

Her Curls R-Badd



Her Curls are Badd is dedicated to people who are in pursuit of natural hair or in other words are "Bout that natural hair life". This is a hair therapy section for natural college students that may need tips and tricks on how to keep their hair looking fly, without breaking into your piggy banks. Bi-weekly we will choose a newly natural or a natural vet who wants to show off their natural style with the student body.

Naturally (no pun intended), people have a hard time trying something new or out of the ordinary. Deciding to walk the journey that you haven't charted can be scary, but that is the fun of it. Choosing to stride down the line of "No Lye" takes self-confidence and determination. Right about now women and men are embracing their natural selves. Women especially consider hair to be "an extension of themselves."

In essence your hair tells a story. Some may assume you are daring by your hair color or may see your style as ambitious.

The big chop or transitioning is a learning experience and could be life changing, but I encourage you to be brave! Have a question about natural hair? Suggestions? Feel free to contact me or The Voice, we would love to hear more from you!

Dalceia Carr is a transfer Senior from University of North Carolina at Pembroke. She majors in business administration with a concentration in marketing.

Two years ago she made the decision to go natural because of the harsh chemicals of relaxers. During these two years she watched video tutorials and read up on natural hair so that she can better understand the science behind it. Since

then, she has never regretted the decision to go natural.

A healthier lifestyle along with the natural hair journey has turned her world upside down.

"When I went natural I started going to the gym more and became more physically active", says Carr.

The things that you ingest into your body are a direct reflection on your overall appear-

ance. Her goal is to promote healthy lifestyles and self-embracing habits.

Dalceia hosts Hair Forums and you can find her featured on several different natural hair blogs where she talks about her journey. On www.fsuthvoice.com she will write updated articles to inform you of the new trends and tips catering towards natural hair.