchburg, Va.

Trackmen for this season are listed below and followed by the 1972 track schedule.

Track Roster

- ADDERLEY, BRUCE FRESHMAN SHOT PUTTER
 - BLOUNT, JEFF FRESHMAN QUARTERMILER
 - FAISON, EDGAR JUNIOR HALF-MILER
 - FISHER, LEE FRESHMAN POLE VAULTER
 - GODWIN, JAMES FRESHMAN SPRINTER-BROAD JUMPER
 - GRAHAM, MAURICE SENIOR MILER
 - HERBIN, CONNIE SOPHOMORE SPRINTER
 - HERRING, MARTIN FRESHMAN QUARTERMILER-HURDLER
 - KELLY, SYLVANIA FRESHMAN HALF-MILER
 - LUCAS, DONALD JUNIOR BROAD-TRIPLE JUMPER
 - MCLAURIN, TYRONE FRESHMAN 220
 - NEWKIRK, JAMES FRESHMAN 220
 - MCNEILL, GRANT SOPHOMORE QUARTERMILER
 - PERRIN, ARCHIE JUNIOR SPRINTER
 - PERRY, CHARLES FRESHMAN SPRINTER
 - PICKETT, REGINALD SOPHOMORE POLEVAULTER
 - POWELL, ALVIN JUNIOR QUARTERMILER-HURDLER
 - SMITH, ELDRIDGE FRESHMAN MILER-TWO MILER
 - TYRUS, JAMES SOPHOMORE MILER-TWO MILER
- COACHES, HAROLD SCOTT, WALTER JOHNSON

Bronco Sports

The Fayetteville State Voice



COACH TOM REEVES