

PNE Learning

The practical nurse students are proud to be a part of Wilkes Community College, and we certainly have been engaged in absorbing a tremendous amount of knowledge of basic nursing care in many aspects.

The code of ethics is the way by which all licensed practical nurses shall govern their lives and nursing careers. Its primary function is to guide the nurse in and out of her profession as an individual and as a nurse.

A small part of the nurse's code of ethics is the following:
(1) The licensed practical nurse shall practice her pro-

the nutritional needs during illness.

We have been learning interpersonal relationships and how to deal with each patient on an individual basis.

The human body — normal structure and function, and the nature of human growth and development in the life span has been a big part of our studies.

The practical nurse's goals are to have the satisfaction of being needed, of helping the young to grow strong, the sick to grow healthy, the well to stay well, the chronically ill and the elderly to live to their fullest capacity. We as practical nurse students feel we



Left to Right, Front Row: Bill Hunt, Gary Elliot, Rich Zachary, Albert (Jo) Horton, Mike Caldwell, Thomas Hackett, Mark Goodman. Back Row: Whitey Bumgarner, Rick Anderson, R. G. Absher, Mike Richardson, Henry Anthony, Terry Bowers, Tyrone Parsons.

Wilkes Community College Basketball Schedule

Nov. 23	Asheville-Buncombe Technical Institute	Away	7:30
Nov. 25	Mitchell Community College	Home	7:30
Dec. 2	Rockingham Community College	Away	7:30
Dec. 7	Mitchell Community College	Away	8:00
Dec. 13	Catawba Valley Technical Institute	Home	8:00
Dec. 18	Isothermal Community College	Away	8:00
Jan. 8	Catawba Valley Technical Institute	Away	7:30
Jan. 11	Caldwell Community College	Home	7:30
Jan. 13	Haywood Technical Institute	Home	7:30
Jan. 18	Isothermal Community College	Home	7:30
Jan. 22	Surry Community College	Away	7:30
Jan. 25	Technical Institute of Alamance	Home	7:30
Jan. 28	Haywood Technical Institute	Away*	6:00
*To be played at Asheville-Buncombe Tech. Institute			
Feb. 1	Technical Institute of Alamance	Away*	5:15
*To be played at Elon College			
Feb. 7	Caldwell Community College	Away	7:30
Feb. 8	Surry Community College	Home	7:30
Feb. 4	Rockingham Community College	Home	8:00
Feb. 12	Asheville-Buncombe Technical Institute	Home	7:30
Feb. 20, 21, 22	Conference Tournament		
Surry Community College			
Home games played at Wilkes YMCA			

Restaurant Review

By John Cashion

This column will be a regular feature in the COUGAR CRY. It is not intended to be a restaurant critic's column, but rather a guide to good food, atmosphere, fair prices, and

hospitality — all from the point of view of a non-connoisseur. All points are judged on a scale from 1 (low) to 10 (high).

Blake's Fish Camp

Ordered — House Special (Seafood Platter). Type Dining Room — Open Family style.
Palatability of Food 2
Cleanliness 8
Atmosphere 7
Prices ... 5 (seemed reasonable)
Hospitality 9
Service ... 9 (no brown bagging)

Blake's is a beautiful new restaurant located on Highway 268 (River Road). The main objection, other than the food, is that the lights in the dining area are too glaring. The food was not good, and if it were not for the great enthusiasm and cheerfulness of the staff, and the super-nice buildings, Blake's would have nothing going for it.

College Park Restaurant

Ordered — Fried Fillet of Flounder. Type dining room—open family style.
Palatability of Food 8
Cleanliness 7
Atmosphere 6
Hospitality 9
Service 8
Prices ... 6 or 7 (seemed a bit high, but the quality of the flounder offset that.)

The College Park is "a clean well-lighted place." The degree of noise is a little distracting and unpleasant. There seem to be a hurry up undercurrent, but this remains my favorite drop-in place.

PIZZA HUT is brand new and was visited on opening day. Please take that into consideration.

James Mullis

Tennis Team Is Defeated

On October 17, the WCC tennis team was defeated by the New River Community College (Dublin, Va.) tennis team.

Of a total of six singles matches and three doubles, the Wilkes players won only two singles matches.

In the first match WCC's Steve Woodie defeated Mickey Hatcher 3-6, 6-3, 6-1. Dave Bumgarner lost to Larry Mannon 1-6, 2-6. In the third singles match New River's Roger Banks shut out Wayne Adams 0-6, 0-6. In the fourth Skip Province lost to Tab O'Brien (no score available.) Charles (Barney) Graham lost to Loop Price in the fifth 1-6, 6-8 and then came back to down Mark Moore in the sixth 7-5, 6-3.

The first doubles saw Woodie and Bumgarner go down to Hatcher and Mannon 2-6, 3-6. The second saw Adams and Frank Shuford lose to Moore and Banks 6-3, 3-6, 2-6. WCC dropped the third doubles as Graham and Dr. Mayer were defeated by O'Brien and Price 6-7, 3-6.

Jr. High Students Visit WCC

On Friday, Nov. 1, approximately 100 eighth graders from Hudson Junior High School visited WCC to study plant science. Primary interest centered around a discussion about horticulture by B. Townes in the teaching auditorium, followed by a question and answer period and a tour of the campus.

Plant propagation, flower forcing and identification practices were demonstrated in the greenhouses which stimulated much interest. The inquisitive group seemed most interested in the study of plants as related to the greenhouse environment.

To top off a wonderful day a picnic lunch was held on the peninsula of the control lake. The students and accompanying staff were impressed with the facilities and atmosphere of Wilkes Community College.

Pizza Hut

Ordered — Cavitini. Type Dining Room — Semi-private booths.
Palatability of Food 7
Cleanliness 10
Atmosphere 8
Hospitality 6
Service 2
Prices ... did not seem to be out of range

Service was extremely slow, but it seems a little unfair to make such a judgment as this was their opening day. However, the Pizza Hut was visited again three weeks later — Nothing seemed to have changed.

PISCES is an attractive, pleasant, cozy, all together, medium size restaurant where once stood a dilapidated, run-down beer joint.

Food ordered — Seafood Platter. Type Dining Area — Private, semi-private.
Palatability of Food 8
Cleanliness 7
Atmosphere 7-8-9
Hospitality 8
Service 8
Prices very reasonable

The PISCES really is a nice place. It is apparent that much money was spent in remodeling the building and very tastefully so. The service is somewhere near perfect and the food is great. They also don't get too upset if you give them a bad check. More restaurant reviews next time.

ties, and every practical nurse needs to know what these rights and responsibilities are.

There are many opportunities in becoming a licensed practical nurse. Today the licensed practical nurse works in all types of agencies involved in nursing.

We now have the knowledge of the daily needs of the individual and how they can best be fulfilled to promote health.

The local general hospital is an important facility for health care in our community. The hospital is a business institution and ranks 10 in the business industry of our country. The hospital educates health workers, patients and family, and provides research programs for the prevention of disease.

We have learned the basic knowledge of nursing procedures and have practiced many procedures in the laboratory.

We are now aware of the effects that good and bad nutrition can have on health, the nutritional needs in health and

nament and memories of significant learning experience.

Aletha Baker, Jerry Goodman, Ray Ferguson, Laura Roberts, and Robert Wineberger all feel that the trip afforded them an opportunity to learn more about speaking and to meet the college students from various parts of the country.

Ask any one of the students about the trip, and he will say, "I wouldn't have missed it for anything."

Aletha Baker has promised, for the next edition of this paper a comprehensive article telling all the super details of the journey. So, stay tuned.



Front Row, left to right: Jerry Goodman, Robert Wineberger, Ray Ferguson. Back Row, left to right: Sharon Kindt, Laura Roberts, Aletha Baker.

How Did We Get Into This Mess?

The Division of Business and Commerce will offer, during the Winter Quarter, a new course entitled Current Business Problems.

The course, as the title implies, will focus on the current economic situation of the nation, in North Carolina, and in Wilkes County.

One of the first questions the course will attempt to answer will be: "How did we get into the economic mess we're in?"

Current Business Problems is a two-credit-hour course scheduled to meet on Monday afternoon, 2-3:50 p.m.

Prominent guest speakers and appropriate films will be utilized in the course.

Students from all disciplines are eligible for admission to the course.

Homecoming will be in January, 1975! Would you, the students of WCC, like to step out, boogie . . . FORMAL! By stepping out FORMAL we mean, coat and tie for men, dress or dress pant suits for women. If you would or would not like a formal affair as described, voice your opinion to

Coach Linney, John Cashion, James Mullis, Vickie Bullis, or any member of Phi Beta Lambda, SGA, or the WCC cheerleaders.

Let us know if you wish to boogie . . . FORMAL!

STEPPING OUT