

Clingman Center

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gar and fat. They also participate in an aerobics class, learning the importance of exercise as well as having a good time.

Our Motherhead program encourages reading to children and empowers the family to take control of their lives. Motherhead uses children's literature to teach positive self image, values, unconditional love, respect, sharing and many other skills. Parents learn to look at their own life experiences and turn them into stories for their children. Parents learn to be storytellers and learn to express themselves in Motherhead.

Out For Lunch is a program that Cooperative Extension began the first week in May. This is a program where parents and children learn food and nutrition together. Parents prepare a nutritious lunch that they and their preschooler share. The preschoolers are involved in an age appropriate companion curriculum and experience art as well as introduction to preparing and tasting foods. This program consists of 4 four hour sessions, meeting one time a week.

A new program will begin in August called Survival Skills for Women. This class is a 10 session class, meeting on Monday, Thursday, and Fridays at 9:00 a.m. This is a self-sufficiency training course that includes units on assertiveness, personal health, nutrition, money management, child management, self-advocacy, legal rights, coping with crisis, community resources, and reentry/employment.

We feel that a parent is a child's first and most influential teacher. Our hope is that we provide them the skills they need to raise healthy, happy children who will find education fun and a challenging experience.

"Wonderful Tonight" was the theme of the first prom at Clingman Family Resource Center. All the hard work of yard sales and bake sales paid off Saturday, May 17 as ladies donned in evening gowns and their dates in tuxes entered the doors of what is normally a classroom, into a room of elegance and romance. Students danced the night away to music by B & J on the Rocks. Students began working in February preparing for their prom. Decisions had to be made as to what type of prom they wanted, did they want a DJ, what food they wanted to eat, and the decorations they hoped to use. They had yard sales and bake sales to raise the money for their DJ and decorations. The week of the prom students found themselves very busy putting on last minute touches that would make

this their special night. A prom was very important to these students as most had never had the opportunity to attend one. With a lot of hard work and commitment their dream was realized with "Wonderful Tonight."

We are very proud of the 13 students we have graduating in August. They are Russ Clifton, Josh Fisher, Beth Hartzog, Tony Hawkins, Koketta Holloway, Lisha McGonigal, Amanda Nelson, Crystal Stanley, Sherry Stanley, Deborah Thompson, Brenda Triplett, Mary Ann Welborn, and Elaina York.

Anyone interested in enrolling at the Clingman Family Resource Center may call Regina Dimmette at 984-4047.



Students from the Clingman Family Resource Center enjoy the results of their hard work. The prom, "Wonderful Tonight," was held on Saturday, May 17.

Phi Theta Kappa (1996-97 Awards)

International:

Rated 9th best chapter among the top 100 chapters

Distinguished chapter (one of 25 named)

5-Star Chapter

George O. Bierkoe Distinguished Member: Sherry Van Etten

Robert Giles Distinguished Advisor: Dr. Barbara Holt

In the TOP 20 list for: Scholarship (tied for 9th), Service (tied for 7th), Fellowship (tied for 12th)

Regional (North and South Carolina)

5-Star Chapter; Service Hallmark Award; Craig Pullen Hallmark Award;

Fellowship Hallmark Award; Best Use of Topic, Honorable Mention;

Carolinas Hall of Honor: Sherry Van Etten (one of 26);

Distinguished Member, Honorable Mention: Sherry Van Etten (one of 2)

Distinguished Advisor: Dr. Barbara Holt (one of 2)

Communications Award