Center helps students achieve goals

By SARAH LOUISE KRIGER

The Counseling
Resource Center (CRC),
a component of the
Student Development
program, has been
newly-funded through a
Foundation mini-grant.

The CRC's purpose is to provide for the personal, academic, and career needs of students by enabling them to check out materials on a variety of topics.

According to Student Development Counselor Gina Bowers, who joined the WCC staff one year ago, "Our goal is to help students achieve their goals."

Materials like audio and video cassettes and books are available for one-week (renewable) loans at no charge; the Center also provides a video player for viewing.

Bowers pointed out that audio cassettes, which can be used while students are driving or doing other activities, especially benefit those who have no spare time.

The materials cover a broad spectrum of subjects: study skills, assertiveness, stress management, alcoholism, adult learning, date rape, relaxation techniques, AIDS, raising happy children, careers, homosexuality, and, already a popular choice, self-esteem.

During the first few weeks of the CRC's operation, Bowers said over half of the

Specializing in the
Latest Boutique
Fashions & Accessories

(14 K & Fine Jewelry)

L L Lambs Boutique

2905 Cashwell Drive Goldsboro, N.C 751-3900

Liz Jones, Owner Lisa J. Pate, Manager

ALLEN'S PALLETS
Dealing In Good Used Pallets

Allen G. Aycock, Owner





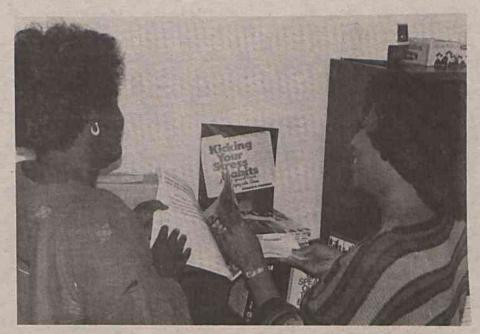
1128 Aycock Dairy Farm Rd. Fremont, N.C. 27830 (919) 242-4921 materials were checked out by students or by teachers for use in their classrooms.

Bowers adds that the CRC asks users of the resources to evaluate the services and offer suggestions for improvement.

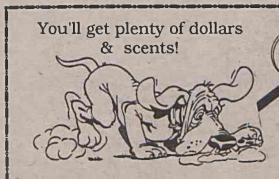
In addition to the checkout materials, Bowers wants students to realize that counselors are "very approachable," adding, "We know firsthand how frustrating college can be."

Bowers encourages students to come any time with any problem. "My door is always open," she invites.

The CRC is located in the Student Development area of the LC building and is open Monday through Friday from 8-5.



Students browse through materials available at the Counseling Resource Center. PHOTO: Sarah Louise Kriger



A&M 141A

We're Sniffin' Around for new CO-OP students!

Mickey's Pastry Shop

Your Hometown Bakery Since 1946!

Jerry Ray, President

212 North Center Street Downtown - 734-4741 309 N. Spence Ave. Cobblestone - 778-5234

Aries Formal Wear Cobblestone Place

In-Stock Tuxedos



Best Quality, Best Prices

Formal Wear

Cobblestone Place 319 N. Spence Ave.

Hours: Mon.-Fri. 10:30-6:00 Saturday 10:30-5:00

Sounds

SMORGASBORD OF MUSIC

MENU

Appetizers

TICKETMASTER OUTLET
Concerts, Sporting Events, Family Event

Entrees

GREAT SELECTION OF MUSIC
Pop / Classic Rock / Country / R&B / Jazz

Specialty of the House
Alternative & Rap New Releases

Side Orders

CD & Cassette Storage Systems

Blank Audio & Video Tapes: TDK, Maxell,

Dennon, Sony. CD & Cassette Cleaners

Desserts

CASSETTE SINGLES

Large Selection of the Most Current Rap
Pop / R&B Songs
DAILY SPECIAL 3 FOR \$9.99

Sounds

New Location on Corner of Ash & Berkeley 751-2300

VISA MASTERCARD

Gift Certificates
Available

MAKE THE SOUNDS CONNECTION