

THE VOICE

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HEARING
A CENTURY OF
SERVICE
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TO PROVIDE ARTICLES OF INTEREST, ENTERTAINMENT, AND INFORMATION TO STUDENTS, THE COLLEGE COMMUNITY AND OUTSIDE WORLD THROUGH EFFICIENT JOURNALISTIC MEANS.
TO STIMULATE OPINION AND INTEREST IN CAMPUS AFFAIRS, COMMUNITY AFFAIRS, AND NATIONAL EVENTS.
TO BUILD CLOSER RELATIONSHIPS AMONG STUDENTS, BETWEEN STUDENTS AND FACULTY AND BETWEEN STUDENTS AND THE COMMUNITY.

GOOD EFFORT ON CRIME

(Taken from the Jan. 27, 1976 edition of the Fayetteville Times)

Everybody talks about crime, but not everyone does anything about it. Fayetteville State University is doing something practical about it, in a way that should pay good dividends in the future.

The Fayetteville campus of the University of North Carolina System has launched a \$65,000 effort to develop a curriculum in criminal justice specialties. Out of the 18-month initial development work is expected to come the shape of study courses which can equip students for careers in law enforcement.

Nothing is more urgent in the law-and-order field than to

upgrade the quality of people engaged in professional law enforcement and to provide incentives to attract good people to such work.

Providing routine training for law enforcement careers on the campuses of existing institutions of higher education is the most effective approach to attracting good people and providing them the sort of broadly-based training which is desirable.

The FSU effort, financed by federal law enforcement money, is a good example of a community-based institution focusing resources on a significant community problem, and preparing to play a vital role in meeting the problem.

HOW TO IMPROVE YOUR READING SKILLS

from AAP STUDENT SERVICE

Reading is the most important learning skill one can acquire for success and enjoyment throughout life. It is an integral part of our personal and working lives. Consider how much time every day is spent reading newspapers, letters, books, menus, directions or signs! Eighty-five per cent of college work, for example, involves reading. The better you read, the more you will succeed in study or work, and enjoy the time you spend with books.

Reading is basically the understanding of words and the association between them. To improve reading skills you must increase your ability to see and understand grouping of words, or ideas, at a speed and in a manner that is comfortable to you. To be a good reader you must concentrate on what you are doing and learn to use your eyes to the best of your ability. Move them at a rate that allows your brain to absorb the main ideas printed on a page.

Most people do not perfect their reading after the fifth grade. High school and college students are often bad readers. They overlook the need to continually use and improve good reading habits. Remember your eyes, like fingers for the piano or legs for skiing, must be trained to be skillful.

If you would like to improve your reading skills these few steps can help:

1. Evaluate your reading habits
2. Use your eyes efficiently
3. Continue to broaden your vocabulary
4. Adapt your speed so you understand the material
5. Practice on a regular basis

EVALUATE YOUR READING HABITS

Analyze your present reading habits so that you know where to improve your skills:

Do you use your lips, throat or mind to "vocalize" words?

You are probably still using the childhood habit of sounding out each word. This slows you down.

Do strange words constantly stop your progress?

Your vocabulary needs improving.

Do you read every single word?

You should train your eyes to span phrases or "thought units" instead of individual words.

Do you go back over what you have read?

You are not paying attention. Good concentration means good comprehension.

Do you always read at the same speed?

Speed should vary depending on the material and your purpose for reading, e.g., fiction, newspapers, textbooks.

Has your reading speed and comprehension remained static for a number of years?

Skillful reading is an art and needs continual practice. The more you read, the more you will enjoy and remember.

USE YOUR EYES EFFICIENTLY

It is the eyes that see printed words and transmit them to the brain. Understand how they work and give them the opportunity to perform well. Eyes perceive words only when they stop moving, or make what is called a "fixation". It is during this pause that the brain records what the eyes see. Depending upon your "eye span" you will perceive one, two or more words in each fixation. The average college student, for example, has a span of 1.1 words and makes four fixations per second.

Vocalizing words impedes reading progress. Poor readers are inclined to whisper, use their lips, enunciate silently in their throat, or visualize the words in their minds. If you have any of these bad habits they should be broken because they slow down understanding. Learn to move your eyes continually forward at a pace that allows the brain to understand.

Train your eyes to increase their span by taking in more than one word at a time. You can make your eye fix on related words, phrases, or short lines in one brief stop.

Don't allow your eyes to go back over words. Think about what you are seeing and keep going at a speed that is fast enough to remember at the end what you read at the beginning. Faster reading, with no retracing, helps comprehension.

Many people need glasses to read well. Blurred words, continual eye fatigue, or itching and stinging eyes might mean you need glasses. If you think your eyes need correction, have them examined by an eye doctor. If glasses are prescribed, do not hesitate to buy and wear them. Make sure they are always free of dirt and scratches.

"How to Improve Your Reading Skills", appearing here in three installments, is one in a series of AAP STUDENT SERVICE articles developed to help college students improve their use of study time and learning materials. Complimentary copies of all the study skills booklets will be sent to you by the Association of American Publishers if you write to: AAP STUDENT SERVICE, One Park Avenue, New York, NY 10016.

BRONCOS IN THE NEWS.....

...Vincent Reid, a senior from Greensboro, N.C., and CIAA golf champ, was featured in the Jan.-Feb. issue of THE BLACK COLLEGIAN magazine.

Lovely Pam McKoy, a native of Leland, N.C., made just about every front page of the nation's black weeklies with her 1976 photo. Pam, a junior education major, wants

to teach after FSU matriculation.

...James Godwin, FSU's All-American running back, who made Mutual Network's All-American team, and All-CIAA, was also named to Black Network News All-American football's second team. James is sure to go high in the Pro football draft.

GENERAL W. C. WESTMORELAND TO SPEAK AT FSU

On Tuesday, February 24, General William C. Westmoreland will be the first speaker for Fayetteville State University's Bicentennial Program. His address will be delivered in Seabrook Auditorium on the Main Campus of the University beginning at 8:00 p.m. The public is cordially invited. Admission is free.

General Westmoreland completed a distinguished military career as Chief of Staff of the United States Army in 1972. He is better known as the Commander of the United States Military Assistance Command in Vietnam from 1964 to 1968.

Since his retirement, he made an unsuccessful bid for the Republican nomination for Governor of South Carolina, his home state. However, South Carolina did elect a Republican Governor the year

General Westmoreland ran for office.

More recently, the General has become an author in his own right, in that his book, "A Soldier Reports", was published this month and has received favorable reviews as an authoritative objective analysis of the United States involvement in the Vietnamese War.

The General has agreed to discuss the role the citizens of this area of North Carolina played before and during the American Revolutionary War.

After his speech, which will last about thirty minutes, there will be a short break. Following the break there will be a period for general questions from the audience. The General has agreed to give his views on any questions he feels qualified to discuss.

It is expected that the program will end by 9:30 p.m.