

COMMUTERBLOG

COMMUTER PAINS

By Chris Hayes
Voice Contributing Writer

Overworked and ill-rested are two words that easily sum up how I've been feeling lately. This has been ongoing for the past few weeks. As a commuting senior it just seems like there is never a break and always something new to do popping up in my agenda. I'm not really blaming anyone or honestly complaining it just seems like it's a fact of life with my upcoming graduation. I have been juggling a job, my studies, handling everything for graduation (the wait for an audit is nerve wracking by the way.), and looking for a post-graduation job. It doesn't seem like a lot when I break it down like that but for anyone who has been there or is there right

now you know what I am talking about. And even if you're not a graduating senior, you may be juggling a lot just to be coming to school at all. I feel that my fellow commuters all know that "doing it all" feeling.

I have gained a whole new level of respect for the seniors that came before me and the road they walked that last year of school. This is when you have to have learned that you need to have a game plan and way to attack all the work you have ahead of you in order to not to burn out. As a commuter there is also a slight danger of working yourself so hard that you don't get any rest. This makes commuters in the role of driver potentially dangerous. That's not to that any random driver doesn't have the potential to be dangerous (have you driven in Fayetteville lately?) but for some of our commuters who have to drive

and hour or more it gets scary. Many have family as well and when you add all of that into the mix it just gets to be a bit much.

Sometimes you may not even realize what it is that's happening to you ahead of time. By the time you realize that you're overwhelmed, overworked, and running behind it's already too late and you have stacked so much on your plate you can't manage it all in a healthy way. You may end up with an overload of classes or commitments that you can't handle it. **DON'T LET THAT HAPPEN!** Realize you are human and there is only so much you can actually do before it affects your quality of life. Just because you can't go to a show or you have to tell a friend or family member "no" doesn't mean the world will end. They just have to realize that you have some priorities that require your attention. Time management is one of the biggest issues we as commuters face. And we have to remember to take a break (10 minutes, 30 minutes, whatever) every once in a while to help us keep our sanity.

I speak from experience—I recently have

lost track of the importance of getting a decent night's sleep and have been focused heavily on handling all school work, extracurricular activities, and my job. That's going to change though. I can't let this break me down. So now what I am doing is actually taking the time to balance everything out. Yes, some of the fun stuff I did is getting cut down in time but I know it will be worth it in the end. Most of all I've taken the time to actually get eight hours of shut eye every night. I had to tell a few friends that I can't spend time with them like we did when we were in high school or my early college years because I have a paper to do. Some did get upset. Real friends though will understand how important college is and be willing to be supportive of you. Ultimately taking the time to lay everything out and take a couple of breaks will make you more productive and less stressed. So whether you're a graduating senior or just working or finishing this semester hang in there. Spring Break is over now and it's time to get back to work.

TRENDINGTOPICS

Spring Break

by Briana Murrell
Voice Staff Writer

Here at Fayetteville State University, we're half way through the semester. Midterms are done, grades are in, and May is right around the corner. It was just the other week that some of us were at home, relaxing in the comfort of our own beds. Some students were visiting places out of the city, the state, and some the country. Whether spent near or far, spring break was a week free from lecturing, notes and fifty minute classes. With spring break still fresh on everyone's minds, students reminisce on their personal breaks.

#Spring Break was a time for ...

"... relaxation, vacation, and a break"

-Traci Bish, Senior

"... enjoying time away from

campus."

-Jasmine Bond, Freshman

"... getting away from my regular area and doing things i wouldn't normally do."

-Stephanie Dixon, Freshman

"... getting away from Fayetteville."

-Bryan Gains, Senior

"... catching up with friends and family."

-Sage Gardner, Sophomore

"... having fun with no regrets. What happens in Miami stays in Miami!"

-Asia Gunnings, Sophomore

"... fun and a break away from school."

-Tecarla Ikard, Sophomore

"... fun in the sun at the beach."

-Sherdilia Lennon, Junior

"... going back home to work and make that money."

-Tyresha Montequé, Junior

"... sleeping, sleeping, and sleeping."

-Chaniqua Simpson, Junior

THESCENE

Entertainment

Zeus

The Rock Shop Music Hall
Friday, March 18
7:00 p.m.

DedBunY

The Black Cat Lounge
Friday, March 18
8:00 p.m.

The Fox Hunt

Big Harry's Tavern
Friday, March 18
8:00 p.m.

Whiskey Bent Valley Boys

Big Harry's Tavern
Friday, March 18
9:00 p.m.

The Scene

Nicolai Levring
Methodist University
Saturday, March 19, 20th
12:00 p.m.

Chris August

Crown Coliseum
Saturday, March 19
5:00 p.m.

David Crowder Band

Crown Coliseum
Saturday, March 19
6:00 p.m.

Newsong

Crown Coliseum
Saturday, March 19
6:00 p.m.

Francesca Battistelli

Crown Coliseum
Saturday, March 19
6:00 p.m.

Kutless

Crown Coliseum
Saturday, March 19
7:00 p.m.

Driven

The Rock Shop Music Hall
Saturday, March 19
7:00 p.m.

Chasing Eden

Club Xscape
Wednesday, March 23
8:00 p.m.

New Machine

The Rock Shop Music Hall
Friday, March 25
7:00 p.m.

MotorJunkie

The Rock Shop Music Hall
Friday, March 25
10:00 p.m.

EatLiz

The Rock Shop Music Hall
Sunday, March 27
10:00 p.m.

Luna Occulta

The Key Club
Tuesday, March 29
5:30 p.m.

Oh No Fiasco

The Rock Shop
Friday, April 01
8:00 p.m.

Richard Bacchus & The Luckiest Girls

The Black Cat Lounge
Friday, April 01
7:00 p.m.

Schmegma

The Rock Shop Music Hall
Saturday, April 02
7:00 p.m.

Oh No Fiasco

The Rock Shop Music Hall
Saturday, April 02
7:00 p.m.

Words Such as Burn

Fort Bragg
Saturday, April 02
7:00 p.m.