

News Rarely Tells Truth

The press misses the truth a lot by not finding out what is really going on, according to Bob Woodward, who received acclaim with Carl Bernstein for investigative coverage of the Watergate scandal.

Woodward, now the metropolitan editor of the *Washington Post*, says broadcast and newspaper journalists don't fail at getting the truth because they are untruthful. In fact, Woodward says, the press is best at fairness, accuracy and objectivity, and journalists are "pros" at speedy interviews. The press misses the truth by not seeking out the whole story.

There are, of course, some exceptions to the professional, ethical journalist. Woodward refers to Janet Cooke, a reporter who once worked on the *Post*. Cooke fabricated an entire story about an eight-year-old boy who injected himself with heroin. Her account won her a Pulitzer Prize which was later withdrawn when the falsehood was discovered.

Exaggeration such as Cooke's can usually be spotted, but the press exaggerates less obviously by presenting the world in ways better or worse than it actually is, Woodward says. Usually one event sets off the exaggeration by influencing the press' attitude toward future events.

One example given by Woodward was when Jimmy Carter walked down Pennsylvania Avenue to his inauguration. The press was so caught up by this unusual gesture, that favorable reports continued about Carter long after Inauguration Day.

Broncos Winless After Six

By Marion Crowe

The Broncos basketball team played their first game of the season in the newly renovated Lilly's Gym against Virginia State, December 1 and came out on the short end 110-99. Inability to make free throws, especially the front end of one-and-one situations contributed to the loss. Leading scorers for the Broncos were Curtis Jefferson with 32 and Doug Singleton with 25.

The defending Bull City Tournament Champions traveled to Durham December 3 and lost to Saint Augustine College in the final seconds of the game 67-66. The Broncos had three shots in the game final seconds but were unable to get any of them to fall. Broncos' John Sylvester and Charles Backwell were the leading point getters with 21 and 19 points respectively.

Saint Paul College, led by Mike Stewart and Christian Johnson, defeated the Broncos 101-78 in the tournament on December 4. The Broncos, 0-4 for the season, were led by John Sylvester with 21 and William Person with 17. Also adding points in the losing cause was Doug Singleton with 12. As in previous games, inability to connect on free throws was the Broncos' downfall.

Seeking their first win of the season and trying to avenge an earlier loss to the Pembroke State College Braves, the Broncos lost a 63-62 thriller to the Braves in the final seconds of the game.

The Braves managed to rally from a 13 point deficit during a four minute cold spell by the Broncos. The Broncos scored with 17:05 and was up 50-37, but it took a long while for them to score again. With 11:20 remaining John Sylvester hit a free throw making the

score 51-41. Pembroke forward, Ricky Melvin came in the game and got the Braves hot. Costly turnovers and fouls by the Broncos allowed the Braves to score thirteen straight points.

The Broncos' last field goal came with 6:23 left in the game. The Broncos had two opportunities to grab the victory with :16 to go. John Sylvester missed a shot from the base line and the ball was knocked out of bounds. With nine seconds, Sylvester shot again barely missing. The Broncos were unable to get another shot before time expired. Leading scores for the Broncos were John Sylvester with 16, Curtis Jefferson with 15 and William Person with 11.

A journalist who calls three or four sources can miss the truth. But if 100 people are asked for their account of what happened, the picture becomes clearer, says Woodward. He admits, though, that with deadline pressure and fast-breaking stories, the time for that truth-searching just may not be available.

That is, until one of Carter's aids and close friends, Burt Lance, was caught receiving special loans from the bank he used to head. The press responded like a jilted lover, Woodward says, and from then on the reporting became negative. The journalists' attitude again swung to more favorable coverage when Carter entered the Camp David peace talks, which brought Egypt and Israel together. Woodward says during these swings from positive to negative and back, the journalists were not outrightly distorting the events, but too little of the whole truth was being broadcast or printed. By the whole truth, Woodward emphasizes he means what is really going on.

He points out that reporters recently failed to know the truth about the country's attitude prior to the 1980 election. While the press was predicting a tight race between Carter and Reagan, what was really happening was a mounting landslide victory for Reagan.

While the truth may be difficult to get at, it is not totally evasive, Woodward says. Good technique helps a reporter dig up all the answers and he can double his chances of getting the true story by talking to twice as many people.

Having trouble coming up with unique Christmas gifts this year? Well look no further. The 1982 Neiman Marcus catalog has the answers to all your gift problems.

A favorite friend would certainly appreciate a gift of hand-sorted Malossel caviar from the Caspian Sea—2.20 lbs for \$800.00. Or for the friend who loves to cook, you can choose a giant carved wooden carp kettle-hanger for the kitchen—a steal at \$725.00.

You can surprise your pet with a pair of custom prescription sunglasses, for only \$32.50. Or impress your mom with a gift of a week's stay at the famous Greenhouse spa (\$2,200).

The small child on your gift list would love N-M's "Supper Teddy" bear, just \$855.00. (that's only \$285.00 per foot.)

And then there's the ultimate gift - the famous His/Her Gift for 1982, for that very special person. The price tag - \$20,000. And what does \$20,000 buy? An exercise bike...

That's right. It's called the Lasertour and it's equipped with a Lifecycle, a projector and a LaserDisc. You can ride through lavish landscapes, choosing your scenery as you cycle. A real bicycling adventure. Buyer beware of hidden costs, however. Delivery costs are not included in the price.

But, if all these gifts are not of your price range, don't despair. Neiman-Marcus has thoughtfully provided its catalog shoppers with four pages of gifts under \$25.

Price Cut

Paramount Home Video has announced that it is releasing the videocassette of "Star Trek II: The Wrath of Khan" at a suggested retail price of \$39.95. The price is \$40 less than when they released the first Star Trek videocassette, "Star Trek: The Motion Picture."

Paramount is hoping that the test of releasing the film at a lower rate to induce sales will prove successful. The videocassette is being released in November and Paramount is hoping to attract a lot of Christmas shoppers to the cash registers.

Business Manager Appointed

By Margie Council

Jeffrey Cooper, a junior, was appointed the new SGA Business Manager, November 29, 1982. Former Business Manager, Herbert McMillan, a senior, and a native of New York, sent in his letter of resignation to the SGA President, Jerry R. Beatty due to personal reasons.

Jeffrey Cooper, a native of Fayetteville, and a member of the Kappa Alpha Psi Fraternity, Inc., held the position as the Assistant to the Attorney General before being appointed Business Manager. When asked how he felt about moving up and taking the position as business manager, he stated, "I was thrilled to hear that he (Jerry Beatty) appointed me as the new SGA Business Manager. I hope to do my very best as the new Business Manager."

Jeffery Cooper has held many leadership positions at FSU and has done many positive things. The SGA is looking forward to Cooper being a good Business Manager and doing a good job as he has done in the past.

Christmas Shopping The N-M Way

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Athletes Deteriorate Slower

Working up a good sweat on a regular basis may be as close as people will ever come to finding the fountain of youth.

In a Washington University study, researchers are finding that, as the years pass, masters athletes—cyclists and long distance runners over age 50—may deteriorate at a slower rate than their inactive peers.

Researchers studied 16 aging athletes for three years, and although conclusive data is not yet available, preliminary findings have confirmed a relationship between a person's exercise habits and the rate of decline in cardiovascular function with age.

"We're looking at maximum oxygen uptake capacity—a measure of the cardiovascular system's ability to transport oxygen to the muscles," says professor of preventive medicine, John Hollszy, M.C.

World-class runners such as Alberto Salazar and Craig Virgin have oxygen uptake capacities of 70 to 85 millimeters per kilogram. Inactive seniors, ranging in age from 50 to 72, usually have capacities of about 30.

Regardless of health, everyone experiences some decline in this capacity with age. The rate of that reduction is important because it may determine how one feels as age begins to sap strength and endurance. The greater the decline, the lower one's capacity for strenuous exercise.

Non-athletes experience an 8 to 10 percent decline each decade. Most athletes show similar reductions, but this decline may be due to decreased training with age, Hollszy says.

In the masters athletes who have not decreased their training, oxygen uptake capacity often declines as little as 4 percent per decade, indicating a slower decline in cardiac function.

The researchers say that the hearts of people who are inactive work less and less efficiently as the years go by, meaning the system is put under great strain during virtually every physical activity. A vicious cycle results because exercise then becomes too painful to endure, and the decline is accelerated. In the end, muscle function is impaired, the body breaks down, and the time comes to break out the rocking chair and cane.

Previous studies have shown athletes to be far more vigorous than the sedentary subjects, and their decline in exercise capacity to be much slower than that of non-athletes.

The study should mean something to the typically inactive, slightly overweight, beer-drinking American male. Not to mention his female counterpart.

"A decline of 8 to 10 percent per decade doesn't sound like much," says co-researcher James Hagberg, "unless you string together three or four straight decades at that rate. Then you have a total decline of 30 or 40 percent, which is something you can definitely feel. Your cardiac function is impaired."

The slide into the rest home, however, is not inevitable.

If, as preliminary results indicate, this rate can be cut in half with regular vigorous exercise, aging may be returned to its natural level. Healthy exercise may not guarantee a longer life, but it will certainly mean a higher-quality, more active one.



Curtis Jefferson