



By Dalecia Carr

HERCURLSRBADD

This week's Feature



NAME: *Rasheka Ham*

Lots of Curls Styling Gel™, and Suave™ Conditioner

CLASSIFICATION: Sophomore Business Administration with Concentration in Management

ADVICE: Watch YouTube videos for inspiration. Instead of using shampoo try washing your hair with conditioner, it has the same affects. Be confident with what you have, and wear it proudly.

WHY?: Was curious to see her hair without chemicals after noticing heat damage from frequent flat ironing.

REGRETS?: I have no regrets. My hair has more life to it

FAVORITE PRODUCT: LaBella

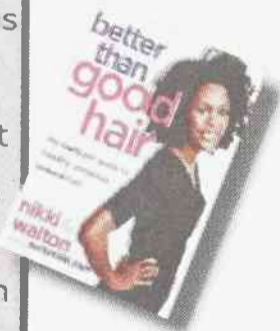
FOR MORE TIPS OR TO BE FEATURED

CONTACT:

WWW.FSUVOICE.COM

DCARR1@BRONCOS.UNCFSU.EDU

INSTAGRAM: HERCURLSRBADD



Instead of opting out for a relaxer, you can go for a less permanent approach. Methods such as roller setting and flat ironing can give the straight look that one may desire. Also be mindful that using direct heat on your hair can loosen hair texture or create heat damage. To absorb the affects of heat styling one would use a good heat protectant such as Tresseme Thermal Creations Heat protectant™. To get the same affect of a blow out, the banding method could be used. The banding method is defined as sectioning off wet or dry hair with ponytail holders and wrapping them all the way down to the ends. After the hair has been in the ponytail holders for an hour or more it will stretch out as if you blow-dried it. There are many ways to manipulate hair without using heat or chemicals, try out options they are boundless.

Nikki Walton's "Better than good hair" is a great read to helping with your natural hair journey.

Bet you never thought your relaxer came from the same man who invented the three-position traffic signal and the smoke detector? Garret A. Morgan born in 1877 to former slaves discovered that the same chemical used to repair sewing machines could also be used to "relax" kinky textured hair.

Fast forward to 1913, Garret founded the G.A. Hair Refining Company. The chemicals that were used in Morgan's hair refinery were not commercially sold until 1971. The first company to commercially produce the lye relaxer was the manufacturer called Proline, which now makes products for the brand Dark and Lovely. After using this for years African Americans noticed that the chemicals found in the relaxers would break down proteins in the hair to relax the strand. As a result, no-lye relaxers became available, but the chemicals contained in relaxers still break down the structure of the hair, causing permanent damage.

Background art Courtesy of: Chidi Okoye

WHEN FIRST IMPRESSIONS ARE EVERYTHING, IT IS IMPERATIVE THAT YOUR ATTIRE IS UP TO PARR. ARE YOU SAGGING TO INTERVIEWS? LEAVING YOUR COLOGNE ALL OVER THE SBE BUILDING? PERHAPS YOU, SIR, SHOULD TAKE A GANDER AT

TAILORED TO STYLE

A NEW GENTLEMEN'S READ GEARED TOWARD STYLE. NOT SURE WHAT STYLE IS.....

Style is what you make it. Presentation is everything. The most important thing is to be your self. Trends are just that-trendy so find your je ne sais quoi and stick to it.

A Dapper word from Elgin Marsh

