Fitness continued

from page 1

Future plans for fitness at WCC, according to Saylors, include increased hours of operation at the FC, aerobic classes, marked walking trails, and more equipment.

ANTHONY BRYANT

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Gift Ideas

Yamaha Guitar with hard case great condition. \$17 10 gallon Fish Tank. (food, rock, 6 fish, etc.) \$ 2 10 gallon Fish 1 ank . (100d, 10ck, 6 list, etc.)

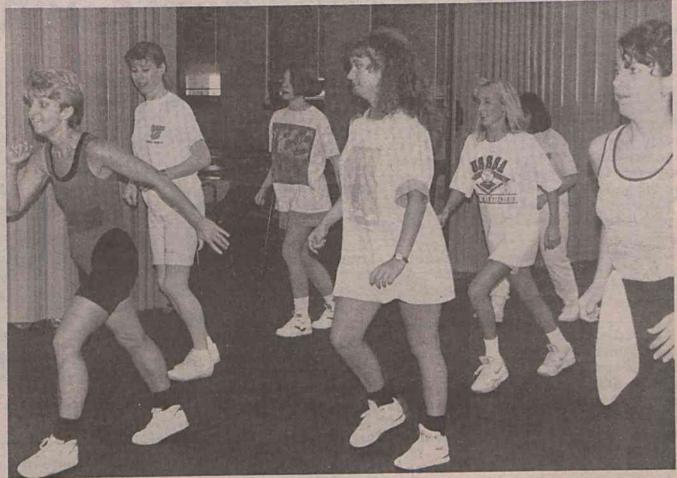
Schwinn Men's 10 Speed - Blue.

Men's 10 Speed - Burgundy.

Tea Length Dress - Pink Size 6 &10-12

Free to good home - Black Lab mix. Spayed with shots. Friendly except around small children.

Call Wendu after 6:00 p.m. 778-9752



Rhonda Wilhelm (1), Family Y aerobics instructor, leads PED 180 students in a workout.

PHOTO: Brenda McCarty

Open:

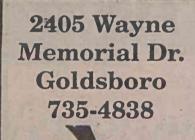
Mon.- Fri.

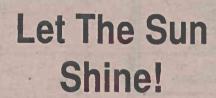
11-2 & 4-7

Sat. 11-3

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