



Ron Harris, Program Manager for the USAF Drug Demand Reduction Program, points out cocaine on the chart at his display during the Wellness Fair. PHOTO: RHONDA ALDRIDGE

Wellness Fair attracts more than 300 participants

BY RHONDA ALDRIDGE

The Annual Wellness Fair was held on Wednesday, March 21, 2001 in the WCC Atrium.

Joy Ginn, Personnel Director, organized the event with the help of several health specialists from Wayne County and surrounding counties. The specialists provided free health advice at information booths and displays.

Representatives came from Wayne Memorial Hospital, Division of the Blind, Seymour Johnson Air Force Base (Ron Harris), Eastern Associate Speech and Language Services, Preventive Health Therapy out of Raleigh (Keith Bouchard), Proactive Therapy, Dr. Longman, and Dr. Haverkamp. Also the

North Carolina Sickle Cell Disease Association (Marsha Newsome), and students from the WCC Dental and Nursing Programs.

Ginn said, "The Wellness Fair was a big success. Over 200 people visited at least one of the 19 stations at the fair."

The fair also provided screenings for blood pressure, body composition, cholesterol, diabetes, glaucoma, hearing, skin cancer, and vision.

The screenings made students, faculty and staff aware of potential dangers that may cause serious health problems.

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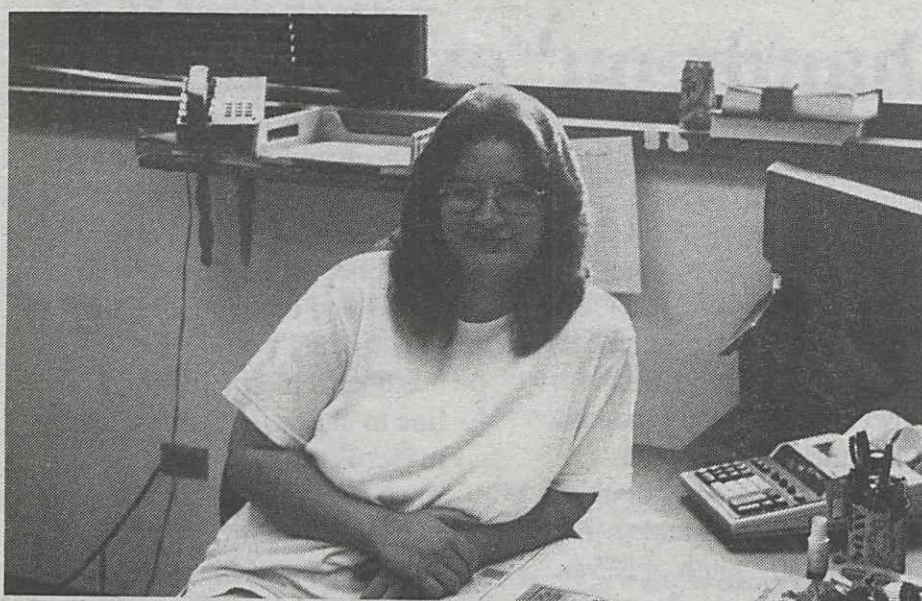
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Shasta Hartley sits at her desk in the Print Shop where she works about 20 hours a week as a print technician. PHOTO: TONY DENHAM

Hartley said, "For me the real blessing doesn't only lie within the actual transplant and how well Mr. Carl (father-in-law) is doing, but it lies within the truth that God brought me out of the 'valley of the shadow of death' and blessed me with overwhelming peace."

Hartley is working on an associate degree in science at WCC and is employed part-time as a print technician in the print shop.

She plans to go to Mount Olive College to finish school. Her future plans are to teach elementary school.

Shasta is married to Lindy Hartley who used to work part-time in the Academic Skills Center at WCC.

Lindy has also obtained an associate's in science and arts. Shasta and Lindy have 2 children, Chelsie, 6, and Makayla, 3.

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