

Forgotten

From Page 1

and receive the torch? Personally, I am.

Our elders struggled for us and now it is time to struggle for ourselves, our children, and future generations. The most vital element, however, of our struggle and any struggle is the constant realization that there exists a struggle. We cannot get caught up in Dr. King's "dream" and surmise and suppose that we have achieved all of his hopes and aspirations. Yes, we have come a long way, but we have so much further to go. We must carry the torch, beloved brothers and sisters. We must realize that it is not only necessary to dedicate our money to the struggle, to dedicate our time to the struggle, and to dedicate our knowledge and wisdom to the struggle, but also, to dedicate our lives to the struggle.

Our brothers and sisters are still being beaten and brutalized in the streets of America. This is made evident with the revelation of the incident involving uniformed Los Angeles police officers beating Rodney King nearly to death! Everyday, teenagers, children, grandmothers, and babies are shot down in Chicago, shot down in Philadelphia, shot down in Miami, shot down in New York, and shot down in Los Angeles. Police brutality is growing each day, hiding under the dark cloud of government deception and denial. If the police departments cannot protect us and respect us, then we must take it as necessary to protect and respect ourselves. We must do this in order to keep the torch burning.

This is the hope and faith with which I desire to carry the torch that burns luminously with the flame of freedom and equality's quest. However, there seems to exist a major stumbling block in the Black man's cause for total liberation and justice in America: US! We have become our own worst enemy, brothers and sisters. We cannot allow ourselves to further adopt the crippling doctrine of individualism. Rather, we must accept

Cough

From Page 5

were aware of the importance of covering coughs and sneezes and remembering to wash hands before eating. They never left home without a clean handkerchiefs. They also recognized that the air is commu-

the fortifying practice of familism. Treat each other as family, Black man and woman. Respect yourselves.

Do not let the struggles of your leaders, your heroes, and your she- roes be in vain. Do not let their deaths and murders be in vain. Fellow Bron- cos, the most significant factor in be- ing prepared to take the torch being passed by our elders is the mainte- nance of memory. Have you forgot- ten, Black brothers and sisters?

Have you forgotten that it was only 439 years ago that our forefathers were brought here in the hulls of a slave ship named Jesus and then whipped and beaten like savage dogs and beasts? Have you forgotten that between 1555 and 1619, we were being bred like horses to be another man's servants and slaves? Have you forgotten?

Have you forgotten that the found- ing fathers of this country, the so- called "authors of democracy," owned and fathered slaves and then sold and traded them down the river for jugs of molasses and whiskey? Have you forgotten that the Emanci- pation Proclamation was issued not out of a loving desire by President Lincoln to free the slaves, but rather out of a racist and egocentric desire to preserve the Union and gain votes for reelection in 1864? Have you forgotten?

Have you forgotten that it was a Constitutional Amendment that brought slavery to an end, and a re- peal of it by government powers would send the Black man and woman back into bondage? Have you forgotten that it was only 35 years ago that our grandmothers, grandfathers, mothers, and fathers had to die to en- joy a cup of coffee and a movie with a white man? HAVE YOU FOR- GOTTEN? Have forgotten that Pha- roah sought to kill off all the males of the children of Israel and spare the females? Sound familiar?

In that same light, have you for- gotten that more Black males have been murdered in the last 4 years in

the streets of America than in nine years in the jungles of Vietnam? Have you forgotten the maintenance of memory, brothers and sisters? We cannot renege on a covenant with those before us to carry on and to fin- ish what they started.

We cannot come to Fayetteville State University and drink our time away, smoke our time away, and party our time away. We have an ob- ligation and duty to fulfill to our lead- ers, our God, and ourselves. Our be- loved chancellor will be leaving soon. Will we rest upon his work or will we take the torch from his hand and let it shine to those in darkness? We are W.E.B. DuBois and Booker T. Washington. We are Marcus Garvey and Harriet Tubman. We are So- journeyer Truth, Dr. Martin Luther King, Jr., Minister Malcolm X, Frederick Douglass, Garret Morgan, and Maya Angelou. We are Moses, Jesus, Angela Davis, Lenora Fulani, Minister Louis Farrakhan, an the Honorable Elijah Muhammad. We are the torchbearers for those of us who are in the darkness. Will we maintain the memory of those who came before us, those who are in us? Or will we sell out our people to ac- commodate an enemy inside of us and an enemy outside of us?

Fellow Broncos, the power is in our hands as students. Not only to change the ills of the university, but also to change the ills of society. Not only to change the lack of love, re- spect, and unity on the campus, but also the lack thereof in the streets. It all starts here, beloved Black man and woman. FSU is only a microcosm of the world in which we live. This is not a call to hate anyone, but rather a call to love yourselves. Let us stand up as strong, proud, and intelligent Black people and be the bearers of the torch.

Let us maintain the memory of our forefathers and foremothers or HAVE YOU FORGOTTEN???

Premature Ejaculation Helped With Antidepressant

Men with premature ejaculation report dramatic improvement with

Ejaculation time increased from 10-40 seconds before treatment to between seven and 10 minutes...

the help of the antidepressant paroxetine according to study reported in the September issue of The American Journal of Psychiatry. Ejaculation time increased from 10-40 seconds before treatment to be- tween seven and 10 minutes after a six-week treatment. Paroxetine, one of the new selective serotonin reuptake inhibitors, didn't affect sex drive and some men actually re- ported an increase in sex drive dur- ing treatment.

Marcel D. Waldinger, M.D. and colleagues in the Netherlands stud- ied 17 heterosexual male patients who complained of premature ejaculation, and their partners. Pre- mature ejaculation is characterized as a persistent or recurrent ejacula- tion with minimal sexual stimula- tion before, upon, or shortly after vaginal penetration and before the person wishes it. The men and their partners were assigned to two treat- ment groups: one group received a placebo and the other received paroxetine. Neither group knew whether they were receiving medi- cation or placebo.

Waldinger found no significant differences in side effects between the two groups, except that most patients receiving proxetine com- plained of fatigue and bursts of fre- quent intense yawning. Other side effects were reported as mild. The men who received placebo reported no change in ejaculation time.

Waldinger notes that more stud- ies are currently underway to inves- tigate paroxetines's long-term ef- fects on premature ejaculation.

slipped into a very selfish lifestyle.

Let's make a New Year's reso- lution in November. Let us protect the health of all Broncos by cover- ing coughs and sneezes and wash- ing hands before eating. Not only

will we thwart the common cold, but we shall be developing habits that will protect us from more deadly diseases such as tuberculo- sis and pneumatic plague if they should come to our area.