

# WCC again exceeds blood drive goal

By J. AZURE SHANKS and KIZUWANDA SMITH

Do you know your blood type? Are you type O, A, B, or AB?

You could have found out on February 14, 2002, at Wayne Community College (WCC) when students, faculty, staff, and visitors donated 54 pints of blood.

The Blood Drive was held from 9:00 a.m. to 1:30 p.m., in the Student Union.

In November of 2001, the goal was 40 pints of blood. WCC exceeded that goal with 55 healthy pints from 60 donors.

Also Human T-cell Leukemia Virus Antibody (tests for an antibody to human T-cell leukemia) and Human Immune deficiency Virus Antibody (tests for the AIDS virus).

Also, Rapid Plasma Reagin (screening for syphilis), and Alanine Amino Transferase (test for a liver enzyme that is usually elevated when a person is exposed to hepatitis).

This semester the goal was increased to 50 pints of blood, according to Don Best, Director of Blood Services

From 65 students, faculty, staff, and visitors, 54 useable pints of blood were collected.

Donor blood undergoes 9 different tests by Federal law to ensure healthy blood.

The tests include hepatitis B surface Antigen (tests for hepatitis B infection), Hepatitis B Core Antibody (tests for past hepatitis B infection), and Hepatitis C Virus Antibody, (tests for antibody to hepatitis C virus).

Other tests included Group and RH (to identify the donor's specific blood type), and an Antibody Screen (screens for red cell antibodies which may adversely affect patients).

Because it was Valentine's Day, donors received a white beanie teddy bear with a heart and the words "Blood Donor" embedded on it, along with coupons to Quizno's Subs and Domino's Pizza.

The Red Cross will hold another blood drive on Wednesday, April 24, 2002, from 9:00 a.m. to 1:00 p.m. in the Student Lounge, Learning Center Building.

People who would like to donate blood or who want to find out more information can call the local Red Cross of Wayne County at 735-7201.

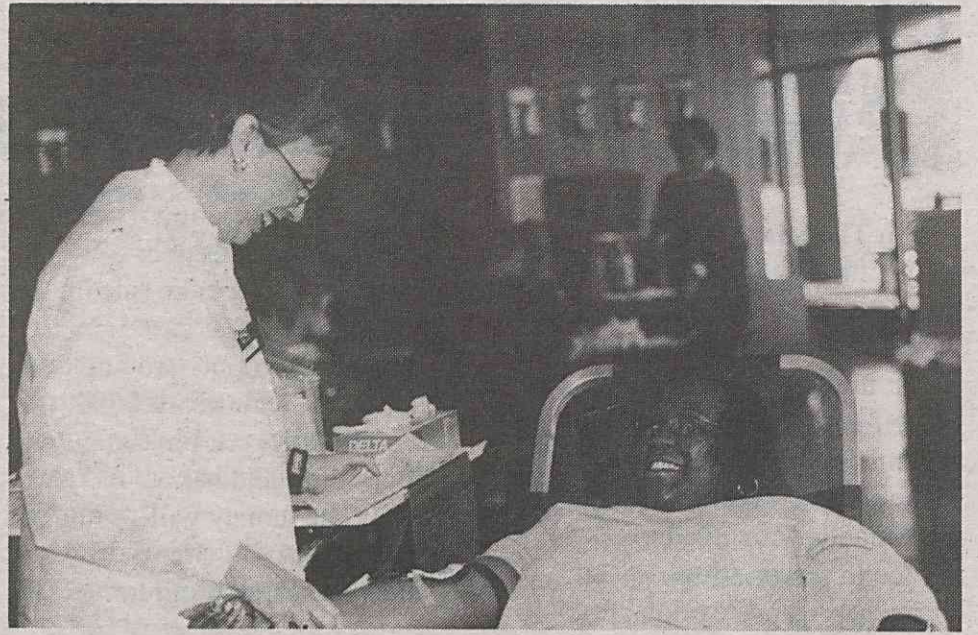
## Wellness Day offers variety of health checks

By CHRISTOPHER POPE

Wayne Community College students, faculty, and staff celebrated Wellness Day on Friday, March 22, 2002, from 10:00 to 1:00 p.m.

Joy Ginn, Personnel Coordinator and Assistant to the President, said WCC has sponsored a Wellness Day on campus for the past 4 years.

Students, faculty, and staff were able to learn about topics ranging from safe sex to healthy eating habits.



Red Cross nurse Harriet Pegram reviews the paperwork with Azure Shanks, WCC student, as Shanks gives a pint of blood. PHOTO: KIZUWANDA SMITH

Booths were set up in the Atrium for attendees to pick up pamphlets about a health issue or to have the chance to have their cholesterol, hearing, eyesight, glaucoma, sugar levels, and blood pressure checked.

Students were allowed to have one of these services done for free and any other screening at a small fee.

Goldsboro Physical Therapy Rehabilitation Services displayed the tools therapists use on patients.

The Wayne County Health Department represented by Cathy Brown had a booth on breast cancer and safe sex.

Goldsboro Chiropractic checked the alignment of students' backs.

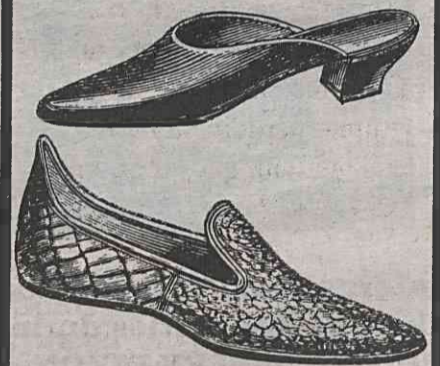
Nurses from Wayne Memorial Hospital had screenings on cholesterol, diabetes, blood pressure, and body composition.

Marsha Newsome from the Sickle Cell Disease Association had information about the disease.

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